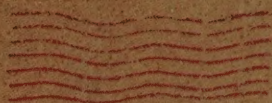


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BEHIND



King For A Day. During the Homecoming pep rally the varsity cheerleaders select a Homecoming King by drawing names out of a football helmet. Senior Russell Scott was selected to wear the crown. To commemorate their king, the cheerleaders performed the Hotcha Hotcha cheer for Scott.

OUR COVER

1994 ISLANDER VOLUME 40

POQUOSON HIGH SCHOOL

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TITLE PAGE



***Show Your Spirit.** A pep rally was held before the Homecoming football game to raise the spirits and show support for the team. Junior cheerleader Reesa Davis performs a cheer during the festivities. The pep rally replaced sixth hour for students and faculty.*

***May I Have This Dance?** Homecoming was the first opportunity of the year for students to dance. Senior Greg Richter dances with his date junior Amy Crews. Richter said, "The best part about Homecoming is getting to dance with my girlfriend. I had a lot of fun."*



COVERS

So, what's behind that smiling face? Happy to be back?

There were, of course, students who dreaded the end of summer. But most returned with bright expressions and eager attitudes. Another crowd of seniors prepared for their final year, ready to move on. Senior Ty Crandol said, "High school's been great, but I am looking forward to graduating and moving on."

A new breed of freshmen entered the ranks with anticipation and excitement of a new challenge. One

major adjustment was the floating seventh period schedule. Freshman Jason Forrest said, "My brother told me about it, so I didn't think it was a big deal. But it took a while to get used to. I still go to the wrong class sometimes."

Hansel and Gretel lost their trail back home when the birds ate the bread crumbs. Not to worry, there was always a happy ending found

BEHIND OUR COVER.



Peace Dude. The week before Homecoming was deemed Spirit Week by the SCA. One activity was to dress up for Hippie Day. Juniors Scott Miller said, "I thought Hippie Day was a great idea, it was a lot of fun dressing like a flower child."

Weekends

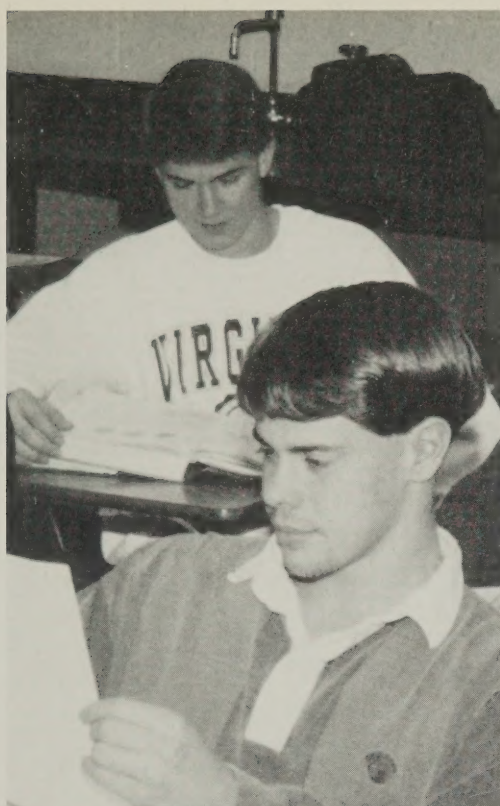
Students, like all humans, can only take so much stress before they burst . That's what weekends are made for.

Whether going on a date, hanging out with a group of friends, or simply lounging around the house, weekends were a great way to blow off some steam. Junior Wesley Labelle said, "After a long week at school there's nothing like a weekend to relax your brain and just hang out with your friends and party."

Occasionally students had the opportunity to attend a dance. The Interclub Council held Homecoming, the first dance of the year. Senior Kristie Powell said, "We run out of things to do on the weekends so dances give us something to do."

So, you say you're stressed out when the weekend rolls around and need to have some fun? Don't worry, **WE'VE GOT IT COVERED.**





***Making the Grade.** There is nothing more rewarding after studying for a test than getting an A. Senior Greg Richter looks over his science test after receiving a good grade. Richter said, "This year I've been trying hard to get good grades; it pays off to study."*



***Do the Twist.** The turning of the ring was a big event for juniors at Ring Dance. Junior Mike Chauvin and his date Valerie Moore take their turn on the bridge. Juniors had their rings turned by friends throughout the day, and had them locked on the bridge for the 95th turn, their graduation date.*

Land Ho. Taking a break from water skiing, senior Jayson Craig docks up at a local island for some rest and relaxation. "It was psychedelic to just take off and go boating and not have to worry about school," said Craig.

Soaking up the rays. The waves crash while seniors Krista Myers, Jayson Craig, Renee Valliere, JoEllen Ross, Sven Finucan, and William Carmines take a stroll at Myrtle Beach, South Carolina. "It was nice to be so far away," said Myers.



It's Up. It's Gone. Summer brought choices and opportunities for entertainment. Senior Renee Valliere punts a football as seniors Tera Brazas and Brian Lambiotte play catch. Spending the day at the Yorktown Battlefields was usual for them.



O

ut to Sea to Bask in the Sun

To beach or not to beach

Summer is a 3 month time span when students are free to go to the beach, get a job, or do absolutely nothing. Although students spent most of their summer working, there was always time for fun.

For the last 14 years there has been an exchange program with a city in France named Bar-sur-coup. Lucky students were able to travel across the world because of scholarships given out to this program. "It was definitely an experience of a lifetime," said senior Tiffany Ruehl.

After the students spent a

month in France they were given a four day break and then the French students came to the U.S. "I've always wanted to go to Monte Carlo and I finally got a chance to, it was really neat," said senior Cary Kroskey.

A small percentage of students were fortunate enough not to work their summer away. "Everyday I slept until noon, got up and then went out and played basketball with my friends," said sophomore James Hanchey.

Other students managed to both work and play. "I had to work with my dad almost every morning and in the afternoons I

would usually go water skiing with my friends," said junior Chad Davis.

During the summer the beach was always a popular thing, not only because of the wide variety of people there, but also just the general atmosphere it had. "The beach is the best, everybody there is just relaxed, having fun, and working on their tan," said sophomore Nick Creasman.

Although the scare of skin cancer promoted awareness of harmful rays from the sun, few people took the proper precautions. Junior Chelsea Patterson, a lifeguard said, "I use lotion with an SPF

because I'm worried about skin damage, but not as much as I know I should. I only use four, which isn't very strong."

Some students were not even concerned. Senior Kate Philbeck said, "I use sunblock on my face only because it will turn pink if I don't. Otherwise I use tanning enhancers."

Overall, summer was the most looked-forward-to season of the year. The sun was shining, the heat was blaring, the stereos were loud, and the students were out to make the most of their limited time. It was a time to sit back, relax, and enjoy no school.



How Does This Work? While they take a break from the blazing sun, junior Chris Clemens and graduate Duane Diggs enjoy the air conditioning and entertainment at a gift shop. After many quarters and much frustration, they returned to the beach.

Enjoying the Summer Rays. At Myrtle Beach, senior Kate Philbeck relaxes and enjoys the change in scenery. "It was really cool because it was raining in Virginia when we left and by the time we got there, it was beautiful, the sun was out, not a drop of rain was in sight, and we had a whole week to enjoy the beach."



Paper or Plastic? Working in Poquoson proved to be an advantage for high school students. Senior Shana Anderson works after school as a cashier at Food Lion. "Working in town makes it easy to get to work and saves time," said Anderson.



One Foot Long Sub, Coming Up. Some students found time after school to work and earn extra money. "I found myself cramped for time, but it's only a few days out of the week," said junior Sarah Meredith.

F or the Love of Money

Do you mean I have to work? That day is a holiday isn't it? We don't have to go to school that day. Students who work often ask these question to themselves, their friends, and their bosses.

Senior Lisa Morse identified with this situation. "I have to work over Christmas break when everyone else has off. I'll be filing forms and typing while everyone else will be sleeping in," said Morse, a clerk at NASA through the Stay-In-School program.

Although working provided extra spending money and job

experience, students found it difficult to finish homework or participate in extracurricular activities. "Even though I only work a few days a week during school at Subway, I usually don't get all my homework finished on days I work," said junior Sarah Meredith.

Whether working inside Poquoson or on the surrounding Peninsula, car insurance, car payments, and money for a college education were the main reasons for working.

Students had other reasons for working. Sophomore Jeff Mitchell said, "I spend most of my money that I make at Subway on food,

any food."

Often students treated themselves to something. Senior Chrissie Forrest said, "I save part of my money, but when I spend it, it's on clothes or jewelry." Forrest was employed at Food Lion.

Of course there were two sides to every story. Students also chose not to work. "I'll have plenty of time to get a job, I'm only a ninth grader," said freshman Beth Davis. As an alternative to working, students kicked back, hung out with friends, and relaxed.

Whether students worked or not, clearly they had the opportunity to learn. Experience was the

key. It didn't matter if it was cutting grass, working at Busch Gardens, or serving people at the local McDonalds, students had experience under their belt and memories of their first job.

Transportation to and from work was a concern for those working. If working in town or elsewhere, only a few choices remained. "I didn't get a job my freshman or sophomore year because I didn't want my parents taking me to and from work," said junior Mark Davis. There were students that wanted jobs, though, but it seemed like more of a hassle than help.



Will That Be All? Saturday crowds kept employees busy at the malls. At Coliseum Mall, senior Beth Murphy, with a co-worker, serves customers the new wave ice cream at Dippin' Dots. Murphy spent Saturday preparing the different flavored dots in cups.

One Cookie or Two? While working at For Yogurt's Sake, senior Mike Riley selects a cookie and prepares to wrap it. Riley worked locally during the week and on weekends.



H

ard Work Pays off in the End

Total chaos for total bliss

Rush, rush, rush. The week's schedule filled with hectic up-coming events. Spirit week, hall decorating, homecoming game and the looked-forward-to dance kept everyone busy and on their toes. The famous and much awaited week arrived.

For Spirit Week, the cheerleaders designated a different activity for each day. Monday, hat and college day, gave students a chance to express themselves by wearing their favorite hat.

Hick day, hippie day, jinx day, and maroon and gold day followed. Underclassmen dressed

in the school colors as the seniors displayed their work-of-art to-gas. "My favorite day was hippie day. It was cool to see everyone dressed like their parents used to," said junior Reesa Davis. Toward the end of Spirit Week, students began to decorate the halls.

Hall decorating took place on Wednesday and Thursday night. For the classes with longer halls, two nights were almost not enough. The theme for the Homecoming hall and float centered around literature. The commons, taken up by the seniors, portrayed *The Jungle Book*.

While some students worked

at the high school, other were constructing their floats. The freshmen, who used *Charlotte's Web* as their theme, felt they produced a good float. "The sophomores' float stunk! The freshmen should have placed," freshman Jason Geppert said.

The literature theme appealed to the float workers. "I liked the theme, it gave a wide variety of opportunities for ideas. Our *Hamlet* theme was cool because it had York in it already," said senior Tom Cook. The seniors won first place with, "Alas poor York, I knew him well."

Friends gathered at the middle

school field Friday to watch the York Falcons defeat the Islanders by three points. During halftime JoEllen Ross was crowned Homecoming Queen.

Saturday, October 16, the chaos ended with a dance to remember. Sophomore Ginger Aldridge enjoyed the time she spent at the dance. She said, "Everyone was dancing and having fun. The commons was packed."

When the last song played, students weren't ready to end the night. Junior Mike Spruill said, "I had a party after the dance. It was a great way to end an excellent evening and week."



Is It Time?

At the Homecoming pep rally senior Treya Hardaway waits for the signal to lead the varsity football team to the bleachers. Seniors Ryan Ward and Eric Lobach watched as the cheers in the stands and around the gym began. It was difficult to distinguish which was the loudest grade.



King For a Day. The Homecoming King was traditionally chosen at the homecoming pep rally by the cheerleaders. Senior Russell Scott is serenaded by the varsity cheerleaders as junior Chelsea Patterson gives Scott a kiss.



Smiles All Around. The magical week of Homecoming came to an end with the football game. At halftime JoEllen Ross was named Homecoming Queen. After receiving her bouquet she smiles with her escort senior Sven Finucan.

Is It Hot in Here? "You're all sweaty," said junior Helene Lee as she wipes the sweat off junior Scott Miller's forehead. The DJ played enough slow songs so couples had plenty of chances to get close and dance the night away.



Would You Like Some Candy? In the homecoming parade junior Laura Liscum and sophomore Ginger Aldrich ride in the football player's float. "We were the only ones riding in the truck because we both had twisted ankles," said Aldrich.

How Come You're Late? The nurse's office kept busy on Monday mornings with latecomers and students getting early dismissals. Junior Josh Donini and senior Greg Richter wait to receive their admission passes to an already started first hour.



What's Your Sine? Sometimes one calculator wasn't enough for math exams. During the Algebra II/Introduction to Calculus exams senior Robbie Pretlow and junior Karen Holst ponder over the correct answer.

I Forgot It Was Monday. When she arrived after the tardy bell, freshman Amanda Robertson realized she needed a note. "I forget to get up when my alarm goes off. I roll over and go back to sleep," said Robertson.



T o Dread the Morning

Good Morning. It's Monday at 6:00 a.m. on your favorite radio station... CLICK!... that was their newest hit. It's now 6:20... CLICK!... it's 6:40 with today's weather up next... CLICK! wake up sleepy heads, it's 7:00 a.m., we'll be back after these messages.

Every normal school day the first bell rang at 7:26 a.m. As the year progressed, students adjusted to this hectic schedule. However, that wasn't always the case on Mondays.

"Having to get up so early is bad enough. The worst is when I

hit my snooze alarm too many times on a Monday morning. The rest of the day I feel like I'm trying to catch up," said freshman Maura Garvey.

For some, getting up to their alarm was tough enough, they didn't need any other obstacles, like a contagious snooze button or car trouble on the way. With such a short distance to travel, few people expected that arriving to school, even on a Monday, would take so much effort.

Junior Lisa Shores said, "Mondays always seem to be the worst day of the week for me. One morning on my way to school I

was stopped to turn left, and my car just broke down. I had run out of gas and was late for school. That was not a good way to start the week."

Other students almost expected to be worn out, physically and mentally, on the first of the week after staying up late and sleeping in.

"I sleep in class most Mondays," sophomore Robbie Bolden said, "because I stay up late doing work from the past week to catch up on Sunday night."

Even if the next week's schedule was planned well, it was difficult to get through a Monday with-

out complaining about what day it was.

"I think people make too big a deal about Mondays even if they are generally bad. The thing I would change is the fact that after a relaxing weekend, we jump right back into a stressful school week," said junior Kate Garvey.

Mondays never changed. Maybe taking a positive view, like senior Michelle Ricketts, helped a little. Ricketts may have had the right idea when she said, "Since Mondays are usually hard, I always look for the good side. After Monday, there were only four more days until the weekend."



Sweet Dreams. Some people, including senior Krista Meyers, didn't bother getting up on Monday mornings after staying up late over the weekend. Not even an alarm could wake her up. For the rest of the day it was impossible to concentrate.



Enough Already. After the lesson in Anatomy class, juniors Kate Garvey and Helene Lee take a break from homework. Garvey said, "Normally after Mr. Gemmill teaches a lesson we have about 30 minutes left to do homework or catch up on sleep."

No More. Stressed over a Monday morning math analysis test, senior Sonny Emerson takes a break. After he recuperated he finished his test. "I stayed up late Sunday night studying, and in class my mind drew blank," said Emerson.





Go Maroon and Gold. Seniors were not the only colorful spirited students at the pep rally. Band member junior Jeff Montgomery displays his spirit while playing the fight song as the football players enter the gym.

All Worn Out. At the pep rally, junior Patrick Benner takes a break from playing his drum and watches the auxiliary as they perform their routine. The band added excitement to the pep rally and football game.



Did You See That? After missing the game point at the last volleyball game against Tabb, junior Laura Wade needed senior Ben Ford to recap the last play. "After I found out we had won, we all cheered and waved banners," said Wade.





"There Is a Place We Love to Be.." The Alma Mater rang through the gym at each pep rally. Seniors Krista Meyers, Christie Powell, Kim Gillespie, and Patti Bull join in singing a song they may remember forever.

All Decked Out. Spirited yells echoed from all corners of the gym. During a football pep rally, Anna Parker contributes to the junior's cheering competition with noise makers made from soda cans.



Psyched and Equipped to Yell

Students wearing maroon and gold. The band playing the fight song. Noise makers and deafening cheers. Signs and banners covering the walls.

Around the time of pep rallies, students like junior Lisa Shores stifled their spirit until they were allowed to let it go. "This year's pep rallies were the best," said Shores. "Everyone had spirit; they didn't just sit around. We went crazy because we had so much spirit."

The week preceding a pep rally was filled with preparations. Whether it was making signs saying "Go PHS" or filling empty cans

with pebbles for shakers, almost every student showed spirit by becoming involved. Competition, especially between the juniors and seniors for the spirit stick, kept students from concentrating on classwork before pep rallies.

"The juniors are getting serious! We really wanted the spirit stick, we didn't get it this time, but we'll beat the seniors before they graduate," said junior Mary Elsass.

The seniors ruled as always and repeatedly won the contest for the most spirit. But restrictions were set many times concerning the amount of spirit shown.

Senior Mike Riley disagreed with limiting spirit. He said, "The restrictions put on us concerning pep rallies isn't fair. Throwing confetti and running with a senior banner are traditional signs of spirit. Our school shouldn't treat us like we're in a prison, especially since we're acting in a positive way."

During the first pep rally of the season confetti littered the floor and the rafters in the gym were toilet papered. Administrators said if such conduct continued, seniors' privileges, such as parking in the school lot, would be taken away. As a result, the next pep rally was under control.

To continue gaining school spirit, maroon and gold days were added. Every Friday that a home football game took place, whoever wore the most maroon and gold to school, both among the faculty and the students, won \$10 on the spot.

"Maroon and gold days and pep rallies really seemed to increase school spirit, but that was mainly for football. They should continue through basketball and wrestling season and during spring sports," said freshman Maura Garvey.

New spirit takes time to develop, but students want a feeling of belonging.

B before Rings are Locked

Rings arrived and juniors clogged the halls trying to get their rings turned by their friends and classmates. The Friday of December 3rd, school work was not at the top of the juniors' priority list. They had finally gotten their rings.

Tardies were irrelevant to the juniors who were determined to get their rings traditionally turned 94 times before the dance. Junior Tammy Ancell said, "I was late to at least three of my classes, but it didn't matter because I was having so much fun."

Thursday in the commons jun-

iors wandered around staring at the ceiling trying to find the colored ring with their name on it. Junior Jaimi Lacaria said, "That morning when I came in and saw the rings hanging from the ceiling I got really excited about getting my ring and going to the dance."

Decorations for the dance began to go up Friday after school and continued until mid-afternoon on Saturday. With the dance so close to Christmas, green was added to the class colors crimson and silver to create a holiday mood. The walls were covered in black, the ceiling hidden with balloons and rings, and streamers

were draped through the entrance hallway.

In addition to the colorful decorations, a new bridge was built for the special occasion. Junior Jeff Montgomery said, "I was really pleased with how the decorations turned out. We worked really hard and I think that everyone at the dance enjoyed them."

The dance came around and all the last minute things like flowers and dinner finally fell into place. Juniors danced and socialized as they waited for the moment when they would walk across the bridge.

After the rings were "locked"

and sealed with a kiss, the class song "These are Days" by 10,000 Maniacs was played. Junior Jackie Barnes said, "Hearing our class song was touching because I know that it will always remind me of the fun times I had in high school so far."

The class flower was a white rose that contributed to the atmosphere of the evening. Ring Dance was a time to be shared by friends, couples, and classmates. Junior Jenny Phillips said, "It was a special time for me because I felt it brought our class closer together. Memories were made that will last a lifetime."

Prelude to a Kiss. At Ring Dance, junior Meredith Hall watches closely as her date senior Eric Staton locks her ring by turning it the 95th time. Then, after a kiss, the girls received a daisy and the guys a scroll.



Twisting and Turning. Friday, the day of ring deliveries, students turned rings throughout the school. Sophomore Brady Diggs turns junior Jeff Montgomery's ring as Joey Harris waits his turn.



True Romance. Gazing into freshman Valerie Moore's eyes, junior Mike Chauvin enjoys the music at the Ring Dance. After resting during the slow song they were ready to dance the rest of the night away.





Picture Perfect. Arriving at the Ring Dance after dinner, juniors Amy Taylor, Shannon Morris, Mandy Page, and Kristie Skinner pose for pictures to capture the memory of the night. Later they enjoyed the dancing and ring turning ceremony.



Hang Time. To increase excitement for ring deliveries, junior John Abbott hangs rings from the ceiling. They were part of the decorations for the dance. Abbott said, "Everyone liked having a ring with their name on it to save."

Ouch! "This is harder than I thought," said junior Gigi Gurtis as she pinned her boutonniere on junior Ron Bottoms. Before dinner, they laughed as Gigi tried the second time to safely pin her date on the night of Ring Dance.

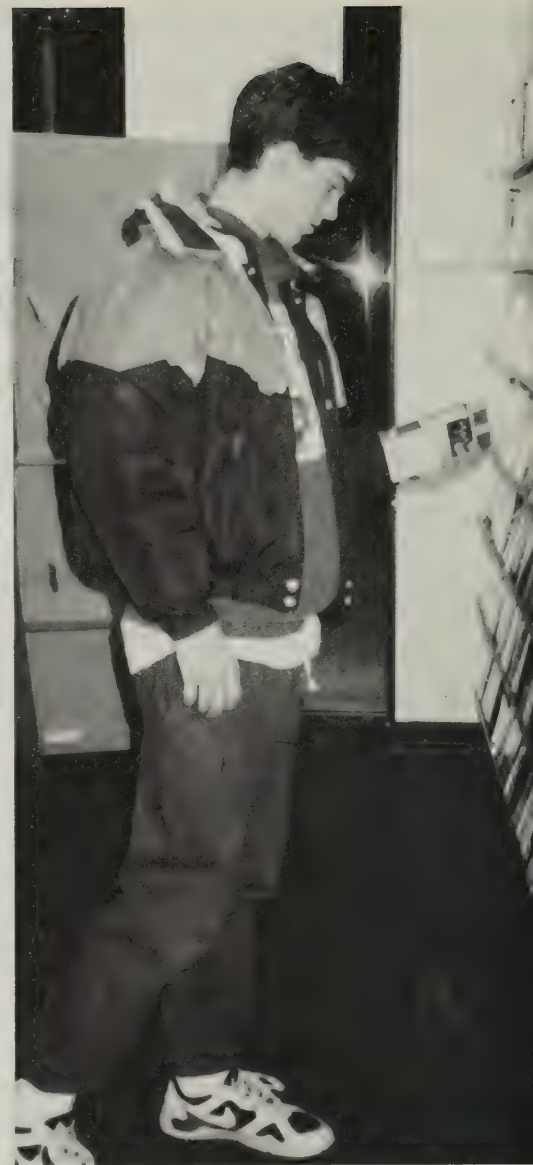


Comedy or Action? A common meeting place Friday and Saturday nights was Video Starst. Senior David Mitchell searches the shelves for an interesting movie. Finding a choice video was frustrating on weekends.



Celebration. Birthdays reserved for the weekends allowed for later curfews. For Junior Lauren Verser's 16th birthday, junior Molly Bowden and others not pictured ate dessert at Rock-o-la. Afterwards they went back to Lauren's for movies.

Did He Say a Million Bucks? After basketball games the team got together and had a bonding night. One Saturday night juniors Michelle Hirsch, Mandy Page and Julie Nozynski enjoy the movie *Indecent Proposal*.



P

laces to go People to See

The sun, fading in the west, is replaced by an ominous full moon in the east. The shadows gradually cover the landscape until everything is engulfed in black. You begin to feel it. The beast is taking over. Finally, you can't stand anymore. You must socialize.

It got pretty boring sitting at home night after night. Students longed for the weekend when they let their hair down and partied. "On week nights I normally have too much homework to do anything, but on the weekends I go see movies with my friends," said

junior Miah Caven.

As time progressed, students found that their hectic schedules kept them out all the time. "Until this year, I was never really busy," said freshman Emily Shepard. "Now I'm hardly ever home at night."

Once you decided to go out, you had to decide what to do. Students were found at the local malls, at each other's houses, or just cruising around. "Most nights I go to my friend's house to play pool," said senior Dave Mitchell. "If I'm not there, I'm probably at a party somewhere with my friends."

Other students let their wallet determine what they did. "I have trouble keeping enough money to do a lot at night," said junior Mary Elsass. "Most of the time I go to the mall and walk around. That's free! We need more to do in Poquoson."

Later, evening outings to Patrick Henry Mall on weekends became a problem for students under 18. In February this decision was made due to an excess of trouble and foul language.

Not all agreed with this idea, junior Gus Goddin was one. Goddin said, "Not allowing us into the mall is a bad idea. I don't

know how they expect to keep minors out unless they hire a lot more security guards than they have now. This will be the only way to restrict us from entering."

Clearly, going out at night wasn't as simple as getting in the car and driving. Destination, curfew, and company all had to be considered.

Everyone had a different approach on how to spend their weekend. Students chose less stressful events for the weekend. Sophomore Robbie Bolden said, "With basketball games twice a week, I usually spent my weekend sleeping."



It's Too Late For This. At an overnight volleyball tournament at Jefferson Forrest High School, junior Lee Oldham realizes that it is quite early in the morning. Of course, having a game early in the morning after was difficult, but they still won.



Hit Them All. Hanging out at the malls, shopping, or just browsing proved to be a popular pastime at night when there was nothing left to do. After some looking around, sophomore Alison Johanson stops for a quick meal at Chick-Fil-A.

Eight Ball Corner Pocket. While contemplating his next shot, senior Dave Mitchell enjoys a Friday night of pool and no dress code. "I usually shoot better pool when I'm not wearing any pants," said Mitchell, who always enjoys a game of pool.



Stress Relief. Stress was handled in different ways by students. Senior Mike Rohrer takes a break from studying for exams and plays with his golden retriever, Ramone. Afterwards, he hit the books to prepare for his government exam.



Is the Test Multiple Choice? Before a government test, seniors Greg Andres and Marty Ploetner quiz each other. Studying the night before was helpful, of course, and much to their surprise the test was multiple choice.



Balancing Act. Students had two exams per day and found that balancing studying time between the two was difficult. During the exam break senior Micah Schwartzman watches senior Maulik Parikh perform magic with soda cans.



T oo Much to Deal With

Stress- "I always put projects off until the night before they're due. I can't count how many times I've stayed awake late trying to finish schoolwork. I repeatedly say next time, or I'll do the work ahead of time, but procrastination appears and stress builds," said junior Reesa Davis. Stress was interpreted in different ways and came in different forms. Between juggling sports, school, and work, students kept a hectic pace during the school year. Students handled it in their own fashion. "Stress is what you make of it. I always have stress in

my life, but it doesn't always bother me. I handle stress well, and so it doesn't affect me in a negative way," said senior Maulik Parikh.

Not everyone responded to stress as well as they should have. Junior David Bragdon said, "I usually lay on my bed and listen to music to relieve stress."

However, stress did not worry some students as much as others. Junior Jenny Phillips said, "Stress isn't a big deal. I see people who stress about petty things, so I don't want to see how they deal with real problems."

Clearly, stress had no particu-

lar victims. Seniors felt the pressure while writing essays for colleges and filling out applications. "Filling out applications came at absolutely the worst time. My advice is to apply to a college without written essays as a requirement," said senior Renee Valliere.

And this didn't mean that freshman didn't have stress. Being in the high school for the first time was a frightening experience. "Changing into high school was stressful, now I'm adjusted and can deal with it. the only thing that freaks me out is exams," said freshman Maura Garvey.

Of course, you couldn't get out of studying for exams no matter what occurred. People said and did almost anything to get out of studying. "I made up a lot of excuses about not being able to study. One good one that I used on my parents was, 'I have to work on a project at a friend's house.' It worked too," said Ryan Ward.

Different people cope with problems and responsibilities through several different methods. But stress was a fact of life, and it was up to people to decide how to handle it.



This is Your Brain on Exams. During the exam break senior Brian Vlaun released excess stress after his AP Calculus exam. Somehow, this creature made of leftover food became a great relief for all who helped. "Looking back on that day I realized how stressed out I must have been to do something like that," said Vlaun, who was the original creator.

Too Much Pressure? As he sings along with one of his favorite tapes, sophomore Tom Beazlie enjoys the 15 minute break between exams. Listening to a walkman in school was not allowed, but he was willing to face the consequences.

Shaking Off the Snow. Even though school was out because of snow, senior Brad Juhl remembered to do his daily exercise routine. After jogging through Poquoson, Juhl returns to his warm house to cool down.

Target Practice. Over the holidays when it snowed, junior Karen Holst and senior Kerri Johanson took advantage of the seasonal weather. Along with some other friends they have a snow ball fight.



T ime of Giving and Sharing

Christmas is a time for playing in the snow, spending time with family, and getting into the spirit of giving.

Students spent their time enjoying the snow. "I went skiing in Pennsylvania and on the first day I broke my thumb, but it was fun to do something out of the ordinary," said senior Sven Finucan.

A few students were skiing, while most stayed home. Surprisingly enough, a few days after Christmas, Poquoson accumulated two inches of snow. "The snow was really fun. I just wish it had come a couple days earlier so

we could have had a white Christmas," said senior Amy Miller.

While some students enjoyed frolicking in the snow other students enjoyed time spent with family members. "My favorite part of Christmas is Christmas Eve. It's really fun to spend time with family and eat a big dinner that night," said junior Tammy Ancell.

Other students got into the spirit by giving rather than receiving. "The week before we got out for Christmas break the Student Council Association sponsored many fundraisers and we donated the money to the hospi-

tal of the King's Daughters," said senior SCA President Brian Lambiotte.

Student organizations helped out the needy over the holidays. "The Key Club held a canned food drive contest and there was a great turn out. We also held a drive for toys to give to Toys for Tots," said Key Club President Beth Cheavens.

Sitting in front of a fireplace bundled in warm blankets was a favorite pastime when it was too cold to go outside. The winter season was filled with snow days and students stuck at home to build snowmen and get in snow-

When it's colder than ever

ball fights. Sophomore Melissa Messick said, "I can't remember snowing as much and being as cold as it was this winter. I spent a lot of time at home relaxing with my friends in a warm house."

Driving became a problem when the roads were covered with ice and snow. The city took precautions by putting sand and salt on the roads but that wasn't enough for senior Sonny Emerson and his car. He said, "I lost control of my car when I hit a patch of ice then I slid into a ditch."

Even though Christmas was a joyous time, it was a cold time that students had to adapt to.



Let Me Out. During the winter season, junior Michele Hirsch spends time at junior Tracey Swandol's house. After being cooped up for a number of hours because of the snow, Hirsch entertains Swandol by dancing and singing with a hairbrush.

Comfort and Cozy. On one of the coldest days during the winter holidays, junior Tammy Ancell relaxes by the fire. While curling up with a blanket and the latest issue of *People*, Ancell and her dog enjoyed the fireplace.



In the Nick of Time. Waiting for the opening band to finish, junior Matt Forrest and senior Winnie Sowder stand around. They were waiting for Smashing Pumpkins to come on stage at William and Mary Hall.

Take a Chance. The week before the Smashing Pumpkins concert the SCA raffled off two tickets. Seniors Brian Vlaun and Ryan Deibler sell raffle tickets during B lunch. Senior David Mitchell ended up winning the tickets after spending two dollars.

Two Tickets Please. At Tracks Record and Bar on Todds Lane in Newport News, Colleen Smith buys two tickets to see the Whalers at the Boat House in Norfolk. "I went to buy my tickets early to make sure I got one before they sold out," said Smith.



Hurry Up Already. Battling the traffic and windy streets of Williamsburg, sophomore Rachelle Forrest waits for senior Mike Rohrer. He was trying to tie his shoes before going into the Smashing Pumpkins concert.



Today Is the Greatest Day I've Ever Known. At the concert at William and Mary Hall, sophomore Gill Decher watches Smashing Pumpkins perform "Today," one of their most popular hits off their album *Siamese Dreams*. The sold out concert attracted teenagers from all over eastern Virginia.

Fans Hear Familiar Sounds

Humid, sultry, and dark, the pit was once again filled with bodies. Bodies from all styles of life, smashed together in this pit for one sole purpose. Dying bodies. Or perhaps bodies dying to catch a glimpse of the "creators." The creators varied, ranging from Pyros, to Pumpkins, but nonetheless, they fed to the minds the music for the heart.

To each individual heart remained a unique sense of what sounded "good," to what sounded "bad." The radio stations and CD's were a couple of ways students became introduced to new bands,

allowing then to judge for themselves which type of music they liked. However, an alternative source proved to have been just as effective...concerts.

Concerts were a method for artists to sell themselves and their work, while the students got their mind off school work. As junior Julie Nozynski said, "Going to concerts allowed me to kick back and relax."

Several places hosted bands; however, students grew frustrated because Strawberry Banks and The Boathouse were two of the few low-priced places that allowed people under eighteen

years old in. These two places cost anywhere from ninety-nine cents to sixteen dollars, depending on the familiarity of the band. Junior Gigi Gurtis said, "I'd rather pay fourteen dollars for a band I like at the Boathouse than twenty-five dollars for the Coliseum."

Being crammed together with hundreds of screaming fans may not have been everyone's idea of a good time. But sophomore Bonnie Tasillo, who went to the Connells and the Smashing Pumpkins concerts, said, "I was more familiar with the Connells' music, but I liked the Pumpkins more because it had a better atmosphere."

The hysteria continues

Atmosphere was the element that determined whether the audience was happy with the performance. Senior Mike Riley said, "I went to the Garth Brooks concert, and it was cool when he jumped over the crowd on a rope. It was really unexpected."

Freshman Mark Philbeck caught a ride to Strawberry Banks for Porno for Pyros. Philbeck said, "I got body passed, my parents found out, and now I can't go back."

Anyone could enjoy concerts, "even if it does leave your ears ringing two days later," said senior Chad Juhl.

Setting the Stage. During a technical rehearsal for *Country Gothic*, senior Scott Goodall adjusts a prop. "I hate acting, so I feel more comfortable backstage," said Goodall.

Kiss Me My Love. Backstage on opening night of the fall show *Act 3 Scene 5*, junior Andy Grigg stares into junior Allona Decker's eyes. The play was based on *Romeo and Juliet*, which brought mixed feeling. "I didn't want to kiss him at first, but now we're dating, so it doesn't matter," said Decker.



Dramatize It, Feel It, Be It

Ok people, the blocking's all wrong. We'll work on that tomorrow. Expect to be here from 6-11 p.m., maybe later. Know your lines, we can't get anywhere without them. Also, start getting your costumes together; the crew will handle the props. Don't forget, 6 o'clock. Great rehearsal everybody. Go home and get some rest!

Auditioning for and performing in the fall and spring shows was an activity students elected to take part in. The fall play, known as *Rites, Rituals, and Rehearsals*, consisted of three one act plays,

one of which went to district competition and placed third. The spring production was a full length play, *Rehearsal for Murder*.

During the time of productions people received job assignments such as props, makeup, lighting, and sound, that influenced the outcome of the plays. Senior Scott Goodall said, "I have one of the best, but hardest jobs. Lights. The show couldn't go on without a lighting crew like ours."

The cast, another important part of a successful play, was made up of all grade levels and some had never performed before.

Junior Mary Elsass enjoyed the

social aspect of shows. She said, "I like working on plays with so many people; otherwise, I wouldn't have had the chance to meet so many new friends and enjoy another hobby."

The one person that brought the whole show together was the director. Ms. Jan VanSchoick directed the fall production, and Mrs. Cynthia Moss directed in the spring. VanSchoick also produced both shows. Both women were experienced actresses from Poquoson Island Players (PIPS).

Senior Tracey Silcox acted in *Rehearsal for Murder* and was pleased with a new candidate as

director. "Our spring show, when Mrs. Moss directed, was one of the most professionally run. The cast and crew seemed to click with her and we were easily successful," said Silcox.

Since both sides of the show cast and crew, aided each other in production and performance, a few students reversed roles to experience it all. For example, freshman Amanda Robertson acted in the fall show and was on the crew in the spring. Of her two different jobs, Robertson said, "After doing both, I prefer working with lighting backstage rather than acting."



Maybe She's Born with It. While preparing for dress rehearsal of *Rehearsal for Murder*, junior Mary Elsass applied additional stage makeup. "Because I have light skin putting on so much makeup makes me feel like a clown," said Elsass.



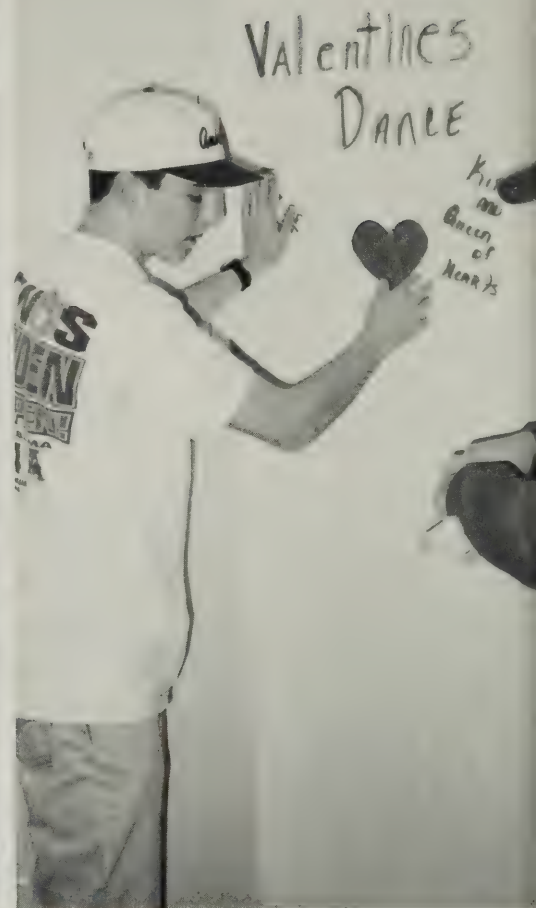
How Do You Do This? In the last few minutes before curtain call, junior Nick Pennow struggles to tie his tie without a mirror. "When they called '2 minutes' and I wasn't done dressing, I really started getting nervous," said Pennow.

Make-up. Before dress rehearsal for the spring play, *Rehearsal for Murder*, junior Sherry Edwards applies powder to junior Scott Harris' face. Harris played the role of the Irish janitor.



is That High Enough. Holding up a poster, senior Evan Robertson waits for someone to hand him some tape. Robertson said, "It took a long time to decorate because I kept getting the tape wadded up."

Fold, Trace, Cut, Paste. The committee chairman, sophomore Mandy Groseth, decorates posters for the dance. The decorating committee spent hours making sure the school was in the Valentine spirit.



Stag Becomes Acceptable

The red of the night occupied her mind. The Lady in Red whispered in her ear. She swayed, enveloped in the arms of her blue-eyed date.

The crowns rested contentedly on their heads as classmates watched seniors Kate Philbeck and Mike Rohrer took the dance floor after being named the king and queen of the Valentine's Dance.

On the night of February 5th, students gathered in the commons for the Valentine's Dance that was put on by SCA. Despite the stigma of this cupid-hungry holiday, stu-

dents decided to go stag to the dance. Although there were the traditional couples present with corsage and boutonniere in hand, the general atmosphere seemed surprisingly full of single students looking to have fun with their friends.

The hassle of finding a date seemed hardly worth it. Freshman Tracy Morse said, "A bunch of my friends just decided to go stag, and we ended up having a lot of fun."

Junior Reesa Davis seemed to agree when she said, "It was one of the best dances I've been to. A bunch of my friends and I rented

a limo and all went stag together. Going stag was awesome because I felt like we were just out to have fun without having to report to anyone."

The Valentine's Dance was not labeled "formals." Students took advantage of that and came dressed in different types of outfits, varying from jeans to suits for the guys, and pants to formal dresses for the girls. Senior Jessica Montgomery said, "It was more casual, which was good, that made it more relaxing and easier for me to dance."

However, some felt that it wasn't what one wore that deter-

mined the atmosphere of the dance. Sophomore Dean Shan non said, "It was a fun dance, but there wasn't enough people there."

Even though the number present surpassed the previous year, some still wanted the crowded feeling of Homecoming.

But the night turned out to be what every student made of it. Junior Karen Holst said, "The whole night was just incredible. We started at Taco Bell for dinner then we went to Virginia Beach and had nonalcoholic champagne on the boardwalk. By the time we got to the dance, we were all bouncing off the walls."



Make a Statement. A number of students decided to attend the Valentine's Day dance with friends. Juniors Mark Davis and Jeff Montgomery rented a limousine with three other couples so they could have a great time in style.



Get the Show On the Road. In preparation to leave for the Valentine's Dance, junior Reesa Davis counts to see who is missing as sophomore Stuart Sutton double checks. "We were getting antsy because a few people were late."

A Perfect Match. With boutonniere already in place, junior Jimmy Jones attempts to put senior Shannon Lindberg's corsage in position. Lindberg said, "My friends made the dance memorable."



T he New Is Old, Old Is New

Fashions are in

They're back. The clothes that people's parents wore when they were in high school made their way back into the fashion cycle. The bell-bottoms, the platform shoes, the long straight hair, and flower patterns all came back but with added dimensions. The designs and patterns of yesterday came back with new colors and style.

Style was an essential part of developing one's personality and was a symbol of individuality. Freshman Shannon Weisner said, "I wear what I like and what looks good on me. I don't consciously

think about whether something is in style or not, I just buy it."

Parents often laughed at their children's selection of clothes because they were so similar to what they wore in high school. Sophomore Renee Hunt said, "Whenever my mother and I go shopping she laughs and says how she wishes she would have kept all of her clothes so that I could wear them."

Sandals were a hot item in the summertime and sometimes even in the winter. On cold days students could be seen wearing thick socks with a pair of Birkenstocks. Sophomore Dean Shannon said,

"My Birkenstocks are my favorite pair of shoes because I wear them all year around. In the winter I wear them with socks and in summer they are great beach shoes."

Although it's fairly painful, body piercing was very popular around the school. Nose rings and bellybutton-rings were added to the earrings that guys and girls already had. Junior Laura Liscum was one of the first in the school to get her bellybutton pierced. She said, "It really hurt when they did it but it was something that I really wanted. I wanted to have it done before summer so when I wear crop tops or my bathing suit

people can see it."

Nice, loose sundresses were a favorite because they were so comfortable and stylish. There were a wide variety of bright colors and designs to choose from. Senior Kate Philbeck said, "The reason I like my sundresses so much is because they just hang off of me and they have pretty flower designs."

Clearly, fashions were as integral a part of a student's day as their classes. So tomorrow morning wake up, pull on some bell-bottoms or a sundress and assume a role in the fashion cycle.

Standing Out. Although it's uncommon now, nose rings became more prominent throughout the halls. Sophomore Jason Hensley stands out in a crowd with his unique sense of style. A nose ring, Doc Martens, and dreadlocks were Hensley's usual wardrobe.



Can We Talk? After school one unseasonably hot day, senior Sonny Emerson and freshman Shannon Weisner discuss plans to go to the beach. Emerson's Birkenstock sandals and Weisner's sundress were definite signs of returning style.



Snack Attack. After school junior Laura Liscum looks through her refrigerator for a healthy snack. Even though baby doll dresses were meant to be baggy, it was still important to stay fit. Platform shoes added the perfect touch to a stylish outfit.



Dressing Up. Different combinations made for a stylish spring. Juniors Helene Lee and Julie Nozynski go over some homework in between classes. These long light weight dresses were especially popular because they were so comfortable.

The Long and Short of It. Outside during B-lunch junior Emily Adams stops to compliment junior Chelsea Patterson's dress. After finding out it was from "Up Against the Wall," Adams decided to take a shopping trip to Coliseum Mall.



Strike a Pose. In front of F.A.O. Schwartz toy store, freshman Gretchen Zohn stands with the doorman for a reminder of her trip. "We were all excited that chorus had a chance to go to New York for spring trip this year," said Zohn.

Kissing up. While on a trip to the Baltimore Sea Aquarium with junior Tracey Swandol, junior Michelle Hirsch imitates the different fish she saw. "We weren't having a good time, so we decided to make fun of the spectacles," said Hirsch.



R

un Away From It All

Beautiful beaches, big cities, wonderful smiles

Load em' up and head out. Remember constant references to road maps, ninety degree heat piercing through the windows, older sister's elbow in your face, little brother whining? That's right, it's time for another family vacation.

As students aged, they tended to partially separate from their parents. They spent time with friends. Freshman Beth Davis said, "The second weekend after spring-break a few of my friends and I are heading to Nags Head for the beaches and relaxation."

However, whether they liked

it or not, students spent time with families also. "My family usually goes on two vacations a year together, just to spend time together," said senior Maulik Parikh.

These family vacations led to the revisiting of favorite spots. "For two or three years my family went up to Afton Mountain in the Blue Ridge Mountains. My parents went to see the leaves change colors and I went for just a fall break," said junior Mark Davis.

These vacations served as memorable events. "The vacation I remember the most was when my dad came home from Desert Storm. We went to the mountains

in Georgia. We were glad to have him home," said junior Chad Davis.

Of course, some did not turn out as planned, and some turned out better than expected. Sophomore Tim Murphy said, "My family and my girlfriend went to Florida over Christmas break. We were planning to come home, but the flight out of Charlotte was cancelled because of snow and we stayed longer and went to Disney World."

However, the occasional vacation was spent in the heart of everything...home. Junior Emily Adams said, "This past Christ-

mas my two brothers, one lives in Italy and the other attends college, and my sister who lives in Arizona, came home. It was a special vacation for me because my family hadn't been together for two years."

Although vacations at home seemed somewhat pointless to others, senior Tera Brazas said, "I feel like I've wasted my vacation when I don't actually go anywhere or accomplish anything."

Taking time away for vacation allowed time to relax and a brief break from everyday troubles. Whether with a family or friends, they won't ever be forgotten.



Which Way Down? During winter break Campus Life went to Jack Frost Mountain in Pennsylvania. Senior Brian Vlaun prepares to ski at night. He said, "Skiing at night is awesome because you can't tell where you'll turn next."



Baking in the Sun. During spring break seniors Damian Salas and Leeza Beazlie take it easy, with lunch nearby. They flew to Florida to visit a former PHS student and tanned at the local beach.

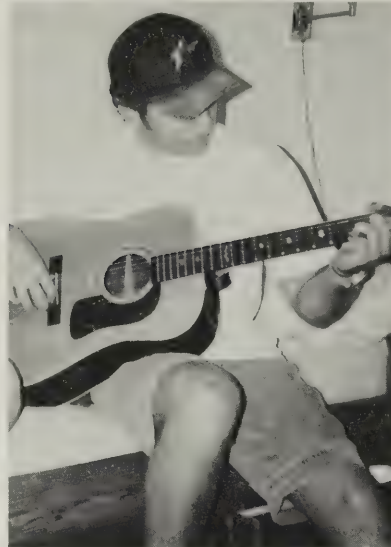
Your Autograph Please. While on the spring trip to New York, the chorus saw *Phantom of the Opera* and *Crazy for You*. Afterwards senior Kerri Johanson stopped the lead actress for an autograph. Later they went to Planet Hollywood for dinner.



A Horse is a Horse, Of Course. During a trip to Martha's Vineyard with junior Ellen Hartman, junior Helene Lee grooms and prepares to ride Star. "Our trip was awesome. We just relaxed and enjoyed the change in environment," said Lee.

Strumming. After school, students liked to practice their musical talents. Sophomore Ryan Bishop practices his favorite song at sophomore Gill Decher's house. "It helps me relax and it's fun to learn how to play different songs," said Bishop.

Flying High. At a skate park in Hampton, junior Ron Bottoms does an 'airwalk' on a 10 foot vert ramp. Bottoms said, "I have a ramp in my back yard but my friends and I like to go to the skate parks because they're more challenging."





Here Comes the Bride? A favorite pastime of junior Reesa Davis was modeling. Davis, a New Faces model, does a runway show for Tiffany's Bridal at the Omni Newport News. Much of the work is for experience only and she rarely gets paid.



5-6-7-8. For the past 13 years junior Jaيمي Lacaria took dance. Practicing her first pointe dance, she performs an arabesque. "Ballet is my least favorite style of dance, but dancing on pointe seems more exciting, I guess because of the challenge," said Lacaria. Ballet was a building block for all other types of dancing that she participated in.

T

ime Well Spent

Reaching top speeds between one hundred and one hundred forty miles an hour, hovering upside down over six thousand feet above the ground, maneuvering that makes your stomach sick, what a relaxing way to spend a Saturday afternoon. This was fairly common for senior Eric Staton. "I've been taking flying lessons at Langley Air Force Base. I try to make it twice a month and hope to achieve my license so I can go solo," said Staton. Not everyone reached this extreme. Most had hobbies that were

a little more relaxed. "During the summer, I get involved in making crafts or decorations. I do a lot of painting and use dried flowers for decorations," said junior Sarah Meredith.

A couple days a week, a few weeks a month, the whole summer, hobbies were made small scale or large scale. Junior Anna Parker spent her summer in Japan and Atlanta studying Japanese embroidery. "Last summer I visited Australia, New Zealand, and Hawaii to teach classes in embroidery," said Parker.

Some students' school activities were carried over to personal

lives. Certain clubs led to becoming involved with other activities that became hobbies. "I like playing softball. I'm in the recreational league right now and hope to try out for the high school team next year," said freshman Kristi Ernzen.

Although hobbies often involved only one person, sometimes they were more interesting with more people. "I just get a bunch of friends together and we decide to skate. Usually it's behind Food Lion, at a church, the post office, or one of the schools," said sophomore David Lopez.

On the other hand, between

Students find refuge in hobbies

school, work, sports, and homework it is hard to find time for hobbies. "After school I work until dark for a landscaping company. After work I'll do my homework for a little while and then it is time to have some dinner and get to bed. The weekends are my only time to relax. I don't have time for hobbies, but I wish I did," said senior Andy Royster.

Hobbies were reflections of people's personalities. They explained their emotions, likes, and dislikes. It gave them choice of what to do with their time and when to do it.

You're Under Arrest. During the SADD demonstration David Owens stages being arrested for drunk driving. The demonstration was to encourage students not to drink and drive on prom night.



Let's Tango. Dancing to the funky music, seniors Kim Little and Brian Roe enjoy the tropical atmosphere with all their friends. Roe said, "At senior skits I had fun getting up on stage and dancing and at prom I had just as much fun dancing with my date."

A Almost Paradise

Prom night. A night that was anticipated for months and years by juniors and seniors. Hours and hours of preparation put into planning and decorating. There was more to it than just prom though. There was the Prom Promise and the after prom party; a community pulling together to make a memorable night of fun.

To prepare the students for the potential dangers that they could face prom night, the SADD organization put together an assembly with guest speakers and staged a demonstration of an ac-

cident caused by drunk driving. SADD President Julia Shaw said, "We hoped that fake accident would make people realize the seriousness of the situation and make them think before getting into a car with a driver who has been drinking."

The prom was held at the NCO Club on Langley Air Force Base from 8 o'clock until midnight. Palm tree centerpieces and thatch huts were set up to go along with the tropical theme. Junior Class Vice-President Gigi Gurtis said, "We wanted a tropical atmosphere as soon as people walked in the door so we decided to give straw

hats to the guys and leis to the girls."

After couples had been dancing for a couple of hours, the dance floor was cleared for the crowning of the prom king and queen. The contenders for king were Sonny Emerson, Chad Juhl, and Jeremy Pope. For the girls it was Shannon Linberg, Chanon McQuoid, and Anna Ward. Couple Chad Juhl and Chanon McQuoid were crowned king and queen. Juhl said, "I wanted both of us to get it together. When they called her name I got nervous but was really happy when they called my name."

Tropical night brings fun for everyone

The PTA organized an after prom party for the students at school from midnight until 1 o'clock in the morning. Senior son Craig said, "I was mesmerized by all of the tropical decorations and I was impressed at how the community worked together to have that for us. The prizes were fantastic."

All the work that was put forth to create a tropical night was appreciated in the end. Junior Emma Adams said, "I was glad to see everyone taking safety precautions and having fun in the exciting atmosphere. It was a memorable night."



Piece By Piece. Stuffing little white bags with colorful tissue paper and little glasses was all part of getting ready for prom. Juniors Julie Nozynski, Lee Oldham, Molly Bowden, and Gigi Gurtis fill a bag to give each couple as they left the dance.



Don't Stop Me Now. After losing \$250 worth of Boch-bucks, senior Brian Lambiotte cashes in his final dollars. Lambiotte said, "I had to lose all my money to hit it big." Lambiotte won \$360 by placing his last \$10 chip on double zeros.

Queen of the Night. After being crowned prom king and queen, seniors Chad Juhl and Chanon McQuoid enjoy dancing together as they had been all night. It was a special night for the couple who had been dating throughout high school.



My Monkey is Biting My Ear. At the Oscars, performing a skit in a boat, seniors Mike Riley and Brian Lambiotte entertain the junior class.

One of a Kind Anthem. Samauri Theatre was one of the many contenders for the Oscars in the senior skits. Seniors Jayson Craig and Arun Rao bow their heads as senior Chad Juhl lip syncs to Brian Lambiotte's voice.

Spicing It Up. After the senior skits, the students usually head out to the pool for some swimming and the picnic. However, the low temperatures forced the picnic to be held indoors. Seniors Jared Fitzpatrick and Sonny Emerson watch as senior Tom Cook plays his guitar.





Bumble Bee Action. To start off senior skits, senior Erin Kane takes the stage. She tapped and danced to Blind Melon's "No Rain." The idea was taken from the real video on MTV.



Left Corner Pocket. Knights of Pythias was the location for the senior picnic. Seniors Brandy Culbreth and Jason Hazen cheer senior Eric Lobach on as he prepares for his last shot on the pool table.

A

nd the Award Goes To

Seniors put on their favorite faces

Drum roll...they march out systematically, sweat beaded on their experienced brows. The insecure boy in the front dances to the others for a quick dose of reassurance. To his delight, a tall girl in the back delivers him a bright-eyed smile. Less hesitantly, he faces front, his voice progressively becomes stronger as he announces... "Welcome to the 1994 Oscars!"

The seniors met weeks in advance to start planning for the senior skits. Scripts were revised, parts issued and rehearsals started with much enthusiasm. Senior

JoEllen Ross said, "The night before the skits, I think everyone was a little nervous about how they would turn out. But with the amount of seniors involved, the skits had to turn out OK. Yet, I was still relieved when they were over because it was a lot of work." JoEllen was the vice president of the senior class. She worked along with the senior class president Lee Smith to make sure everything was ready on time.

It was decided that the theme was the "Oscars," so skits were presented as movies, equipped with commercial breaks. Junior Eddie Vande-Mortel said, "My

favorite skit was the one about the FM 99 commercial. I thought it was a trip how Brian Roe got out there and danced. I really loved it." Other favorites included "Samauri Theatre" and "House Party." For the senior class, it marked the ending of a long four years.

The only conflict was that many of the scheduled skits were not allowed to be performed. Senior Anna Ward said, "There were a lot of funny skits that just weren't allowed for one reason or another. I guess our advisors thought there was too much incentive on making fun of the underclassmen and

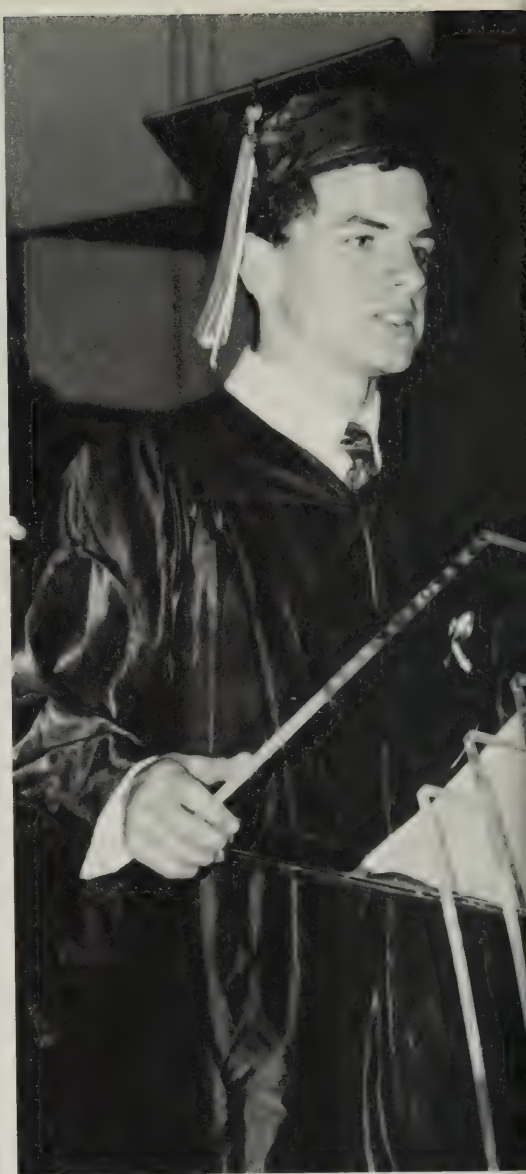
administration."

Although skits were cut out and revised, students still laughed and applauded. Junior Molly Bowden said, "I didn't think the skits were going to be very funny, but after the library skit I couldn't stop laughing."

After the skits were over, the superlatives were awarded. Then the seniors headed out for their senior picnic at the Knights of Pythias because it was too cold to go to the pool. Senior Tera Brazas said, "I was really disappointed that we weren't able to go swimming, but overall the day was one I'll always remember."

It Is Time To Move On. During his speech senior class president Lee Smith encourages the graduates to take advantage of their future after high school. After students received their diplomas Smith led the class in turning their tassels.

At Last the Time Is Near. The anticipation builds as Katie Pesola, Jennifer Esser, and Samantha Fish wait to line up and start the graduation procession. Graduates arrived an hour early to beat the parking crunch.



The End Justifies The Means

Challenge of next step offers variety of opportunities

The caterpillar creeps on in life, endlessly climbing trees. Knot after branch, it continues its journey day in and day out. The effort is hardly endurable, the result is amazing. Cocooned. Waiting. Breathing. Changing... into a butterfly ready to soar.

Graduation had finally arrived, students were decked out in maroon and white for the last time. The speaker of the graduation ceremonies was Thomas Nelson Community College's president, Dr. Templin. Senior Amanda Adairsaid, "The speaker was quite

enlightening. I enjoyed his speech. It was just one of the many things that made graduation an extraordinary day."

Graduation was exhilarating in itself, but contributed to students getting excited about college. Senior Beth Cheavens said, "I can't believe I finally graduated. I'm going to miss everyone so much, but I can't wait to get to James Madison University in the fall." Senior Krista Meyers agreed when she said "It was a very emotional day, full of pride and excitement, but as everyone knows, very sad. It is hard to leave friends, and high school, but I can not wait for

college." Meyers was accepted to Radford University.

Another speaker at graduation was perhaps a little more familiar to PHS students, Maulik Parikh. Parikh was the valedictorian. He said, "I was a little nervous I suppose, but being the valedictorian was an incredible honor." The salutatorian was Arun Rao.

Prior to the ceremony, students anxiously awaited in their gowns. For some graduation meant stumbling out into the real world in search of the perfect job. For others it meant moving on in the world of education and preparing for their first year at college.

Senior Tera Brazas said, "I've felt as though I have been ready for college since I entered high school. But now that the time has finally arrived, I have to admit I am a little nervous."

An independent baccalaureate was held by Emmaus Church Poquoson on June 11th. Senior William Carmines said, "I was just glad that we still got the chance to attend baccalaureate."

The ceremony started with students. Family and friends look on as the children they once held rocked, taught, and disciplined made their first move into becoming an adult.



Head Of the Class. Led by the Vice Principal Mrs. Judy McCormick, valedictorian Maulik Parikh leads the rest of the class of '94 into graduation. The class of 153 graduates included 35 honor graduates.



We're Graduates Now! To bring the ceremony to an end, the seniors turn their tassels to symbolize they are true graduates. Tera Brazas and Cary Kroskey join in the ritual.

In Remembrance of Allen Evans. The seniors wore ribbons in their class colors to signify that Allen was in their thoughts on this special day he would have shared with them. Katie Pesola pins the ribbons on Amanda Adair.



Strategy

It's fourth and goal with fifteen seconds remaining - time for one final play. The coach calls timeout to discuss strategy.

Players as well as coaches took time before sporting events to plan strategy. Junior Eddie Keeton said, "Before every wrestling match, I go somewhere to be alone and just think about what I'm going to do to the guy. When it was time to wrestle, I was focused and ready to go."

Other players found the best strategy to be getting their mind off the event. Senior girls' basketball player Krista Freeman said, "Before a game I would find something to do to take my mind off the game. If I didn't, I'd get too nervous and tense."

Whether it was isolating oneself before a match or finding something else to occupy the time, we were successful **BEHIND OUR STRATEGY.**





Ball Control. Following an inbounds pass, junior Christy Diggs brings the ball up the court to set up an offensive attack. Diggs said, "The most important thing to do when bringing the ball up the court is to always be looking for a quick pass or opening for a shot or drive. I like being in control of those situations."



Taking a Breather. Before the start of overtime, seniors Ryan Ward and Ty Crandol take advantage of the opportunity to get off their feet. The game against Matthews went into triple overtime before the Islanders came away with the victory 28 - 21. Crandol led the team with thirteen tackles.

It's Good. As he warms up before the game, senior fieldgoal kicker Dave Mitchell practices his form for the Bruton game. Mitchell said, "I had no clue what was going on, I just kicked it," after successfully kicking a 43-yard free kick.

Flag Left. The players on the field listen intently for the coach's call on the next play. Coach Don Ward yells to the offense the directions for the play in code.



Deep Six. Set up to throw, senior quarterback Sonny Emerson looks for an open receiver. With good protection from the line Emerson had time to spot senior tight end Brian Lambiotte for a 14-yard touchdown reception against Lakeland.

Hurry, Hurry. In a rush to get him back in the game, sports trainer Teresa Hux tapes up junior Eddie Keeton's jersey sleeve. Running backs taped up their sleeves to prevent easy tackles, until it was deemed illegal in the Southampton game.



Small In Size, But Big in Power

They stood at attention on the hash mark as the captains squared off at midfield.

Rough glances stormed from face to face as the excitement came to a climax. After the coin toss, the teams rallied to the sidelines and prepared for the opening kickoff.

In their first district game the varsity football team faced off against the Lakeland Cavaliers. The Islanders took an early lead, scoring the first 10 points of the game, all in the second quarter.

Senior quarterback Sonny Emerson completed a 14-yard touchdown pass to senior tight end Brian Lambiotte. Lambiotte was not only surprised but elated with his first touchdown of the season. Lambiotte said, "I didn't even know I was in the end zone. I just ran my pattern and Sonny hit me with the ball."

The players learn through trial and error that experience and speed could not compensate for lack of size

Senior kicker David Mitchell added three points with a 34-yard field goal to end the first half. Lakeland made a tremendous comeback for a 22-10 win over the Bulls. Emerson said, "We were like two totally different teams out there. The first half we controlled the ball well, but the second half things just fell apart."

Experience and speed couldn't compensate for the Bull's lack of size. They were often against opponents much larger than themselves.

Although they started the season strong, the Islanders were eventually overpowered. They finished the season with a 3-7 record overall. Senior lineman Steve Carmines said, "It was a tough season. We had a lot of key injuries that limited our teamplay and performance. I believe our team was better than our record shows."

Varsity Football 1-6

Lakeland	10-22
Smithfield	7-28
York	7-10
Bruton	17-10
Southampton	0-40
Nansemond River	6-15
Tabb	6-46



Varsity Football. Front to Back. David Mitchell, Ryan Ward, Brian Roe, Ty Crandol, Bobby Scott, Bubba Forrest, David Ward, Rob Green, Kelly Keeton, Ron Bottoms, Treye Hardaway, Eric Lobach, Eddie Keeton, Colby Hale, Sonny Emerson, Mike Riley, Brent Waters, Steve Carmines, Lucas Cutler, Rich Bennet, Jason Hazen, Keith Brittin, Steve Mingee, Brian Lambiotte, Jeff Rowe, Joey Holland, Scott Seitz, Tommy Firth, Robbi Hunt, Mike Robbins, George Owens, Jimmy Jones, Eddie VandeMortel, Ed Flynn, Travis Morris, Chuck Lupico, Jon Kurek, Ed Madre, Mike Chauvin.



Getting Low. Rushing in from the backfield, senior cornerback Kelly Keeton wraps up the legs of the Lakeland ball carrier. The Islanders' defensive efforts kept the Cavaliers scoreless in the first half.



One On One. By grabbing hold of the play, junior Elizabeth Leeson slaps sticks with her Nansemond River opponent and takes control of the game. Poquoson won 2-1.

Varsity Field Hockey

9 - 1 - 2

Nansemond River	2-1
York	2-0
Lakeland	1-0
Southampton	6-0
Bruton	2-2
Tabb	0-2
Nansemond River	2-1
York	1-2
Lakeland	4-1
Southampton	6-0
Bruton	1-0
Tabb	1-0



Varsity Field Hockey. Front to Back. Shannon Morris, Krista Meyers, Renee Valliere, Julia Shaw, Cary Kroskey, Winnie Sowder, Katie Cox, Elizabeth Leeson, Kate Philbeck, Melissa Messick, Anne-Marie Prostko, JoEllen Ross, Heather Shifflett, Marina Valdez, Kimberly Shifflett, Ellen Hartman, Maddie Beard, Christine Forsythe, Addie Drivas, Allison Dexter, Heather Gengnagel.

Hockey's Number One Rule: Never Say Die

The kilt-clad girls, stretching and shouting last minute words of encouragement to one another, felt the tension.

The battle against Bruton proved to be one of many prominent games. A discouraging defeat to York robbed the team of their chances at a first place season. It was this same defeat that increased the importance of Bruton's game. "I felt that Bruton was a significant game because it clinched second for us," said junior Ellen Hartman.

Despite the stiff competition, the ponytailed girls of maroon and gold ended with a record of 9-2-1.

Sophomore Marina Valdez was unable to play for a month and a half because of a heart condition, but still came to practice every day and watched every game. "It took a great deal of self-control to be able to sit and watch something I love to play, yet not physically be

As the district competition becomes tougher, the field hockey team never gives up the desire to win

able to play," said Valdez.

A new player to the team was freshman Maddie Beard. Beard was the only freshman on the varsity team and played goalie with Anne-Marie Prostko. Beard said, "Everyone was really good about working with me and offering helpful suggestions."

The team played Bruton in the tournament. This game decided who would go on to the finals. Senior starter Renee Valliere said, "I think our biggest weakness was that the team didn't connect with each other all of the time. We had tremendous individual talent, but it didn't always fit together."

Senior starter Julia Shaw said, "I'm going to miss being part of such a great team. Knowing that it would be our last season together we made it special. It's really hard to do everything right when you know it counts most."



I Don't Think So. As she rounds her opponent, senior Julia Shaw drives down the field. Even though Shaw was blocked by two or more defensive players throughout the game, she still managed to play consistently.



Close Encounters. In an attempt to get the ball out of the pack, sophomore Alison Dexter passes it to fellow teammate Addie Drivas. "Taking advantage of your teammates is the best bet when you're surrounded by a bunch of your opponents," said Dexter.

Try It, I Dare You. Blocking an opposing Tabb player from getting by, senior Renee Valliere attempts to steal the ball. "We lost a lot of our momentum and drive to win when we were down by two, but the Tabb games were always the most exciting," said Valliere.

Patience Rolls Golf Into Third Place

As the sun beats down on your neck, you carefully check the line of your putt one last time. You confidently assume your stance over the ball. Slowly you draw the club head back and then gently push it forward. After an eternity, the ball circles the cup and drops in.

It was a few key putts like this that helped the golf team finish third overall in the district, trailing rivals Bruton and York.

Each member of the team had his own idea of what the pinnacle of the season was. Sophomore Kevin Cockrell said, "The high point of the season was when we beat Tabb for the first time on our own course. Everyone played exceptionally well."

Shooting an 84 to qualify for state was the best part for senior Chad Juhl. "I was really glad to end my high school golf career by making it to the state tournament," said

The talent of golf team helps them putt their way to victory, send one team member to state competition

Juhl, "It was fun playing with golfers from all around Virginia."

However, the players realized that the whole season wasn't wine and roses. The players thought a few off days kept the team from reaching its full potential. Junior Ed Render said, "I felt that the team's weakness was in its short game-putting and chipping, especially putting."

The simple things, like how they played, were overshadowed by the fun they had both on and off the course. Sophomore Bob Goddin said, "The best part of the whole season was when the team went to Wintergreen Resort near Charlottesville. It was one of the best courses I've ever played on."

Coach Ed Spain kept the season in perspective. He said, "We finished up about where we should have finished with the talent we had."

Golf Accumulated scores over season

Bruton	1812
York	1876
Poquoson	1945
Nansemond River	2010
Lakeland	2112
Tabb	2227
Smithfield	2456
Southampton	2576



Golf. Front to Back. Justin Eaches, Bob Goddin, Mike Casey, Chad Juhl, Coach Ed Spain, Kevin Cockrell, Ricky Hellman, Ed Render.

Pep Talk. Before the team takes the course, Coach Ed Spain gives last minute advice. Those talks often helped the players get into the right state of mind.





Drivng Crazy. Concentration is vital to senior Chad Juhl's drive. Many hours of practice on the green at Hampton's Center improved the golf teams' strokes.

Nice Form. On the eighteenth hole, senior Justin Eaches concentrates on teeing off. Eaches said, "I started the season slow, it took me awhile to get back on par."



Roughin' It. Stuck out in the rough, sophomore Bob Goddin works to get back on the green. Goddin said, "Sleepy Hole is a tough course, it's hard to stay on the fairway."



The Big Face Off. After sophomore Ryann Sawyer steals the ball from her Namesmond River opponent, she passes it on. One on one battles were frequent in field hockey games.

Girls' JV Basketball 5-6

Nansemond Sufflok Acad.	27-37
York	29-27
Southampton	35-27
Tabb	31-45
Northern Chistian	47-21
Nansemond River	37-42
Norfolk Academy	28-31
Lakeland	34-38
Nansemond Suffolk	29-35
Smithfield	37-28
Nansemond River	34-25



Girls JV Basketball. Front to Back. Beth Ann Thomas, Kathleen Kreiger, Jennifer Davison, Corie Forrest, Crystal Thrasher, Tammy Perok, Jennifer Staton, Nina Richardson, Rikki Stetson, Christina Dominguez, Tracy Morse, Bonnie Tasillo, Laurie Johnson, Leslie Inge, Shannon Weisner, Stephanie Andres, Vicki Firth, Mgr. Dawn Watkins.

JV Teams Show Hope For Future With Teamwork

Having to welcome fifteen new players to the junior varsity field hockey squad meant fresh recruits for coach Candy Rice to shape and form into a team. Even though she had eight veterans, only three started.

"We began the year shaky with an extremely inexperienced group of girls, yet toward the end of the season it was evident we had advanced as a team," said second year freshman Kristie Woody.

Sophomore returnee Ryann Sawyer recalled the team's second encounter with Lakeland and said, "We truly played as a team. The first time we only beat them by one point, but smashed them 5-0 in Suffolk. Toward the end of the season there was a definite shift in our playing ability." The girls playing ability and attitude increased the teams potential.

Coach Rice said, "Hard working, cooperative, spirited, and fun-loving. . . all these traits

*New JV
players
learn to de-
pend on
instruction
of experi-
enced play-
ers , coaches
and the
lessons of
team work*

applied to the JV field hockey team. We had a very productive building year. The girls were quick and enthusiastic learners and came a long way in developing skills and teamwork. We didn't win many games but I had twenty-three winners on the team."

Playing together as a team was the girls' key point. Freshman Christina Dominguez said, "We started off slow but in the end we came together as team."

When asked what one of the team's strengths was, freshman Shannon Weisner said, "Moving the ball up the court on offense."

Freshman guard Jennifer Davison was asked who she thought was the team's hardest competitor. Davison said, "I would say York, because of their defense." The girls' junior varsity basketball team ended the season with a record of 8-9.

JV Field Hockey

4 - 3 - 3

Nansemond River	3-0
York	0-1
Lakeland	1-0
Bruton	0-0
Tabb	4-0
Nansemond River	2-2
York	1-0
Lakeland	0-5
Bruton	0-0
Tabb	0-4



JV Field Hockey. Front to Back. Kandi Fowler, Allison Johanson, Mary Roberts, Coach Candi Rice, Sylvia Corneliussen, Ryann Sawyer, Amanda Brown, Kristi Woody, Danielle Nicely, Kristen Martin, Jennifer Haczewski, Laura Asakura, manager Melissa Guill, Alison Mast, Chrisitne Leeson, Lindsey Keddell, Shanon Hanson, Aimee Halvorson, April Insley, Christa Stutt, Heather Broadway, Valaerie Sledd, Leanne Phillips, Michelle Harrell, Mary Beth Evans.



Taking the Field. Practices for freshman Sylvia Corneliussen includes running sprints while dressed in goalie pads. Goal keepers had to develop quick reaction times.

Hang Time. Attempting a lay up off a fast break, freshman Jennifer Davison gets fouled. The shot fell, along with the foul shot, making it a three-point play.

Slingshot. A popular technique in cross country running was to pace yourself behind other runners, saving energy, and at the end sprint ahead of them. Sophomore Nick Creasman practices this technique to win the race.

Taking a Break. Enjoying the view from the sidelines senior Becca Caven waits patiently for the start of the race. For some of the runners a sense of humor helped relax the nerves.



Stretch Those Quads. Before a home meet seniors Brandy Culbreth, Becca Caven, and sophomore Sara Burke have an extensive stretching session. "If we don't make sure all our muscles are stretched then it's almost guaranteed that we'll pull one," said Culbreth.

I Think I Can. With a need to put his team ahead, sophomore Kenny Sellers tries to catch the York runner in front of him. Sellers said, "It's hard to pace yourself at the beginning of a race. It's easy to jump to a quick start and lose your energy." The boys cross country team lost to York 20-28.



Season Built Through Endurance

When senior Lee Smith warmed up for the district cross country race, he didn't realize that he would be spending the rest of the race catching up.

"After the first 20 meters someone stepped on my heel and my shoe came loose. I had to stop for at least ten seconds to put it back on. When I started back up it came off again. That forced me to spend another 20 seconds knelt down fixing it. By that time I was so far behind I had to sprint in order to get a good spot," Smith said.

Seniors Lee Smith, Brian Vlaun, and Rod Pauls were the only seniors on the boys' team. Coach Jeff Jackson said, "We had a lot of depth in the team. There was some great, young talent that has been lacking in years past. The boys' team actually wanted to win, not only as individuals, but as a team. They cared about the outcome. Of the top seven, five will

With endurance the cross country team works together, resulting in a successful season

return next year."

Junior Jimmy Welsh knew what coach Jackson meant when he said "teamwork" at the first meet. He knew he wanted it for his own team. "I watched how other teams worked together at the Churchland Invitational. The team that won ran circles around each other and sang the 'Oscar Meyer' song," said Welsh.

Cross country didn't field a full girls' team. Out of the three runners, senior Brandy Culbreth and Becca Caven and sophomore Sara Burke, only Culbreth and Burke ran at districts.

Culbreth said, "Cross country isn't like everyone thinks; all torture, no fun. Everyone on the team had a great personality and sense of humor."

Sophomore Nick Creasman was the only member of the team to compete at state. Creasman placed 37th out of 171.

Cross Country 6-2

BOYS

4th at Districts

5th at Regionals

Tabb 18 Poquoson 35 Smithfield 61

Poquoson 18 Lakeland 36

Poquoson 22 Bruton 28 N'River 33

York 20 Poquoson 28 S'Hampton 50



Cross Country. Front to Back. Brian Harrell, Josh Boitnott, Heather Campbell, Sara Burke, Jason Abbott, Jimmy Welsh, Rod Pauls, Coach Jeff Jackson, Aaron McDaniel, Brian Vlaun, David Bragdon, Eric Staton, Jon Abbott.



Busting Out. Moving to the left and then to the right sophomore Sara Burke attempts to move to the front of the pack. In the home meet against York and Southhampton Burke had a top ten finish. "It's a lot easier running on your home course. It gives you an advantage over the other teams," said Burke.



Fall Varsity Cheerleaders. Front to Back. Laura Wade, Kim Gillispie, Michelle Watkins, Jackie Barnes, Reesa Davis, Chelsea Patterson, Shana Fitzpatrick, Gigi Gurtis, Mandy Groseth, Tammy Ancell. Not pictured: Ginger Aldridge and Laura Liscum.



Winter Varsity Cheerleaders. Front to Back. Michelle Watkins, Cami Williams, Christine Solga, Colleen Smith, Ginger Aldridge, Angie Romero, Jackie Barnes, Tammy Ancell, Shannon Lindberg, Gigi Gurtis, Sonny Hanson, Kelly Alger.



Fall Junior Varsity Cheerleaders. Front to Back. Christine Solga, Kelly Alger, Angie Romero, Jaclyn Smith, Rachel Gilbert, Sarah Kreiger, Remle Diggs, Colleen Smith, Gretchen Zohn, Ashley West, Stacey Stone. Not pictured: Maura Garvey.



Winter Junior Varsity Cheerleaders. Front to Back. Rachel Gilbert, Jessica Dryden, Christy Brumley, Randi Webb, Emily Shephard, Heather Arms, Maren LaBelle, Remle Diggs, Gretchen Zohn, Stacey Stone, Jennifer Lemons, Sarah Kreiger.

Cheerleaders Dedicated To Boosting School Spirit

"Down the field, up the score, go bulls go!"

The cheerleading squads enthusiastically pumped spirit into the hearts of the athletes as well as the sports fans. Their job was not to be underestimated, however, as they put countless hours into memorizing cheers and making signs to support everyone else.

"We've tried to put as much emphasis as we could on building up school spirit this year," said junior Reesa Davis. Cheerleading took up a great deal of their free time, but was a sacrifice the cheerleaders were willing to make.

Unfortunately, Ms. Paula Weis moved on from coaching the varsity squad, but Mrs. Becky Morrison moved up from coaching the junior varsity team to assume the responsibility of both teams. "There have been some changes due to having a different coach, but we're still 100% dedicated," said senior Shannon Lindberg.

Cheerleaders confront changes with a new coach and work together to promote spirit throughout the school

"We spent half the winter season just adjusting to the way Mrs. Morrison worked, but basically our goals are still the same," said junior Gigi Gurtis.

For the winter season, the varsity team was divided into two squads, each with six members. "With two separate squads, we can support more games without all of us having to cheer at everything," said sophomore Christine Solga.

The junior varsity squad also finished off their season accomplishing their goal of further increasing school spirit and support. "I missed a week of the season, but everyone helped out," said freshman Maura Garvey.

The cheerleader's crucial role in spreading spirit throughout the school was perhaps underestimated, but they agreed that putting their energy into other sports was what cheering was about.



Intimidation Strikes. Moving into formation, freshman Jaclyn Smith and Gretchen Zohn psyche up as they prepare to show off their spirit. "We try to cheer loud to motivate the fans," said Smith. The excitement stayed high throughout the game.



Rising Above The Rest. Pep rallies were sponsored by the cheerleaders to promote spirit before a home game. The squad had many responsibilities, including choreographing dances for spectators' entertainment. Junior Gigi Gurtis is center of attention during the dance routine

Touchdown. Cheerleaders had a special cheer for when the football team made a touchdown. Sophomore Ginger Aldridge takes part in this traditional cheer.

She Shoots, She Scores. In a game against Nansemond River, junior Mandy Page scores two points on a lay up. Page scored fifteen points, contributing to the team's 48-45 victory.



Set the Trap. By using tight pressure, junior Molly Bowden forces the Lady Packers' point guard to her weak side. It was their tough defense that lead the team to their 35-11 win over Smithfield.



D-E-F-E-N-S-E. In a game against the Smithfield Lady Packers, junior Julie Nozynski puts coverage on her opponent, denying the baseline. The team won the game 50-25. Eight of these points were contributed by Nozynski.

The Shot Is ... Good. An attempt at blocking junior Michelle Hirsch fails and her shot increases the score by two. Hirsch, among others, aided in the victory against Bruton.





Look For The Easy Two. Making a fast break down the lane, junior Karen Holst scores two points against Smithfield's Lady Packers. Holst's six points assisted the team to a 57-15 victory over Smithfield.

Girls' Varsity Basketball 14-3

Norfolk Academy	32-43
Lakeland	42-41
Smithfield	50-25
York	42-22
Bruton	42-40
Nansemond Suffolk	48-45
Southampton	51-34
Nansemond River	47-12
Tabb	41-39
Southampton	53-26
Lakeland	42-36
Norfolk Academy	31-47
Smithfield	35-11
York	42-37
Bruton	24-33
Nansemond River	45-17
Tabb	46-38



Girls Varsity Basketball. Front to Back. Krista Freeman, Tracy Swandol, Karen Holst, Amy Taylor, Christy Diggs, Julie Nozynski, Mandy Page, Kristie Skinner, Valerie Firth, Michelle Hirsch, Molly Bowden, Jessica Dewitt.

Girls' Basketball Strikes Opponents With Whirlwind

Silence gradually enveloped the onlookers. Sweat beaded on the brow of the soldier as she took two heavy breaths. The soldier focused on one thought... the shot must penetrate the victim... the shot must penetrate the victim... I must execute.

The victim hung loosely awaiting the shot.

Swish! Swish! Senior Valerie Firth knew how to execute her foul shots in the last game of the season against Tabb. When Firth said, "We're going to beat Tabb" a few days before the game, she wasn't joking. They kept a lead the entire game with the exception of 38-38 in the fourth quarter.

The varsity girls' basketball team said goodbye to Tabb with a win of 41-39 (the first game) and 44-38 (the second game). Junior Michelle Hirsch said, "I was nervous about playing Tabb, but when I got on the court, nothing else mattered, but to play good,

*Through
determination,
pride, and
hard work,
the basketball team
rises to a
well deserved victory*

smart basketball. I wanted it so bad that I was able to stay focused and stick my shots."

Winning didn't come easily, even though their record made it appear so. With a team of only two seniors, they still managed a season of 16-1, putting them first in the district. Junior Mandy Page said, "Our coach has brought out the talent in all of us this season, and I think that's why we've done so well."

Every game was different for the players, but the superiority over some teams was blatant. Junior Karen Holst said, "My personal best scoring game was when we played Nansemond River, and I scored more points than they did in the whole game."

Determination appeared to be engraved into the young soldiers' hearts. Swish! The victim was gratified when she noticed that the triumphant young soldier was none other than a soldier from home.



It's a Handoff. In a game against Nansemond River, sophomore Erick Zohn hands off the ball to gain yardage. Their tough defense did not allow the other team to score.

JV Football 1-6

Lakeland	6-13
Smithfield	22-26
York	0-36
Nansemond River	3-0
Bruton	0-28
Southampton	13-19
Tabb	0-48



JV Football. Front to Back. Andy Forrest, Jake Gaul, Jay Davis, Brian Page, Danny Munn, Robbie Bolden, Jeremy Perry, Matt Causey, Albert Bowden, Erick Zohn, Steve Smith, Chris Thompson, Ryan Bishop, Stuart Sutton, Bill Hammack, Troy Williams, Emile Cochet, Robbie Topping, Heath Hale, Daniel McAdams, Jeremy Houston, Malcolm Matheson, Anthony Ashley, Brian Klackle, Brandon Cross, Brad Chauvin, Robert Weibel, Wyn McPherson, Dean Shannon, Tyler Evans, Jimmy Tomlinson, Jeremy Gregg, Ronnie Singleton, Jason Powell, Chris Klackle, James Hanchey, Jamie Warren, Phillip Pauls, Matt Harris, Chris Normandeau.

Goals are set, met, and exceeded by teams

As the sun sinks just below the horizon, a coach's whistle blares to end practice. A team of exhausted players staggers off the field.

Practices allowed both new and old players to become accustomed to the techniques and strategies of the team and to learn to work together.

"Just because we didn't always win doesn't mean we weren't good; our team was full of new players," said sophomore Stephen Smith.

Their tiresome practices paid off by the Nansemond River game, though sophomore Chris Thompson scored the only points of the game. "Nansemond River was tough, but our defense worked, and we held them back. The final score was 3-0 in our favor," said sophomore Robbie Bolden.

The scores and overall record did not always reflect the improvements and accomplishments made by the team. Sophomore

*Regardless
of their
records,
players were
able to find
success,
enjoyment
and gain
experience
throughout
the season*

quarterback Erick Zohn said, "We had a rough season, but a good win at the end. I learned a lot this season, and I know it will help later."

The junior varsity soccer team had a different outcome. They played hard and had a victorious season. Sophomore Danny Rogers said, "We went through the whole season undefeated, and we also won the district tournament. Our starting goalie was only ever scored on three times. We were able to accomplish what we wanted to do."

There was more to the season than just scores. However, for some a winning record helped to make the season more enjoyable. Sophomore Dean Shannon said, "It was a fun season since we were undefeated and untied."

With practice and dedication, people can learn to work together and accomplish goals.

JV Soccer 9-0

Ferguson	4-0
Hampton	14-0
Tabb	3-0
Nansemond River	14-0
Bruton	10-0
York	3-1
Lakeland	9-0
Smithfield	11-0
Southampton	14-0



JV Soccer. Front to Back. Craig Brown, Graham Hunt, Jimmy Brooks, Dean Shannon, Danny Rogers, Aaron McDaniel, Mike Moore, Cory Groseth, Bill Hammack, Alex Glushko, Brian Topping, Troy Butler, Tom Beazlie, Robert Stallard, Chris Balph, Jason Koptish, Tom Crittenden, Dave Nadolny, Camm Deibler, Tony Rojas, Coach Mike Deibler.



Go For the Steal. In a dash for the ball, sophomore Troy Butler attempts to steal the ball. Butler got the steal and proceeded to the goal.

Save the Ball. In a game against the Bruton Panthers, sophomore Dean Shannon hurries for the ball. Shannon recovered the ball and denied the other team a chance to score.

Girls Battle For Dreams Of Winning State Title

It descends on you from above, allowing only moments to position yourself. All the instruction you have received for this moment runs through your mind. It bears down on you as the pressure builds, forcing you to act now. Slamming the ball back over the net, you save it before it strikes the ground.

Saves such as these created the volleyball team. The season started rocky with only three returnees, seniors JoEllen Ross, Christine Forsythe and junior Christy Diggs. The team lost the first two matches. Junior Michelle Hirsch said, "It took awhile for the team to come together, but by the end we were really working well as a team."

As the season progressed the girls' teamwork and ability improved. The third game against Smithfield proved successful with a score of 3-0.

Some felt attitudes among the players was

Volleyball team works to overcome team obstacles as they look forward to returning to state tournament

the only conflict facing the team. Junior Reesa Davis said, "I thought the season went really well and everyone got along personally, but some attitudes got in the way of hard work."

The girls worked past the attitudes and allowed their persistence to carry them into first place in regionals. This allowed the state competition to be held at home.

Players felt the season ended strongly. Junior Lee Oldham said, "We had a great season and hopefully with better attitudes and harder work we will go even farther."

Though the trials of the team persisted, the girls continued to pull together. Once on the court, they worked as a team. Captain senior JoEllen Ross said, "No matter what hardships the team faced, one thing remained constant, the whole team just loved to play." The team finished off the season with an overall record of 7-3.

Varsity Volleyball 7-3

Lakeland	3-2
Smithfield	3-0
Southampton	3-1
Smithfield	3-1
Bruton	3-1
Glenvar	2-0
Namesmond River	3-2
Tabb	3-1
Lakeland	3-0
Southampton	3-0



Varsity Volleyball. Front to Back. Christy Diggs, Lee Oldham, Karen Holst, Sarah Richardson, Jenny Phillips, JoEllen Ross, Coach Brian Bauer, Amy Taylor, Julie Nozynski, Michelle Hirsch, Christine Forsythe, Kristie Skinner, Reesa Davis, Jessica Dewitt.

Any Questions? The pre-game tradition takes place and the referees explain the rules of the game to captains, seniors JoEllen Ross and Christine Forsythe. The referees explained the rules of the game to the opposing teams before every match. After the explanation the captains shook hands and wished good luck to each other.





Form Is The Key. Saves were important to the overall play. Junior Amy Taylor sets the ball so another player can spike it. Plays such as these were what led the girls to a victory against Lakeland. The final score was 3-0.

In Perfect Form. Before the start of the game, Karen Holst practices passing the ball with a partner. "If you don't have a good pass, it's almost impossible to set a good play," said Coach Brian Bauer. Passing was one of the key fundamentals.



Piece of Cake. Warmup time gave the team a little lift right before the game. Junior Christy Diggs practices her serve to keep up her consistency.

Wrist Control. In an effort to gain control of his opponent, junior 145-pounder Forrest Holloway looks for a tilt. A tilt allowed easy access for back points in a match.

So Sorry. After pinning his opponent in the Regional semi-finals, senior Chad Juhl walks victoriously off the mat. Juhl said, "Although it was great to win regionals, team points were my top priority."



Number One. The defeat of arch-rival Tabb led senior 119 pound Brad Juhl to first place in the Regional Tournament. Juhl went on to win the state tournament held in Salem.

Foreshadowing. In the finals of the state tournament at 112 pounds senior Jarrod Fitzpatrick beat his York opponent. In his first confrontation he got a pin and in the finals he won 20-6.



Undefeated Season Proves Teams Undying Commitment

And the legend lives on.

The wrestling team held onto their prominent reputation by placing second in the AA state tournament. The team finished behind their rival, Grundy.

"It was horrible. I think if Sonny and so many people hadn't gotten hurt, or if we hadn't gotten so many bad calls, we would've won it. We had a lot of bad luck," said senior Jarrod Fitzpatrick.

Although second place was hard to swallow for some of the team members, their record was one of the team's best. The boys came in first in the district and region, while producing eight district and regional champions. The wrestlers beat all of their AAA opponents leaving them with a 13-0 undefeated record.

"It was a great season, going 13-0. Being a senior on the team makes it even better. But

Hard practices and dedication make wrestling team district and regional champions, place them second in state

as for going undefeated, I guess all those hard practices and waking up at 6 AM and running or riding a bike for 45 minutes was worth it," said senior Chad Juhl.

The wrestling team produced three state champions through all those practices. Seniors Chad Juhl, Brad Juhl, and Jarrod Fitzpatrick all won the state title in their weight class.

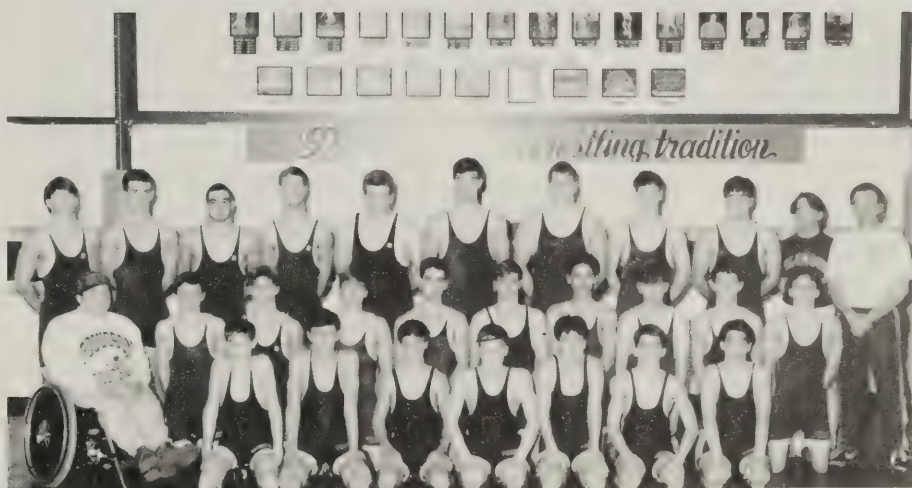
"It ended and started my life. It ended my wrestling career and it started my journey to my next goal," said senior Brad Juhl.

The skills the team possessed came through when they beat Bruton 78-0. But the match against York stuck in many of the wrestlers' minds.

"York killed us last year and they won districts. It was awesome beating them 69-5. No Poquoson team has every beat them by such a big margin," said junior Eddie Keeton.

Varsity Wrestling 13-0

Bayside	53-18
Manteo	43-22
Lakeland	53-20
Deep Creek	36-25
Southampton	71-6
Nansemond River	52-13
Bruton	78-0
Bethel	46-17
Denbigh	56-15
York	69-5
Cox	54-9
Tallwood	52-15
Tabb	47-18



Wrestling. Front to Back. Tyler Evans, D.J. Ward, Sean Gillispie, Jamie Holloway, Bill Hammock, Jason Forrest, Chris Fowler, Russell Scott, Mike Casey, Eddie Keeton, Brad Juhl, Rob Green, Tommy Firth, John Shelton, Bret McGuire, Jarrod Fitzpatrick, Chad Juhl, Gil Decher, Forrest Holloway, Jimmy Jones, Wesley Backus, Chris Smith, Travis Morse, Brent Waters, Ed Madre, Chris Thompson, Coach Stone, Coach Boone.



Team Spirit. In their final huddle before the regional matches began, the wrestling team shouts "Poquoson!" Pumped up, the team dominated the regional tournament.

Hang Time. Flying towards the rim, senior Josh Lambert dunks for two points against Nansemond River. Overall he scored a total of 412 points, 198 rebounds, 48 assists, 60 steals, and also qualified for the first team all-district.

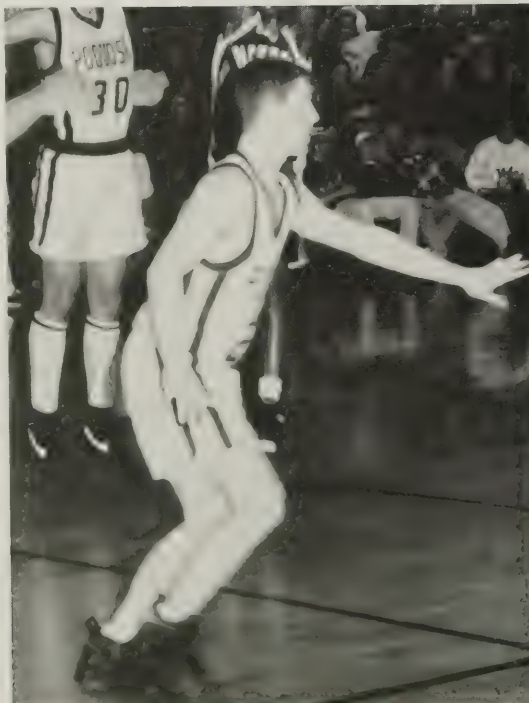


Heads Up. On the perimeter senior co-captain Aaron Freeman keeps a watchful eye on his Tabb opponent. To prevent a guard from driving down the lane, the Islanders' defenders were taught to look at the man's chest, not the ball.



Get Down. Get Down. In a close game against Bruton, Coach Bob Baker stresses the importance of getting back on defense. The Bulls lost by a narrow margin, 76-70.

Big D. A stout defense helped keep Islanders on top of their close game with Smithfield. Senior co-captain Kelly Keeton protects the lane from the Packer offense. At the final buzzer the Bulls came up victorious, 52-43.





Let's Get Going. After a brief breakdown in the Islanders' defense, senior Jeremy Pope passes the ball back in. Pope said, "We were doing well offensively, but we were hurting on defense. Luckily, we tightened it up." The Islanders came out victorious over Smithfield with a score of 84-60.

Varsity Boys' Basketball 4-13

Lakeland	52-85
Matthews	87-53
Southampton	58-70
Smithfield	52-43
Bruton	70-76
York	46-74
Nansemond River	50-84
Nansemond Suffolk	48-43
Tabb	55-76
Lakeland	46-71
Smithfield	80-64
Southampton	49-71
Bruton	57-64
York	71-81
Nansemond River	51-74
Tabb	51-66



Varsity Boys' Basketball. Front to Back. Greg Brannon, Brady Diggs, Aaron Freeman, Josh Lambert, Joey Harris, Marcus Jones, Kelly Keeton, Jennifer Freeman, Coach Bob Baker, Jeff Montgomery, David Conners, Jeremy Pope, Matt Connors, Jesse Spenser, Allan Evans, Dave Johnson, Jon Abbott.

Players Work Towards Achieving High Expectations

"We didn't continually play as a team; we were like five individuals trying to outscore the other teams."

Senior co-captain Aaron Freeman's comment after a 66-51 loss to Tabb on Senior Night summed up the varsity basketball team's record of 4-17.

Although the whole team didn't get a share of the glory, they took pride in the two players who scored district honors. Senior Josh Lambert was placed on the first team all-district. Freeman received an honorable mention.

"It is cool to play with Josh. He accents the team's playing ability and can draw in defenders with his strength in scoring," said senior Jeremy Pope.

Pope returned to the courts after a year off. Coach Baker stated, "He is very internally motivated; he looks beyond the score."

*To fulfill
the dreams
of winning,
the team
strives to
win,
ultimately
leading two
players to
district recognition*

When asked about the highlights of the season, Lambert mentioned the game on February 1 against Smithfield. Lambert led the team with 21 points for a 80-64 win over Smithfield. Lambert said, "The season went by so fast it was a blur. I was just happy to be out playing ball."

Senior Dave Johnson, nicknamed "Super," didn't feel the same. Johnson said, "We had a lot of talented and experienced players, along with some great young players who never really clicked, at least never at the same time."

Wrapping up the season, Baker said, "Captains Aaron Freeman and Kelly Keeton provided able senior leadership. Freeman and Josh Lambert had outstanding seasons spanning 3 years together. However, due to high expectations of the season, the team was disappointed in terms of wins and losses."

Can You Dig It. In an effort to save a spiked ball, eighth grader Elizabeth Render dives behind Angie Houston to win the point. Poquoson beat Nansemond River 2-0.



JV Volleyball 7-1-5

Nansemond River	3-2
Lakeland	0-2
Smithfield	0-2
Southampton	2-1
Smithfield	0-2
Bruton	2-0
Tabb	2-0
York	3-0
Nansemond River	1-1
Tabb	0-2
Lakeland	2-0
Southampton	2-0
Bruton	1-2



JV Volleyball. Front to Back. Jennifer Davison, Mandy Groseth, Tiffanie Petrin, Daniel Kukich, Mara Garvey, Jack Schwolow, Vicki Firth, Tracy Morse, Bonnie Tasillo, Laurie Johnson, Amanda Robertson, Nina Richardson, John Sokolowski.

JV Teams Work Towards Reaching Their High Points

The Sears Tower, the Empire State Building, the junior varsity volleyball team, and the junior varsity boys' basketball team. They all have something in common. They all have high points. While the Sears Tower's and the Empire State Building's high points are in the sky, the JV volleyball and boys' basketball teams' are on the court.

One of the high points for sophomore Bonnie Tasillo was improvement. Tasillo said, "I feel that a high point to the season was that we started off as a young team. We practiced hard and tried our best in all of the games. By the end of the season, we had improved a lot."

One of the high points of the season for freshman Tracy Morse was having fun. Morse said, "We had a lot of fun as a team when we went to the games."

Although the JV volleyball team got off to

*New JV
players
learn to de-
pend on
instruction
of experi-
enced play-
ers, coaches
and the
lessons of
teamwork*

a rocky start, they ended the season with a record showing more wins than losses.

For players of the boys' basketball team, it was a win that was a high point. Sophomore Danny Rogers said, "We scored three points in the last seconds to beat Norfolk Christian."

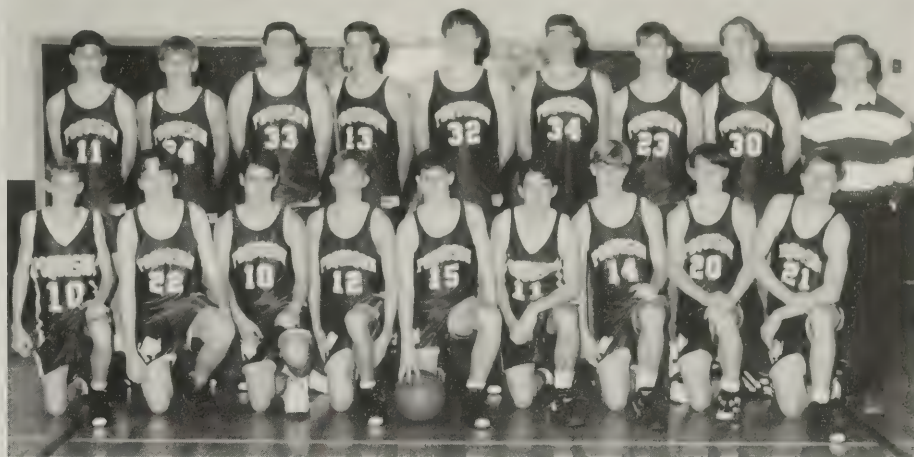
For freshman Mike Andriliunas, teamwork was another high point. Andriliunas said, "Playing together as a team really worked to our advantage."

The JV boys' basketball team ended the season with a 3-15 record. They found that their toughest competition was within their own district. The girls' volleyball team reached their high point and wrapped the season up with a record of 7-1-5.

Both teams knew what their points of destinations were and worked hard to conquer them. Lessons were learned and experienced gain during their quest.

Boys' JV Basketball 3-15

Lakeland	31-70
Southampton	38-64
Smithfield	61-64
Bruton	47-63
York	43-47
Namesmond River	32-64
Tabb	37-70
Lakeland	42-84
Smithfield	49-51
Southampton	52-71
Bruton	41-49
York	46-59
Tabb	53-63
Atlee	68-51
Matthews	57-44
Norfolk Christian	51-48
Nanasmond River	37-52
Nansemond Suffolk	40-56



Boys' JV Basketball. Front to Back. Jeff Scott, Albert Bowden, Chris Sherman, Mike Andriliunas, Danny Rogers, Robert Bolden, Anthony Ashly, Jason Abbott, Erick Zohn, Jeff Mitchell, Kevin Finucan, Drew Leykamm, Joe Flannery, James Warren, Kristian Lindberg, Tim Murphy, Chris Kleckel, coach Mike Freeman.



I Got Him Covered. In order for a valuable play to be successful, defense is vital. Sophomore Jeff Mitchell blocks a Smithfield opponent to aid in the triumphant play.

What a Shot. In a game against the Smithfield Packers, sophomore Erick Zohn fades away on a jump shot. The shot was good, adding two points to the score. Zohn scored eight points in their 61-64 loss.

Up For Air. A consistent breathing pattern was important for a successful swim. During his breast stroke at a meet, senior Tom Ogiba perfects his skill.



Varsity Swimming 6-4

Nansemond Suffolk	291-220
Lake Taylor	291-32
Booker T.	151-124
Peninsula Catholic	151-165
Tabb	110-254
Peninsula Catholic	159-124
Cape Henry	160-107
Lake Taylor	90-82
Hampton	74.5-85.5
Bethel	64-92



Swimming. Front to back. Amber Watkins, Meredith Hall, Alicia Dezern, Heather Johnston, Becca Caven, Sarah Burke, Jaclyn Smith, Colleen Bresnan, Jennifer Snyder, Ryan Hall, Tom Ogiba, Ben Pearce, Julia Shaw, Juli Andrews, Heather Campbell, Claire Shanafelt, Jonathan Camden, Mrs. Prentiss, Ben Goldman, Rod Pauls, Steven Krieger, David Abel, Sean Bresnan, Phillip Pauls, Joe Lipp, Jason Hazen.

Team Strokes Into Varsity Competition

You're standing there all alone, facing your enemy. Your heart is pounding. The gunshot is heard. The race has begun. A swim race, to be exact.

The season started out better than expected by the coach. Twenty-nine swimmers came out for the team. That was the largest amount of people on the team since it was founded a few years ago. However, this was the first year swimming was recognized as an athletic team by the Virginia High School League.

In the Bay Rivers district, Tabb was the only competitor. Because of this, there was no defined division among the swim teams of the Peninsula and Southside areas. Mrs. Carol Prentiss, the head coach, said, "We compete against as many schools as we can. It has really helped out, because the team keeps getting bigger and better each year. It's really starting to catch on."

*Swimmers
enjoy im-
provements
in meets as
they rise
from being a
club sport
into recog-
nition as a
competitive
varsity team*

The boys' team finished with an even season of 5-5. Junior Jamey Lamprecht was the highest scorer with junior Steven Krieger, also captain, coming in second. Krieger said, "As a team and individually, the boys did better than years past."

The girls' team ended with a winning record of 6-4. Freshman Erin Gooding and sophomore Sarah Burke were the two highest scorers for the girls. Sarah said, "Personally, my best event was the 100 meter backstroke. I also swam the 200 meter individual medley."

For many people, deciding which sport to play was not an easy task. The Virginia High School League (VHSL) rule was that a student can only participate in one sport per season. Freshman Jaclyn Smith said, "Choosing between cheering and swimming was tough, but I'm glad I chose swimming. It was so much fun."



Swimmers Up. Preparing for the 100 meter butterfly, senior Heather Campbell waits for the gun. The meet was held at Hampton University against Norfolk Catholic. Campbell said, "I always got really nervous whenever I had to swim butterfly. Usually I would be the only one crazy enough to swim that event."

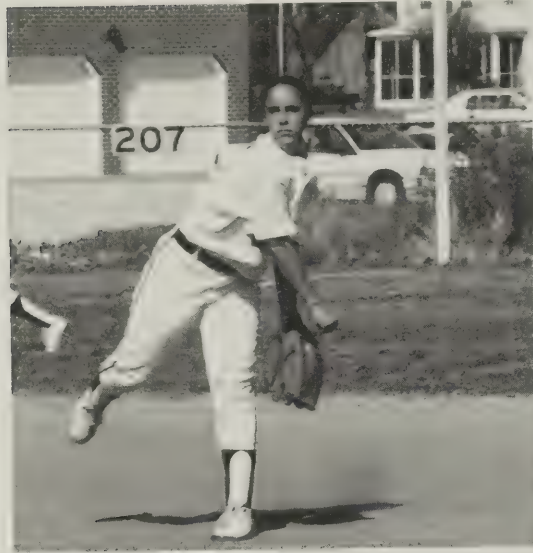


Fast and Furious. The freestyle stroke was one of the fastest races in a meet. Freshman Colleen Bresnan concentrates on her form during the race against Hampton High School.

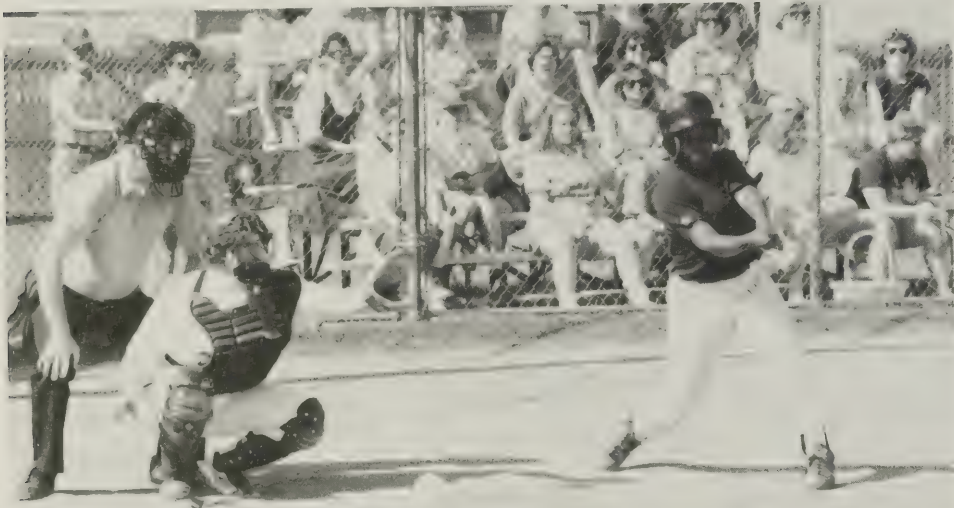


Ultimate Strength. The butterfly stroke was often said to be the toughest stroke by swimmers. Junior Joe Lipp focuses on the wall as he comes up for air. He helped the boys' team come in 9th place in the Kecoughtan Invitational.

30 Yard Dash. Eyes on the York pitcher, junior Elizabeth Leeson steals third base. Leeson proved to be a very versatile player. She pitched, played left field, and was a designated hitter.

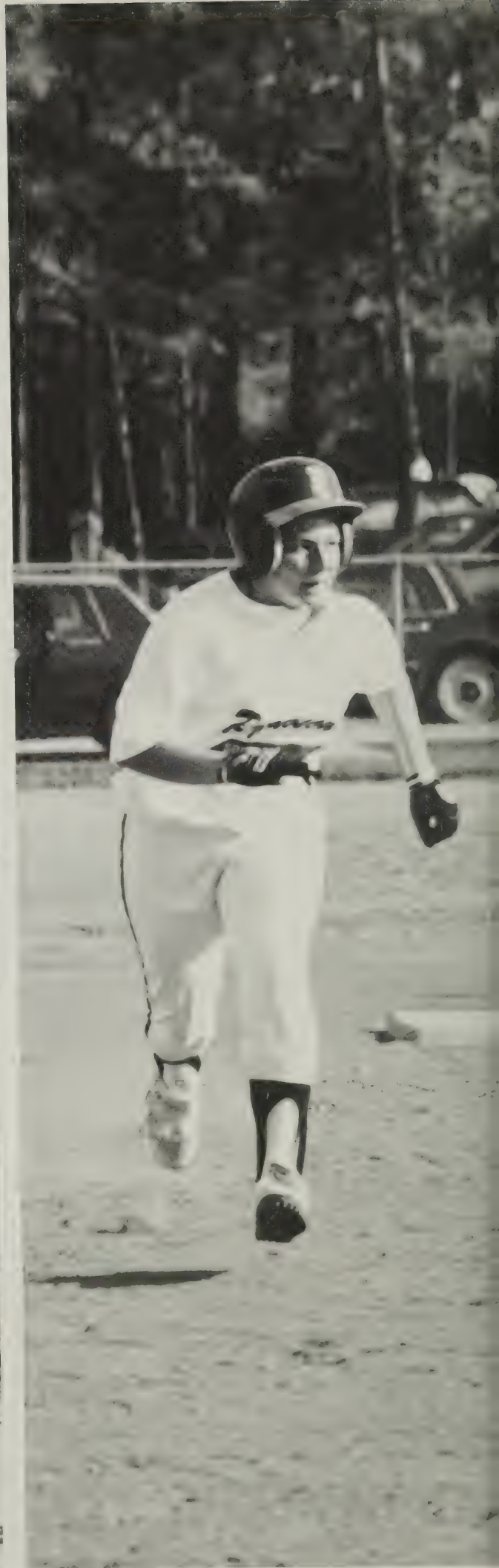


Big Gun. In the top of the sixth inning, freshman shortstop Jennifer Davidson throws out a Nansemond River shortstop. A strong infield helped hold the Lady Islanders' 3-2 lead.



Strike One. After a foul tip by the Tabb opponent, senior catcher Anna Ward quickly blocks the ball, preventing an easy steal. Ward said, "It's hard to keep an eye on foul tips, they can go anywhere." The Lady Islanders avenged the district loss by beating Tabb in the regional tournament 8-6.

Hey Batter, Batter...Swing Batter. Waiting patiently for the perfect ball, junior left fielder Amy Taylor picks out her pitch against Nansemond River. Taylor said, "It's hard to just let balls go by, no matter how bad the pitch." Poquoson beat Nansemond River 8-2.





Captains Courageous. Preceding the district final match-up against Tabb, Poquoson senior captains Anna Ward, Christine Forsythe and Valerie Firth, along with coach Ed Spain, confront the rivals. The Lady Islanders fell short of the district title, yet took the regional title from Tabb with a score of 8-6.

Softball 15-6

Smithfield	12-0
Norfolk Collegiate	11-2
Southampton	11-1
Lakeland	11-0
York	0-10
Bruton	23-2
Tabb	8-9
Nansemond River	8-2
Smithfield	41-1
Lakeland	19-10
Bruton	18-1
Southampton	10-3
York	6-4
Tabb	5-15
Nansemond River	4-0
Nansemond Suffolk	6-8
Nansemond River	3-2
Tabb	1-15
Nottoway	7-2
Tabb	8-6
Turner Ashby	2-3



Softball. Front to Back. Anna Ward, Valerie Firth, Christine Forsythe, Manager Damian Salas, Remeie Diggs, Heather Ivy, Elizabeth Leeson, Jenny Phillips, Amy Taylor, Jaimie Douglas, Jennifer Davidson, Michelle Watkins, Manager Daniel Mathis, Coach B.L. Bradshaw, Angie Houston, Lorrie Perok, Christinia Dominguez, Tracy Morse, Leslie Inge, Stephanie Andres, Shannon Weisner, Christy Diggs, Coach Ed Spain.

No Need to Fear Underdog is Here

"We just wanted one more shot at them. One more chance to beat Tabb."

Senior co-captain Christine Forsythe and the rest of the girls' softball team got their wish. The Lady Islanders defeated arch-rival Tabb 8-6 in the finals of the regional championship.

First baseman Christina Dominguez said, "Beating Tabb was the definite highlight of the season. Having lost to them in previous confrontations, we were seen as the underdogs."

Agreeing, freshman short stop Jennifer Davidson said, "Nobody thought we were going to do it. I think that's what pushed us to win."

The Lady Islanders not only brought home a regional tournament championship trophy, but also a multitude of district honors. Senior Captions Valerie Firth and Christine Forsythe

Even though they were seen as underdogs throughout the regional tournament, Lady Islanders were still victorious

made the First Team All-District. The second team consisted of senior catcher Anna Ward, junior center fielder Jenny Phillips, and pitchers Lezlie Inge and Elizabeth Leeson. First year short stop Jennifer Davidson made honorable mention.

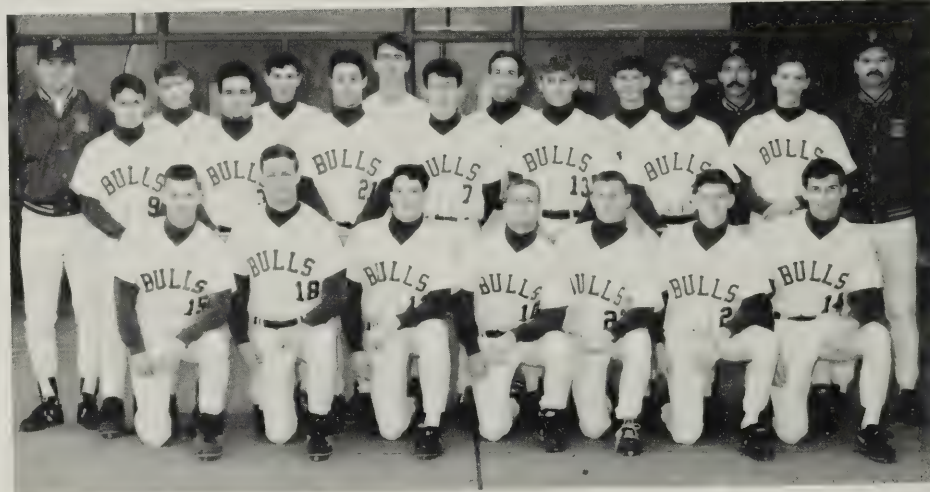
The senior captains provided leadership for the rookies. Firth, Forsythe and Ward all helped build the upcoming starters into a strong team. Second baseman Angie Houston said, "Our seniors were really encouraging and I feel I learned a lot from what they had to show me."

Phillips described the camaraderie among the players. She said, "We had fun. That's what's important. We played as a team and we all have become great friends."

Coach Ed Spain summed up the season. He said, "15 and 6 speaks for itself. It was a great season. They proved to be champions."

Baseball 8-9

Maury	1-4
Clearfield	16-8
Norview	15-4
Smithfield	17-0
Southampton	14-1
Lakeland	3-5
York	6-13
Bruton	7-10
Tabb	7-13
Nansemond River	3-12
Smithfield	14-4
Lakeland	8-1
Bruton	11-1
Southampton	1-3
York	6-5
Tabb	6-11
Nansemond River	0-14



Baseball. Front to Back. Wayne Seal, Bobby Scott, Eric Lobach, Treye Hardaway, Kelly Keeton, David Major, Marty Ploetner, Chris Sherman, Jimmy Jones, Paul Watlington, Marcus Jones, Kevin Finucan, Mike Andrilunas, Dwight White, Coach Yeager, David Smithley, Jimmy Ruehl, Tom Jones, Joey Harris, Chris Riley, Coach McConell, Coach Evans.



Here's The Pitch. Total concentration on the plate, first base, and the catcher's play signal enveloped the pitcher on every single pitch. Senior Marty Ploetner uses this art as he throws a pitch. He was a pitcher on the team for four years.

Players Work Together To Overcome Setback

"And it's one, two, three strikes you're out at the ole ball game."

The baseball team went into the season with their goals set and their hopes high. Their goal was to make it to the state tournament. Their many experienced players and their positive attitude made this achievement reachable. However, many other teams in the Bay Rivers District had the same idea. Senior Treye Hardaway said, "It definitely wasn't the season we expected. We should have been better, but when it all came down to it, we wanted to win so much that we didn't play as a team."

Senior Kelly Keeton agreed. He said, "We really didn't play together when we needed to. But the season was still a lot of fun."

The home game against York was the most exciting game of the season, according to first baseman Bobby Scott. "It was the bottom of

*Boys
struggle
through an
unexpectedly
difficult
season with
a fifth place
finish in
district*

the seventh inning and we were down by one. We came back with two runs to make the score 6-5."

The structured practices consisted of warm ups, taking infield and outfield practices, hitting, and conditioning. Senior Wayne Seal said, "The practices were just as hard as any other sport's practice, but all the fun we had made them pass by much quicker."

A good morale is vital when it comes to team sports. Sophomore Chris Sherman said, "Our team had a good attitude. Although our record didn't show it we did have a good season, but we had potential for an even better one."

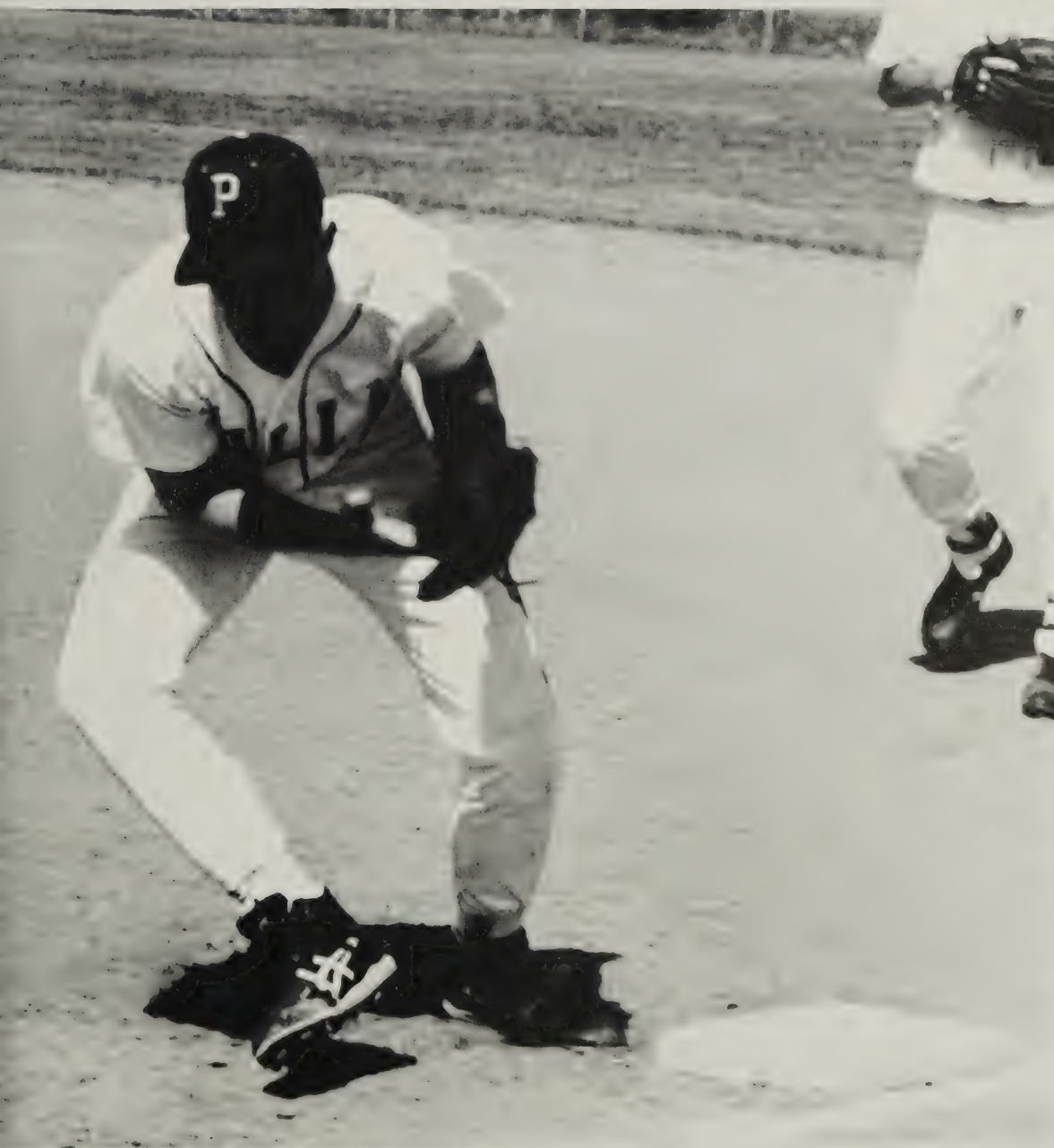
Several individuals were recognized with district honors. Eric Lobach, Dwight White, and Marty Ploetner made second team all district and Treye Hardaway made honorable mention.



Just A Little Outside. Waiting patiently for a good pitch, junior Tom Jones watches the ball. His decision was a good one when the call became "ball two."



A Grounder's Coming In. Flexibility was almost vital in the game of baseball. Sophomore Paul Watlington lunges towards a grounder. Grounders were tricky to glove because of the bumps on the field and the need to keep touch with the base.



Plays at Frst. A line drive to first base was a baseman's dream come true. Senior Bobby Scott covers first base to tag the runner out.

Use Those Muscles. One of the skills midfielders had to have was to throw in the ball. Senior Evan Robertson hurls the ball to the offense to give scoring opportunities. "We always used throw-ins to develop an attack," said Robertson.



Take It Down The Field. When the ball came down to the defense, their one job was to get it up to the offense. While passing the ball junior Chris Clemins calculates exactly where he wants it to go.



Brace Yourself. Collisions in the air were often a part of soccer games when players fought for the ball. Senior Ryan Diebler gets ready to trap the ball while he keeps his opponent away.

True One-On-One Combat. After collecting the ball with his chest, senior David Mitchell gets the ball away from his opponent. "Coach has always told us to run through the ball," said Mitchell.





Here It Comes. Goal kicks were awarded when the opposing offense kicked the ball past the end line. At Bruton, junior Scott Neilson takes a goal kick and clears the ball up the field. The final score was 5-1.

Varsity Soccer 10-2-3

Green Run	2-2
Gloucester	2-0
Ferguson	6-0
Hampton	2-2
Lafayette	1-1
Princess Anne	2-0
Oscar Smith	3-0
Great Bridge	3-0
Tabb	3-2
Nansemond River	11-1
Bruton	5-1
York	1-2
Smithfield	6-1
Southampton	2-0
Tabb	0-2



Varsity Soccer. Front to Back. Colby Hale, Scott Neilson, Wes LaBelle, Pete Nadolny, Phil Prichard, Dave Mitchell, Chris Clemins, Evan Robertson, Jesse Spencer, Mike Samos, Shaun Routten, Ryan Richter, Greg Richter, Ryan Deibler, Brian Sutton, Jeremy Ross, Coach Canaday.

District Competition Proves To Be Hardest Struggle

Sweat glistens and rolls off many foreheads. The once clean white uniform is now smothered with soil and grass. Muscles begin to ache as the body slows down. Another soccer game has come to an end.

The team ended the season second in the district behind York. Their record was 10-2-3. The second loss was to Tabb in the district tournament.

"Losing to York was bad, but we really choked against Tabb. Maybe people who are returning will realize that it takes a little more to be the best than beating a bunch of scrub teams during the regular season, but I had fun," said junior Chris Clemins.

The team hailed the defense as one of the reasons they did so well. They were not scored upon until halfway through the season. Sophomore Ryan Richter said, "Our defense had a great season. Scott, Dave, and

*The season
looked
hopeful as
team con-
tinued
winning.
This aided
them in
achieving
second
place*

Greg did a great job with clearing out the ball. Next year the defense won't be as strong."

Coaches often claimed that attitudes were the most important thing. Although they didn't take the place of skill, this team had both.

"I think this is one of the best skilled teams I've played on. We had the right attitudes to go all the way but we couldn't always pull it together," said senior Phil Prichard.

The team consisted of seniors, juniors, and sophomores. Taking underclassmen on the varsity team helped the players for years ahead.

"I was really glad to make the team as an underclassman. It gave me experience for future years. My nose still hurts though," said sophomore Jeremy Ross, who was kicked in the face during the game against Southampton.



A Valiant Effort. In an attempt to clear 9' in the pole vault, freshman Jason Abbott plants his pole and drives over the bar. "Pole vaulting takes a great deal of arm strength and speed," said Abbott.

Girls' Track

3-4

Tabb 66, Smithfield 35
Poquoson 57

Lakeland 89, Poquoson 34

Nansemond River 31,
Bruton 90, Poquoson 43

Southampton 30, York 70,
Poquoson 58



Girls' Track. Front to Back. Heather Shifflett, Jessica DeWitt, Amy Crews, Kim Little, Renee Pomroy, Brandy Culbreth, Kim Shifflett, Chelsea Patterson, Kate Garvey, Christine Geppert, Kathleen Kreiger, Maren LaBelle, Christy Brumley, Amanda Brown, Katie Nolan, Angie Romero, Jennifer Staton, Jennifer Haczewski, Danielle Nicely, Becky David, Mgr. Ashley West, Mgr. Richina Wood, Gretchen Zohn, Laura Kukich, Angela Taliaferro, Amanda Robertson, Shannel Morgart, Christina Silcox, Johanna Lemmons, Mgr. Lisa Baker, Coach Julie Parker.

Team Structure Sends Ten To State Competition

Bang! Bang! Bang!

No, not the sound of a gun, but the sound of hurdlers hard at work. Freshman Angela Taliaferro qualified for state competition in both hurdle events. Taliaferro said, "I three stepped for the first time. It was the biggest adrenaline rush."

Junior Chelsea Patterson advanced to regionals by placing fifth in the high jump at districts. "I didn't think track would be my cup of tea, but I guess I was wrong. Track really gave me a sense of accomplishment," said Patterson.

The track team had a change of leadership in obtaining a new head coach. Coach Jeff Jackson took over for coach John Forrest. "It was time for youth to take over. My old age was getting to me," said Forrest.

Senior Brandy Culbreth took first in the district in the long jump, setting a meet record

With an experienced team and new coaching staff the track team speeds through to finish with power and effort

with a jump of 17'2". Culbreth said, "I've really enjoyed being part of such a great program for the past four years. The coaches and other runners have been great. I'm really going to miss it."

Ten athletes advanced to the state competition. This was the most in the past five years. They were seniors Culbreth, Chris Robinson, Brent Waters, Tom Ellison, juniors Karen Holst, Jeff Montgomery, Rachel Sills, Kim Shifflett, sophomore Nick Creasman, and freshman Taliaferro.

In addition to the state qualifiers, three athletes also qualified for regional competition, juniors Jessica DeWitt, Heather Shifflett, and Wyn McPherson.

Expectations were not always met. Junior Gus Goddin said, "I improved a great deal since the start of the season, but I still didn't end up where I wanted to be."

Boys' Track 2-5

Tabb 90, Smithfield 34,
Poquoson 43

Lakeland 94, Poquoson 40

Nansemond River 87,
Bruton 63, Poquoson 14

Southampton 29, York 90,
Poquoson 45



Boys' Track. Front to Back. Gus Goddin, Tommy Firth, Mike Chauvin, Ben Pearce, Eddie Vande-Mortel, Jim Wilson, Rod Pauls, Brian Harrold, Jason Hazen, Eric Staton, D. J. Crawford, Steven Carmines, Rick Bennett, David Abel, Tom Ellison, Jimmy Welsh, Mark Davis, Ben Ford, Chris Robinson, David Ward, Brent Waters, Lee Smith, Jon Roberts, Brian Roe, Chad Carter, Jeff Montgomery, Jon Abbott.



Winded. After the 100m dash, junior Kate Garvey and freshman Maren LaBelle stand by awaiting their times. "My recovery time improved so much since the beginning of the year. All the hard work really paid off," said Garvey.

At Arms Length. In the 4x100m relay seniors Brent Waters and David Abel pass the baton. Waters said, "I usually throw the discus, but this year I tried something new. I really liked sprints."

Girls Rally To A Finish Of Third In District

The constant rhythm of the ball against the pavement creates a pattern. A pattern of victory. The girls' tennis team strengthened, taking them to a third place finish in district.

The team was the largest ever, with twenty-three girls. Along with the unusual numbers of girls, they were faced with finding a new place to practice until their courts were completed. The girls traveled to Back Creek Park in York County everyday until the first of April.

Senior Julia Shaw said, "Out of my four years on the team this was by far the best year, personally and for the team as a whole." Shaw's highlight of the season was defeating the district tournament champion from Tabb, Sonya Iyre. This was another thrill for Shaw because of the rivalry the two schools hold.

Senior Tera Brazas took fourth place in the district tournament. Brazas said, "Based on

After season's slow beginning, girl netters work their way up to obtain team success and personal goals

my personal district record I was surprised at the outcome, but was extremely excited. It was a great way to end my senior year."

The girl netters worked hard to gain a place on the ladder. The team consisted of three different group levels. The top group had the first ten girls. Six who competed at each match. The top six girls were Julia Shaw, Tera Brazas, Valerie Sledd, Lisa Shores, Lauren Verser, Beth Cheavens and Becca Caven. The other four were able to gain experience during exhibition matches which were played with other athletes who were not ranked.

Regardless of the slow start, the team continued to add up more victories and ended with a final record of 6-2. "Finishing third in district was exciting and I hope we can go that far for my senior year," said junior Lauren Verser.

Girls' Tennis

7-3

Peninsula Catholic	7-2
Walsingham	0-9
Matthews	8-1
Tabb	2-7
Bruton	7-2
York	6-3
Lakeland	1-8
Smithfield	9-0
Nansemond River	6-3
Southampton	5-4



Girls Tennis. Front to Back. Laure Asakura, Valerie Sledd, Tera Brazas, Lauren Verser, Beth Cheavens, Katie Cox, Julia Shaw, Lisa Shores, Marina Valdez, Claire Fredericks, Leanne Phillips, Sylvia Corneliussen, Melissa Moore, Melissa Messick, Krista Meyers, Becca Caven, Jennifer Kahng, Amy Blankenship, Sarah Evans, Claire Shanafelt, Addie Drivas, Blair Hardaway, Channon McQuoid, Coach Kenny Bennet.

Getting Low. Coming up from underneath the ball, junior Lisa Shores recovers a lobbed return. Quick adjustments were needed to keep a consistent match.





Form. Positioned and ready to swing, Julia Shaw sets herself up with the ball. Preparation was important to help execute the shot. Shaw won the match 6-3, 6-4.

Complete Swing. Following through on a swing guaranteed a stronger and straighter hit. Freshman Valerie Sledd watches the return to determine her next move. Though only a freshman Sledd was already seeded number three.



Balance. Some returns required quick recovery. Senior Tera Brazas saves a low return. Saves such as these helped Brazas gain her victory and place fourth at the district tournament.

Boys' Tennis Earns Second in Region

After a reassuring nod from Coach VanDervort, a player clad in maroon warm-ups sits calmly against the fence. He sips water between change over games. Meanwhile, the opponent whines for sympathy to a coach who patiently paces about as his team loses confidence. Experience.

With four seniors, a junior, and a sophomore in the starting lineup, the Islanders tennis team knew how to win.

Senior veterans Arun Rao and Brian Lambiotte spread their dedication, since both were a part of the team for four and five years respectively. "This year, all of us were really motivated. Even when it rained, we went to Centre Court to hit. All of the seniors were team leaders this season, and it paid off," said Rao, who lost only one district singles match during his career.

Senior Brian Vlaun said, "Playing for Po-

By concentrating on teamwork and stressing importance of every match, boys' varsity tennis triumphs

quoson has been quite an experience this year. Coach VanDervort has a way of instilling mental toughness in us. That's why we won so many matches."

The resurfacing of all seven courts caused some inconvenience during the early part of the season, since the project was delayed due to weather. Nonetheless, once the team adjusted to their own home court, the advantage of having a new surface became apparent during the matches, as well as in practice.

"We were able to psyche out our opponents at number one doubles. I'll never forget that last match against the Maymis (of York)," said junior Nick Pennow.

Victories over Tabb and Bruton provided extra confidence for the post season matches. Although the Islanders didn't meet their goal of reaching the state tournament, they undoubtedly had a successful season.

Varsity Boys' Tennis 11 - 2

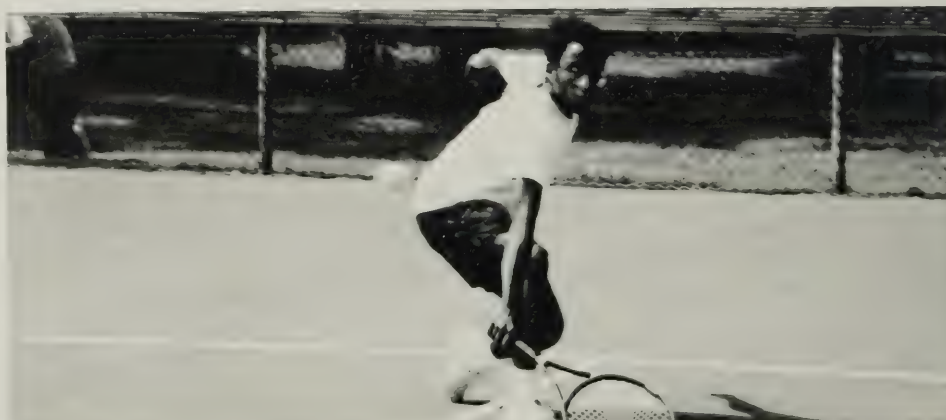
Hampton	9-0
Kecoughtan	6-3
Menchville	8-1
Phoebus	8-1
Tabb	8-1
Bruton	7-2
York	3-6
Lakeland	9-0
Smithfield	9-1
Nansemond River	9-0
Southampton	9-0
Brunswick	9-0*
York	3-6*

* Regional Tournament



Boys Tennis. Front to Back. Brian Lambiotte, Ryan Ward, Sven Finucan, Nick Pennow, Arun Rao, Mr. Mark VanDervort, Jeremy Seltzer, Judd Compton, Mike Anderson, Miah Caven, Steven Louk, Ben Goldman, Geoff Gatz, Kevin McClellan.

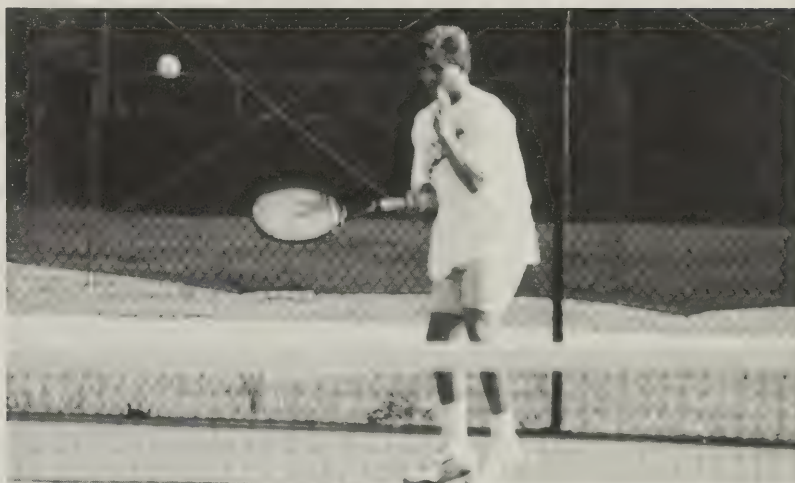
Nice Touch. With careful precision, senior Arun Rao prepares to attempt a difficult baseline dropshot. "Sometimes it is more important to make an opponent move than it is to overpower him," said Rao.





Aim High. Senior Brian Vlaun reaches up to a serve in the home match against Tabb. Vlaun was district and regional runner-up, finishing with a 14-4 record.

Keep Focused. Deep on the baseline, Senior Brian Lambiotte watches the ball as he returns a forehand. Lambiotte said, "I use my strength to defeat my opponents."



Follow Through. Junior Nick Pennow demonstrates his form as he serves with a new racquet. Pennow said, "I changed racquets in the middle of the season, and it took me a few matches to adjust." He went on to finish 7-3.

Subjects

Crunchtime. Last minute cramming before a test. Feeling pressure?

Many students triumphed over tough times and came up with good grades. With seven subjects, often tests for more than one class fell on the same day. Studying for more than one test was not a problem for sophomore Angie Romero. She said, "I do all of my homework, so there isn't much to study for the night before."

For students with after school activities, studying the night before could sometimes be a problem. Senior Greg Richter said, "Sometimes I have to study days before a big test. Teachers seem to schedule tests the day after away soccer games."

Whether it was cramming, studying a little at a time, or simply paying attention in class, students were sure to **COVER THE SUBJECT.**





Attention Please. Every morning, the announcements were read by junior Chris McDaniels. The announcements covered everything from club meeting schedules to highlights of the week's sporting events.



Show and Tell. Thomas Carter, a guest speaker from NASA for Mrs. Martin's math classes, demonstrates his application of math skills used on the job. Senior Eric Staton found the presentation to be very interesting. He said, "I am really into airplanes and helicopters, and Mr. Carter uses math formulas in developing rotary blades for the aircraft."



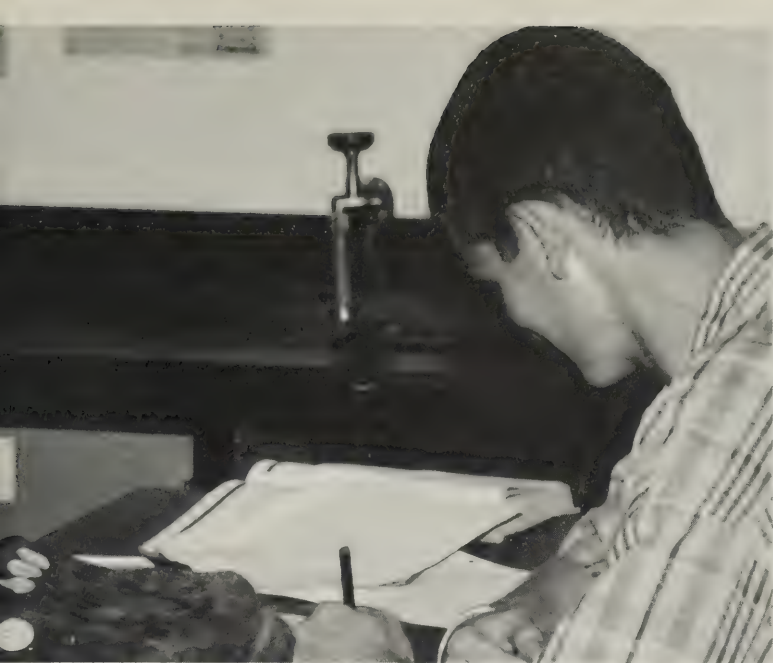
Boiling Over. Being exact was necessary during all science labs. During chemistry class junior Becky French checks her lab to make sure she has the right boiling point.



Whistle While You Work. In science many students had a chance to help the environment. While senior Brad Juhl looks on, juniors Amy Crews and Chelsea Patterson carefully help Mr. Scott LaRue plant a tree. Crews said, "I'm really glad we got to replant the front of the school. It was hurting for something new."

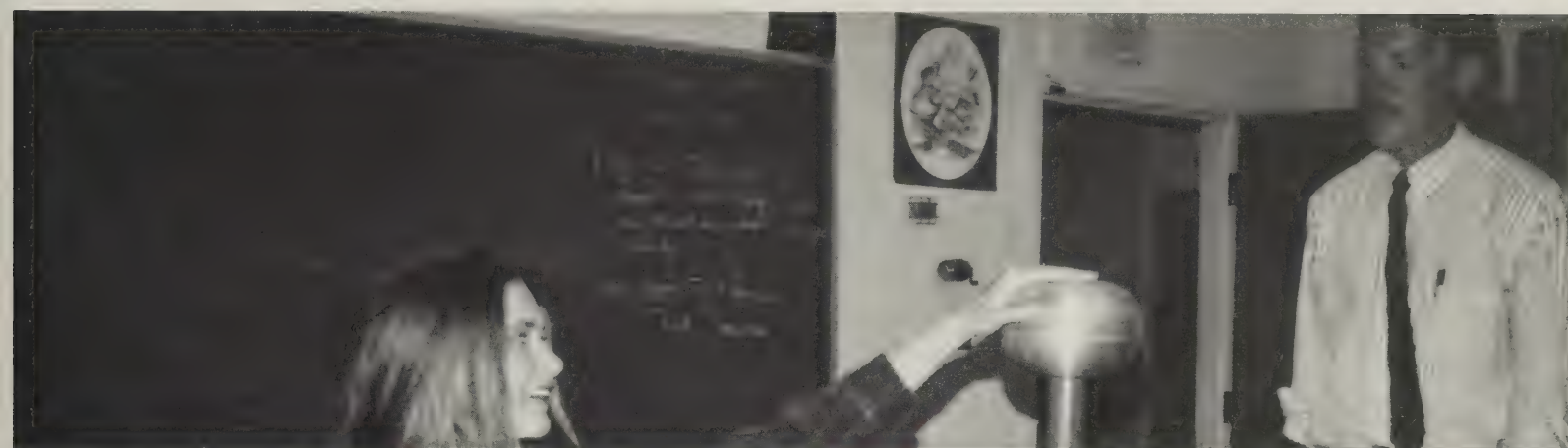
Exam Cram. A quick review was common for students before a test. Before her chemistry test, freshman Sarah Bailey checks her knowledge. "Reviewing before a test keeps the information fresh in my mind," said Bailey.





Early Finish. During chemistry class, freshman Mike Rogers finishes his assignment. "I like to finish my homework in class so I don't have to take it home," said Rogers.

Feeling A Little Energetic? Labs were always a major part of science. During Mr. Jeff Jackson's first hour physics class, junior Gigi Gurtis goes along with an experiment. "It took me awhile to figure out that everyone was laughing at my hair," said Gurtis.



trying science

"Decisions, decisions. Which to choose? Ecology? Chemistry? Oceanography? Genetics? Anatomy? So many science electives to choose from, so I think I might just take what I want."

Unfortunately, many students had to choose electives to complete their graduation requirements. "This year I took Oceanography and Ecology as electives. After I finish Ecology I won't have to take any more science courses, even though I probably will," said junior Reesa Davis.

More often, students chose science electives because they seemed interesting. Some students opted for a course that would help them out in

Choosing science electives proves to be difficult, important decision

college. Junior Stephen Turbush said, "Even though Organic Chemistry and Academic Chemistry are difficult courses, they will really help me when I go to college. Plus some of the stuff I learn in there is really cool."

Of all the science electives available, Organic and Academic Chemistry seemed to be the most difficult. At the same time, they were also two of the most rewarding classes. Senior Renee Valliere said, "Organic Chemistry can be really difficult if you get behind, but the information I learn will be really important to me in the future."

With all the various classes and all the knowledge students had about

those classes, choosing what to take was often very difficult. For senior Sven Finucan, it was a bit easier. "When I had to work out my schedule, I couldn't decide if I should take Organic and Academic Chemistry or Anatomy and Genetics. I thought about it for a while but in the end I decided to take them both," he said.

Once the decision was made, the students settled into one semester of their specific science. Hopefully they made the right decision and enjoyed their class. "I really like Genetics," said junior Kate Garvey. "The work isn't too challenging and I get to learn a lot of important stuff."

studying hard

Imagine you worked an entire year just to have it all come down to one test. This was the fate of those daring enough to take AP American History.

One cumulative test was all that stood between them and next year. With all this pressure students chose various methods in which to study. Junior Laura Wadesaid, "I got in study groups with friends and went to study sessions held by Mr. Wright, the AP teacher."

Studying in groups was a popular choice for students trying to make the grade. "My friends and I got in groups and studied together, this gave us a

AP
history
test
creates
stress,
study
habits
reviewed

chance to share our knowledge," said junior Scott Miller.

Junior Jeff Montgomery agreed that group study was the best way to comprehend. "Working in groups was definitely the way to go," he said. "It was more fun and made it easier to learn. I don't think I could have sat at home by myself and learned as much as I did in the group."

Other students didn't see the need to study for their exam. Junior Karen Holst said, "Studying wasn't for me, I intended to learn by osmosis."

Junior Reesa Davis said, "I bought *A Cartoon History of the United States*, and just studied

from that. It might seem like a joke, but I really think it helped.

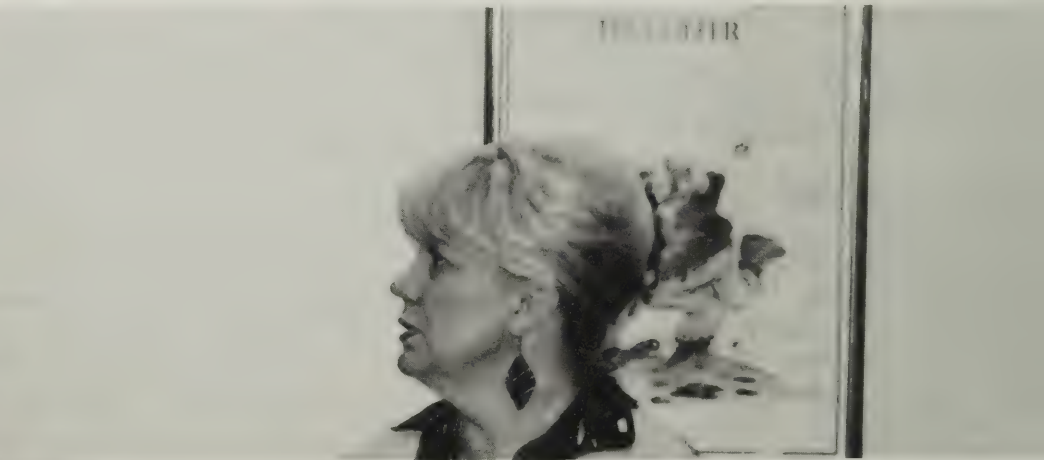
With varying ideas on the best way to study, students were ultimately left to make up their own mind.

"It all depends on how you want to study, what you think will help you best. It's really just a judgment call," said junior Michelle Bowden.

With decisions to make and questions to answer the mounting pressure of the upcoming test was sometimes unbearable. Junior Michelle Hirsch summed it up by saying, "The stress before the test was crazy. I was up all night studying."



Very Interesting. Guest speakers often visited the various social studies classes to discuss their jobs. Mrs. Carol Zak asks a couple questions of her guest speaker before he gets in front of the class.



Two Heads Are Better... Students often found it beneficial to form study groups when preparing for a big test. Computer also helped sophomore Cory Coleman and senior Damien Salas study. "Between the three of us and this CD-Rom we should be OK," said Salas.



I Hate Essay Questions. In order to prepare for AP tests, students did vocabulary, short answer and essay questions out of the book. Senior Rod Pauls works out of his book during class. "Vocabulary isn't difficult, but it's very time consuming," said Pauls.



I Want To See Too. When studying for an important test, some students found it difficult to get any privacy. Senior Ricky Belvin strains to see what page senior Jacob Hopping is on. "Sometimes it was hard to concentrate on what you were studying," said Hopping.

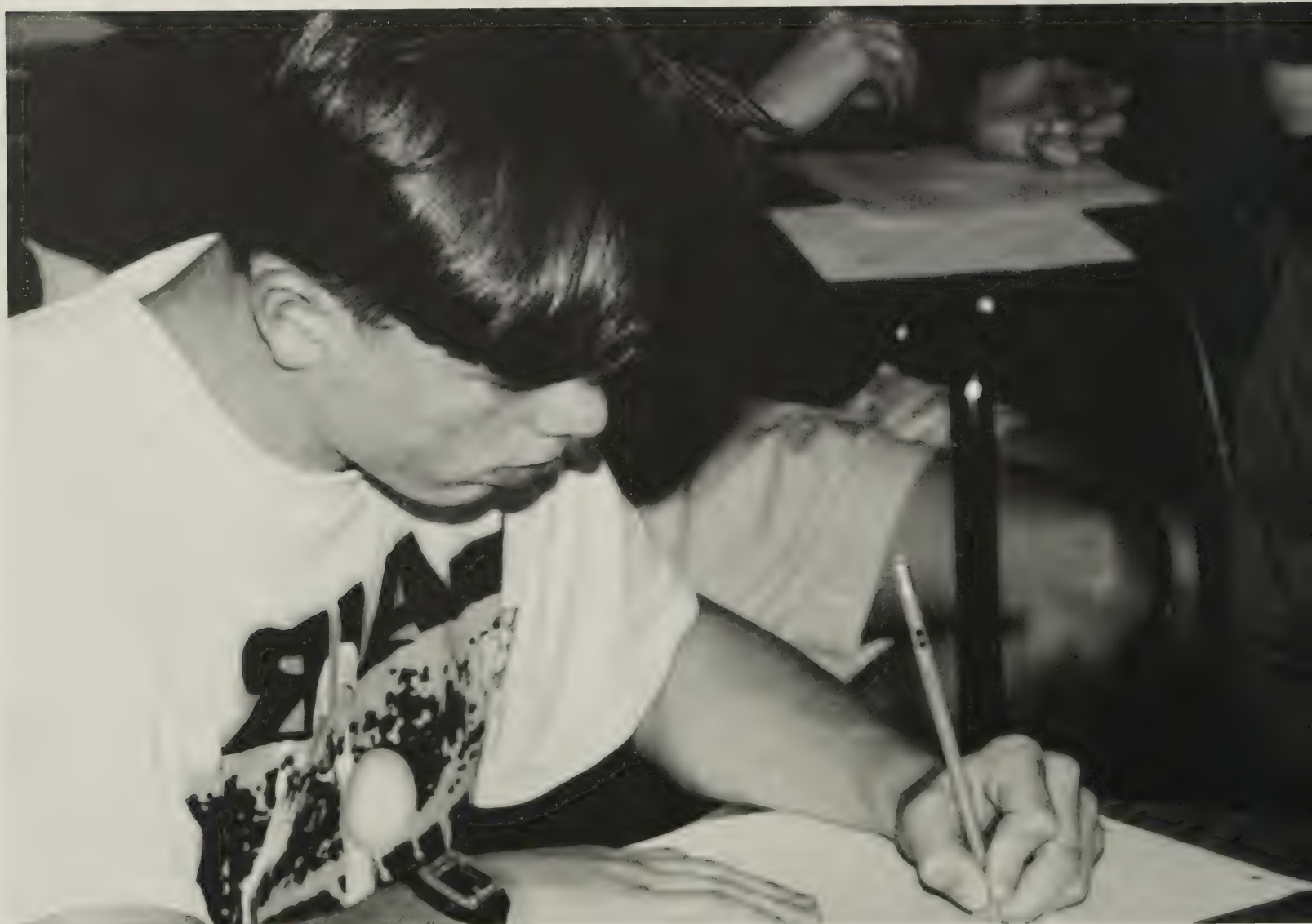
Classic Concentration. When it came time for the AP American History test, the library became a second home to many students. Senior Greg Richter finds a quiet corner of the school library where he can bone up on his Civil War knowledge.



How Do You Work This Thing? Even teachers found that they couldn't do it all by themselves. They too often used calculators to get out of tight spots. Mr. Jeff Jackson uses his calculator to tabulate the track team's score at district meet.

Are You Talking To Me? Taking a break from his math homework, junior Jon Camden prepares to ask a question. "I try to do as much of my homework as I can by myself, but sometimes I need a little extra help," said Camden.

Pythagorean What? Quizzes gave students a chance to put their knowledge to the test. Freshman Jason Abbott calculated one of Mrs. Janet Knight's quick quizzes during geometry class. "My calculator really helps with the different geometric equations," said Abbott.



graphing it

As the teacher places the test on your desk, you instantly realize that you have forgotten everything you studied last night. What are logarithms? What in the world does cosine mean? Then, as quickly as it came, the panic subsides. This test will be no problem...as long as you have your trusty calculator.

The most sophisticated in calculators was the TI-85 graphing calculator. If students were willing to pay the money, they could own the best. Junior Jon Abbott said, "Just recently I bought a new graphing calculator for about \$80. It takes time to learn how to operate it, but once you learn you

Calculators in classes, math keeps up with technology

can do almost anything."

Still, having a graphical calculator wasn't required for the upper level math courses. "I was going to buy a graphing calculator this year, but decided against it," said senior Sonny Emerson. "It would have helped a lot of times in math class but I never really needed it."

For many students a simple, inexpensive scientific calculator was a smarter option over the more complicated ones. "My scientific calculator isn't the best type that you can buy, but it still saves me a lot of time when I have to do my homework," said sophomore Mary Roberts.

Every student, regardless of age, seemed to own a simple four-function calculator. From multiplying to square roots, the basics of math were covered by this machine. Freshman Richina Wood said, "I'm only in ninth grade so I don't need any of those fancy, expensive calculators. My little four function solves any problems I might have."

No matter what type you own, a calculator can greatly reduce the amount of work you need to do. Junior Patrick Benner said, "Math isn't really that hard, as long as you have a good calculator." Now just don't forget to bring it to class on test day.



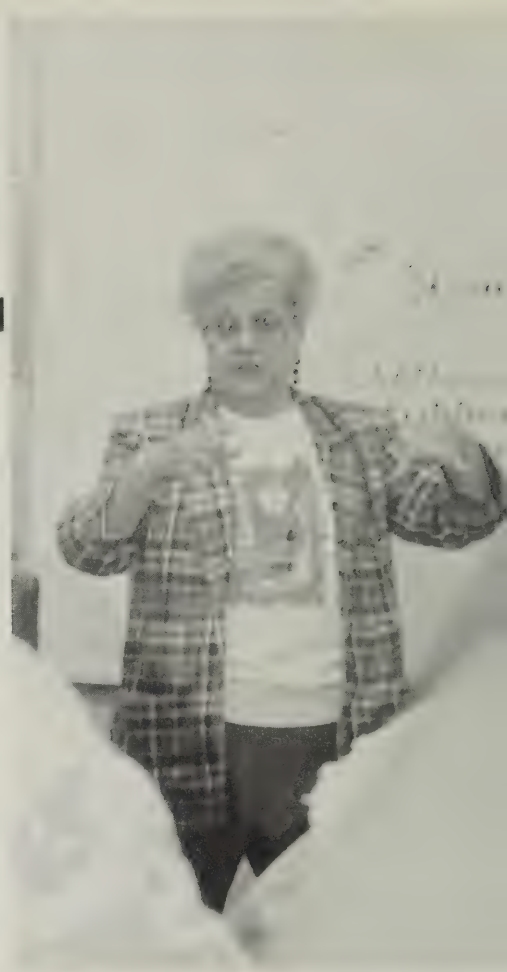
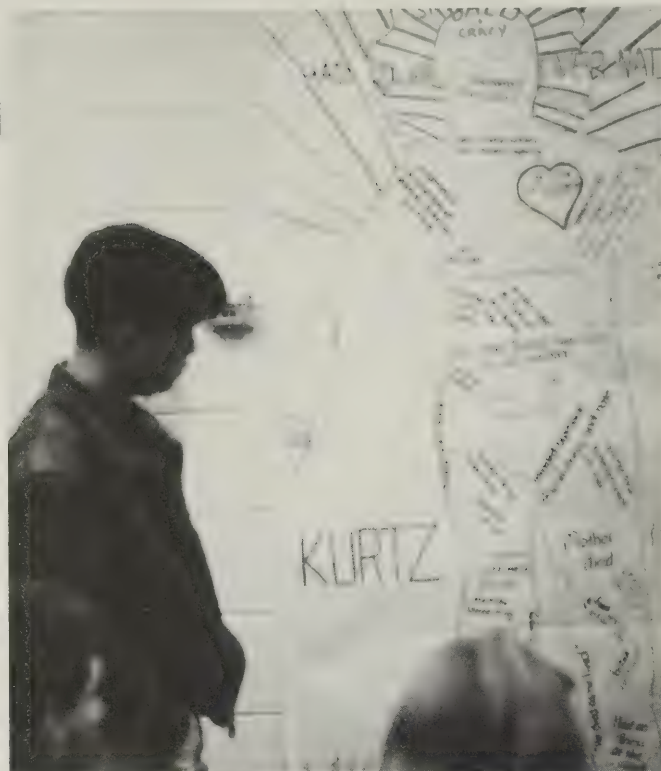
No, No, Like This. Some of the concepts taught in math class were difficult to understand, even with a calculator. Mrs. Jeannie Martin gives some advice to junior Mitsi Fink that could help her answer a difficult problem.

It All Adds Up. After finishing a math test, freshman Jennifer Haczewski looks back over her answers checking for mistakes. "Even with my calculator I can sometimes make stupid mistakes," said Haczewski.

Pop Quiz! An important part of English was classical literature. After explaining a novel to her class, Mrs. Rita Kehoe shocks them by announcing a pop quiz. Keeping up with assigned reading was essential to passing.

Anatomy of a Language. Through drawing and painting, many students found it easier to picture the concepts taught in class. Senior Larry Asakura explains his art to the class. "I love projects like this one," said Asakura. "It's fun turning what you learned in class into artwork."

California Dreamin'. Twelfth graders everywhere found themselves in the grip of senioritis. During English class senior Robbie Pretlow relaxes in a corner and dreams of the upcoming summer at the beach.



writing woes

"My essay is due in two weeks and I haven't even started my rough draft yet!"

"These vocabulary tests are so stupid. You'd think the teachers would know we can spell. Besides, I'm never going to use these words anyways."

Sound familiar?

You could always be sure that when you heard those comments around school, they were talking about the dreaded English class. While some people found it hard, other students found it easy to do. Senior Kim Dixon said, "English, this year, really isn't as hard as I expected it to be."

Wherever you went there was

English
class
provides
language,
literature
to suit
all
types

always at least one out of three students who just couldn't understand why we took it. Freshman Richina Wood said, "I can't stand English. I think it's one of the stupidest classes that they make us take."

Most students just took their English class as an easy grade and a fun class. Junior Jackie Barnes said, "I think English is great. Mr. VanDervort is one of my best teachers. I've learned so much in that class."

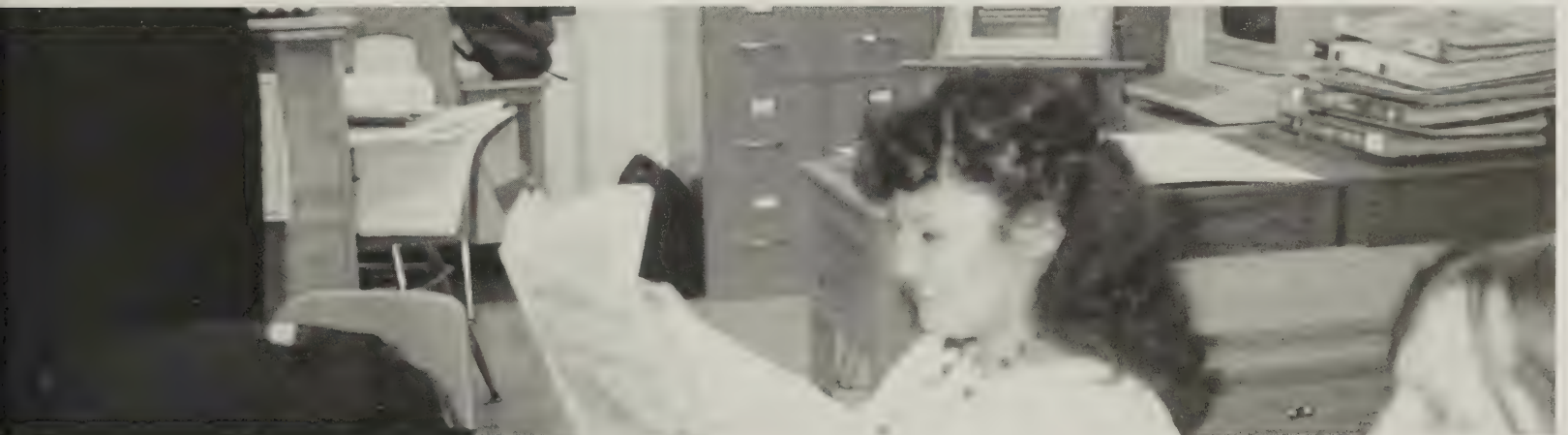
Some students didn't mind English as long as it was a certain kind. Freshman Sunny Clausen said, "English was easy. It was easier than last year, but Mythol-

ogy was a lot better. It was better than grammar."

Freshman Amanda Robertson said, "English in general is alright. The only thing that I just can't stand is poetry."

Even teachers had a preference for what kind of English they taught. English teacher Mrs. Rita Kehoe said, "I love British literature. That's mainly what I teach, and I just love that kind of literature."

Whether you liked English or not everyone had to take it for four years. It all came down to it just being one of those necessary things that everybody needed to graduate.



Hold Still Now. For the make up unit in Drama class, Mrs. Sandy Katz had her students paint each other's faces. Junior Reesa Davis paints a penguin on the face of freshman Amanda Robertson. "At the end of class everyone looked great," said Davis. "We all did a fantastic job."

A Current Affair. Journalism, an English elective, regularly puts out the school newspaper. Many students enjoyed reading about the school teams, current events and hot issues covered by the paper. Junior Jackie Barnes enjoys the paper in her free time.

leaving early

"I don't have to be at school for 6 hours a day!"

That's what alot of New Horizon students said was a benefit of the program. Students had a choice to leave in the morning from their house, or in the afternoon from school.

New Horizons gave many students a chance to prepare for their future. There were many classes offered at New Horizons. A student could enroll in a class from nursing to law enforcement. Junior Sunny Lee Hanson said, "I take nursing at New Horizons. I know that what I learn now is effecting my immediate future."

New Horizons also offered a

New Horizons expands learning, offers change of scene

chance to meet new people. Other schools on the Peninsula were also involved in the New Horizons program. Junior Laura Liscum said, "I've met some neat people through my dental hygienist class. It opens up new things to do over the weekend, and new experiences."

An obvious benefit of New Horizons was the change of atmosphere. When students took the morning New Horizon class they were released at 10:15 and responsible for being back at the school by 11:00. Many students used that to their advantage. Junior Jeff Rowe said, "After New Horizons I have a chance to go

home and eat or stop McDonald's on the way back school. Little things like that h the day go by quicker."

Senior Krista Freeman said think a perk of New Horizons not having to sit in the same building for six hours a day."

The students taking the afternoon program were allowed leave after third hour and a had time to stop at home or fast food chain of their choice the way.

New Horizons was a choice many students, and a popular alternative to the six hour day. Junior Scott Seitz said, "New Horizons is for me!"



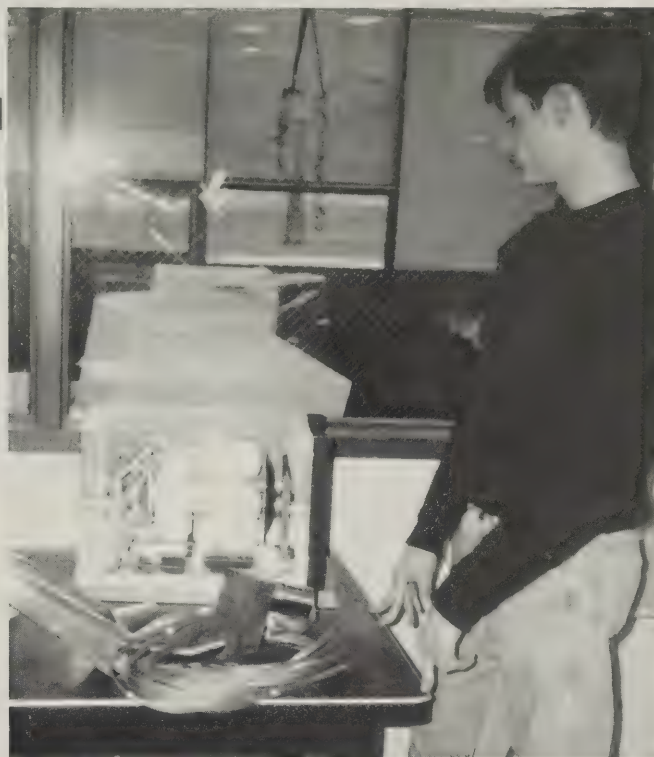
Your Pass, Sir. Matching interests with jobs was one of the harder aspects of ICT. Senior Michael Berland's interest in exercise matches perfectly with the job ICT found him at the Sentara Health and Fitness Center in Hampton.



Almost Ready. ICT tried to place students in jobs that they would be successful at and that they would enjoy. Junior Shannon Holloway's job as a mechanic fulfills both of these. "My job is great," Holloway. "I love rebuilding cars."



I AM Pressing Enter. New Horizons classes were often more demanding than conventional classes offered through the school. Senior Amy Miller uses the computers in the school library to research a project for her New Horizons class.



3,2,1 Take Off! In both New Horizons and ICT students prepared for future careers. Junior Brian Diggs works on aeronautical models at NASA as a part of ICT. ICT placed many students at jobs across the peninsula.

Watch Your Hands. Through ICT and New Horizons students learned skills and gained experience that would be used later in life. Senior Dwayne Skinner learned how to safely operate this heavy machinery. "It's really not that complicated once you learn how it works," said Skinner.



Almost Finished. Looking back at her subject for inspiration, freshman Claire Shanafelt puts the finishing touches on her sketch. "It was very satisfying to finally finish a project," said Shanafelt.



Hook Me Up. Art class offered students a variety of projects. Sophomores Stephanie French and Brian Page take advantage of their options by working on their latchhook projects.



Putting on a New Face. Halloween allowed art students and teachers to create unique faces. Art teacher Ms. Paula Weis carves up a personality for her pumpkin during class.



creating fun

Pencils, paper, eraser... O.K. I think I'm ready now.

Art class began with Ms. Paula Weis giving instructions to the class. Every couple of days she gave her art students a new project. "It's really neat to watch my Art I's as they go through to Art IV because they get progressively better over the years," said Ms. Weis.

Reasons for why art class attracted students varied. "I really love art, it gives me an opportunity to express myself. I come from a family of artists, and I've been exposed to art all my life," said junior Emily Adams.

A less enthusiastic reason was

Art
class
allows
students
to
express
them-
selves

given by senior Ben Ford. "I like art because it's easy, and the classroom has windows. I also like being able to talk while I work, it's a very relaxed environment. And, I didn't have to stress over the exam," said Ford.

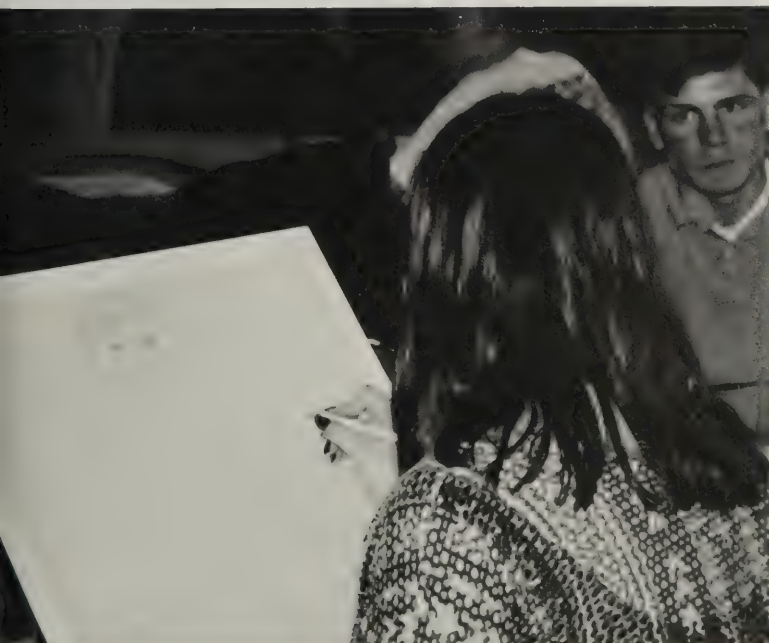
Sophomore Sarah Evans agreed. "I like art because it's relaxing. Ms. Weis makes it fun."

A challenging aspect of art for some was choosing a subject for the project. Ms. Weis kept a large collection of magazines for her students to look through. By flipping through a magazine, art students could come up with ideas that they might not have thought up on their own.

More experienced in Art IV, senior David Johnson mainly came up with his own ideas. "I usually do projects that deal with the things I'm interested in," said Johnson.

Another more pleasing aspect of art was working in different mediums. Paints, pencils, pen and ink, and clay were all mediums. Although mostly working in pencil for their first year, Art I's did have a chance to try their hand at something else. "I liked when we did the painting," said freshman Erin Gooding.

Whatever the project, it is obvious that art students had fun and stayed relaxed.



Hold That Pose. Art is open to interpretation. Trying her best to replicate her model, freshman Carmen Daniels sketches senior Aaron Freeman. Freeman said, "It was tough staying still for that long of a time but the picture came out good."

Just Underway. After receiving their assignment, sophomores Eric Diggs, Robert Quinn, and Stuart Brown begin their projects. "It was always fun to receive a new assignment because it was something different to work on," said Quinn.



6...7...8...9... Pushing himself to the limit in the weightroom, senior DJ Crawford curls in his Leisure Sports class. "It's a cool class to have at the end of the day," said Crawford. "It's just like recess."



Fastbreak. Sometimes at weightlifting athletes took a break to play a little basketball. Senior Chad Juhl drives past junior Mike Casey and goes for the easy layup. "Basketball is great after a hard workout," said Casey.

Pushing It. When weightlifting it was important to have someone watch or 'spot.' Senior Joe Topping receives help as he bench presses. Bench pressing was an essential lift for building chest muscles.





Hookshot. Many skills were required to play basketball effectively. Senior Rod Pauls practices his hookshot over junior Eddie VandeMortel's head. Even though Pauls made the shot, VandeMortel ended up winning the game.

Bigger, Faster, Stronger. As he lifts weights on the leg press machine, freshman John Tally concentrates on maintaining good form. "Lifting weights with bad form is about the worst thing you can do to your muscles," said Tally. "Good form is essential."



working out

The plaque is cracked and yellowing and showing the signs of old age. A legion of students have glanced up at it as they passed through the big red double doors. The phrase on the plaque was long ago accepted unquestionably as a fact. The best athletes at P.H.S. DO walk through the doors to the weight room.

The weight room was an essential part of several athletes' preseason programs. "I'm usually too busy to weightlift. About the only time I can is during the summer to get ready for the basketball season. The strength gained from weightlifting really helps me through the season,"

**Athletes
lift to
increase
strength,
stamina,
speed,
improve
game**

said junior Jeff Montgomery.

Bench presses and squat racks were also used effectively during the sports season. Many athletes used weightlifting to increase strength and stamina. "I love to max out on military press. It helps in cheerleading when I have to lift other cheerleaders over my head," said junior Reesa Davis. "If I keep working, soon I'll be able to lift almost any girl on the team."

Despite all the benefits offered by bodybuilding, some athletes considered it a necessary evil. Sophomore Brian Page said, "I had to lift weights in the gym for football, but I never liked it that much. It was too boring."

Unfortunately, not all sports were able to take advantage of the weight room. Field hockey was one of these sports. "I think that when Field hockey is rained out we should try lifting weights like other sports do," said sophomore Katie Cox. "We've never done it in the past but I think it would be a good idea for the future."

Overall, athletes enjoyed working out in the weight room. So much so that sometimes it became crowded. "The equipment is great, but there were too many people in there. It becomes impossible to get a decent workout," said senior David Major.

wedding bliss

The scent of freshly baked cake filled the air and the anxiety increased by the minute. The music began and everyone waited in anticipation for the bride.

This was not an unusual beginning to Mrs. Joan Wynn's class for two days. Two different family management classes each had a mock wedding with specific themes. First hour's theme was a Harley theme and second hour had a surfer theme.

"I got married to Brad Juhl in the surfer wedding. I had a really good time even though it was rushed," senior Anna Ward said.

Other students enjoyed these occasions for other reasons. "The

Mock weddings take place in Mrs. Wynn's classes

food at the reception after the wedding was excellent," said senior Brent Waters.

Family management classes also did a variety of cooking. "We got to plan the meals we made, then we would fix it and set the tables, and we would always invite a teacher to be our guest and eat the meal with us," senior Krista Meyers said.

Sophomore Danny Rogers, who was enrolled in life management skills, also enjoyed the meal preparation portion of the course. "Making and eating the meals was the best part of the class, especially when we cooked foreign foods," Rogers said.

In general, though, most students agreed that they were better taught many practical skills that would help them later in life. "The class was fun and it showed me how to do a lot of things like cooking and sewing that will help me next year at Longwood College," said senior Eric Lobach.

Junior Kate Garvey agreed with Lobach. "My family management class was really cool and I learned practical skills that will aid me later in life when I'm on my own," Garvey said.

Whatever home economics class you take will be a meaningful experience and will stay with you all your living days.



Waiting Patiently. Guests sat quietly as they anticipated the marriage of seniors Chad Juhl and Chanon McQuoid. Mr. Joe Garrity, junior Wendy Crandol, senior Holly Robbins, and Ms. Helen Small wait patiently for the ceremony to begin.



The Sacred Helmet. In this mock wedding, motorcycle helmets took the place of wedding rings. Senior Erin Kane carries the helmet as senior bride Chanon McQuoid fixes her hair. "The wedding was hilarious," said Kane. "Mr. Hopkirk was great as the minister."

Motley Crue. After all the guests were escorted to their seats, the ushers filed into their places up front. Seniors Wayne Seal, Aaron Freeman, and David Ward proceed down the aisle and await the bride's entrance.



Right This Way, Ma'am. Just like a real wedding, all guests were escorted to their seats by ushers. Senior Krista Meyers is led down the aisle by senior Treye Hardaway. Haraway and the other ushers helped the wedding to proceed smoothly.

Prewedding Jitters. Even though it was a mock wedding, senior Chad Juhl couldn't help feeling a little nervous. Juhl laughs off some of the tension with senior Brent Waters and minister Mr. Greg Hopkins.



Tower of Toys. During the chorus trip students found time to stop at the F.A.O Swartz toy store. Freshman Gretchen Zahn carries along her camera to catch all the action.



Just a Stroll in the Park. The Color Guard and Band is led down the main street of Universal Studios by band teacher Mr. Doug Spruill. The group spent the rest of the day at the park and the next at Disney World.

The Land of the Free. To get a taste of New York seniors Kerry Johanson and Julia Shaw visited Lady Liberty. Johanson said, "I was surprised how big the Statue of Liberty really was compared to the surroundings."



traveling far

Everyone loves field trips. Colonial Williamsburg, MacArthur Memorial, the Living Museum, we've all been there.

How about traveling 800 miles more? This was common for band and chorus members going on a spring trip. Chorus decided to go to New York while band opted for a warmer climate in Orlando, Florida.

Chorus, made of acappella choir, jazz choir, mixed chorus, baritone and Gold, and Band, along with band, used similar techniques for raising money. Senior Band Council president Tara Moore said, "The majority of fund-raising was

Spring trip presents exciting opportunity, needed break

through fruit sales. We also sold donuts, cookbooks, pizzas, and candy for extra money."

Fruit sales included selling fruit, unloading and organizing it after school on Friday and showing up early on Saturday morning to distribute the fruit.

Chorus had a similar approach. "We made our money off Country Pride candies, cheeses, and meats. We also sold flower bulbs and all-occasion gift wraps. The rest of the money came from the students who paid \$325 for the trip," said junior Melanie Finch.

The hard work paid off when all the money was made. "Everyone was eager to buy when I told

them what it was for," said freshman Becky David.

Once money was raised, it was time for fun. On April 15, chorus left for New York. Senior Renee Valliere said, "The days were packed with fun. My favorite was seeing the plays *Phantom Of The Opera* and *Crazy For You*." Later, the group visited the Empire State Building, Statue of Liberty, and homes of people such as Michael J. Fox and Dolly Parton.

Band spent a long weekend sunning on Coco Beach. Sophomore Marcus Jones said, "Some of the trip was free time, but we marched in a parade through Universal Studios."



Two Headphones Are Better Than One. On the charter bus to Florida, freshman Joe Flannery and sophomore Beth Gottschall listen to their favorite tape during their trip. "Everyone was wired on the way down but really quiet heading home," said Flannery.

Keep On Trying. Jazz Choir was one of the many classes that required a lot of practice. Seniors Keith Brittin, Brent Waters, and Eric Lobach try again at "Phantom of the Opera." "Remembering all the songs was difficult, but everyone had a really good time," said Waters.

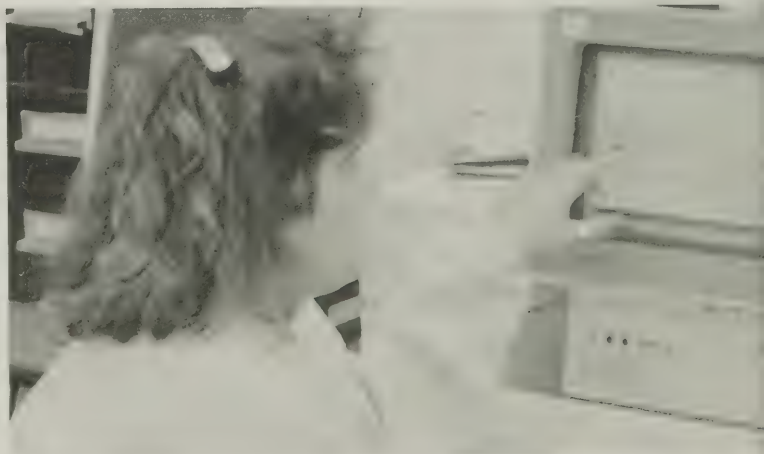


What a Pain! Students who parked illegally in the school parking lot received a bright orange sticker on their car. Junior Gus Goddin remembers that parking there is a senior privilege as he scrapes off his sticker. "I can't wait until next year when I'm allowed to park here," said Goddin.



Two More Lines and I'm Done. CAD was the main basis of technology classes. Sophomore Sean Buckley designs a floor plan in his technology course on the Computer Aided Drafting program.

How Do You Spell That? Reviewing her research paper one last time, senior Kristina Firth checks for any last mistakes. Many students took advantage of the school's computer resources. Most agreed the new technology lab was helpful in completing school and other projects.





O.K., Start Her Up. During Power and Transportation class juniors Tom Jones and Travis Morse check for problems under the hood. Knowledge of how a car works was an important aspect of the class.

Geometry At Work. Most students took courses that would help them in their future careers. Junior Jeff Montgomery works on assignments in his Engineering Drawing class. "I want to study Engineering in college and this class will help me out," said Montgomery.



shaping wood

Splinters fly and wood is cut cleanly through while students carve and mold like expert craftsmen. The finished product, be it a bird house or a park bench, represented weeks of hard work and determination.

One popular class offered in technology education was Engineering. "In engineering class I learned to use CAD (Computer Aided Drafting) to help me draft plans. I learned a lot, but I'm not sure I can use any of it in my future career," said senior Jim Wilson.

Computers with programs such as CAD were an integral part of most technology educa-

**Tech-
nology
Educa-
tion
classes
offer
skills,
fun**

tion classes. Students had to invest large amounts of time in order to learn how to use the systems fully. "At times it could get frustrating, trying to get the computers to do what you wanted, but in the long run they saved everybody a lot of time," said sophomore Stuart Sutton.

Other types of complicated machines used widely in tech ed classes were saws and other wood shaping tools. "Everyone in my class knows what could happen if we allow ourselves to get lax around the saws," said junior Jonathan Camden. "We have to be aware of what we're doing at all times."

Another popular class offered in technology education was Power and Transportation, where students learned the mechanics of automobile engines. "The great thing about Power and Trans is that you can learn simple things, like changing your car's oil, that could save you money in the future," said sophomore Nick Costello.

Technology Education classes were infinitely valuable in preparing students for their futures and also added on extra credits. Senior Robbie Chapman said, "The reason that I took Tech Ed classes was to improve my GPA, and to get easy credits."

Gangs

Have freetime after school? Need something to do? How about joining a club?

For every interest imaginable there was a club. From community service to business management, there was an organization to meet the job description. The Key Club provided an opportunity for students to help others in the community. Sophomore Renee Hunt said, "We earn points for doing different jobs around town."

Other clubs were simply for enjoyment. Junior Chris Diggs said, "I joined the Chess Club because it gives me an excellent opportunity to match wits with other chess players."

So, whether the interest was helping others, representing the student body, or playing games, there was a club to meet the need. **DON'T GET LEFT BEHIND.**





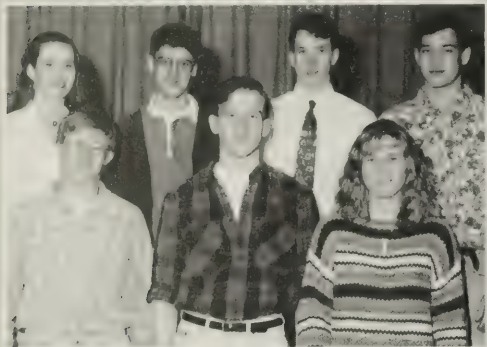
Honor Student. The National Honor Society held an induction ceremony for new members on March 24. Junior Rich Bennet lights his candle to complete his induction. Students were required to maintain a 3.4 grade point average and high community standards once they were accepted into the Honor Society.



Just a Little Picnic. VICA sponsored many activities throughout the year. A favorite for many members was the picnic held for the students involved with the organization. Seniors Steven Carmines and Kelly Keeton and junior Shannon Holloway hang out in the back of Carmine's truck while eating hamburgers and potato chips.



SCA Senior Representatives: (F-B) Krista Meyers, Beth Cheavens, Kate Philbeck, JoEllen Ross, Anna Ward, Dave Mitchell, Jayson Craig.



SCA Junior Representatives: (F-B) Joey Holland, Gus Goddin, Kate Garvey, Gigi Curtis, Scott Neilson, Jeff Montgomery, Mark Davis.



SCA Sophomore Representatives: (L-R) Dean Shannon, Charlie French, Colleen Smith, Sarah Shaw, Ryann Sawyer.



SCA Freshman Representatives: (F-B) Emily Shephard, Sarah Krieger, Sylvia Cornellison, Heather Arms, Colleen Bresnan, Jaclyn Smith, Maura Garvey.

And The Winner Is... At the Ring Dance, anxious juniors look on as the dance king and queen are about to be named. Ring Dance was one of the many events put on by the junior class.

See, Do It Like This. At The Poquoson Seafood Festival, junior class president Mason Ballard demonstrates the do's and don'ts of waffle making. "The money earned at this booth will help when it comes time for Prom," said Ballard.



Learning about government

SCA teaches democracy, leadership, helps support activities

"All in favor?"

The Student Council Association was one of prestige and leadership. SCA was made up of students elected by peers to lead the school in activities and various student related functions. It had five offices: a corresponding secretary, recording secretary, treasurer, vice president, and president. SCA also consisted of representatives who were either class officers or elected reps.

Often there were many candidates for a single position, but occasionally that wasn't the case. "Even though I had no opponent, it's a great honor to be elected," said treasurer senior Evan Robertson.

Throughout the year, SCA tried to help out the less fortunate by holding various types of fund-raisers. Car washes, candy sales, and the famous Rent-an-Elf all benefited the needy. "We held a Christmas fund-raiser and gave the money we earned to the Children's Hospital of the King's Daughters," said SCA President senior Brian Lambiotte.

They also sponsored many events not only to make money for the school, but to provide fun for students. "This year we plan to hold a strobe light volley ball game, and I think it should be really fun," said sophomore representative Ryann Sawyer.

From the representatives to the class president, everyone was involved at one level or another. "One of my duties as a representative was to read the minutes from the previous SCA meeting to my first hour class," said junior Gus Goddin. "It helps to keep the student body informed of what SCA is doing."

Not everyone was used to this form of student government. It sometimes took awhile to adjust. Freshman Maura Garvey said, "I thought that all SCAs were the same, but now I know better."

Overall, the Student Council Association was a great chance for high school students to learn about and practice democracy and leadership.



Do I Know You? One of the events sponsored by SCA was win day. Most students simply dressed alike, but some got even more similar than that. Juniors Kim and Heather Whifflet coordinated their actions and their outfits.



Senior Class Officers: (F-B) Robbie Pretlow, Lee Smith, JoEllen Ross, Becca Caven.



Junior Class Officers: (L-R) Jenny Philips, Gigi Gurtis, Mason Ballard, Molly Bowden.



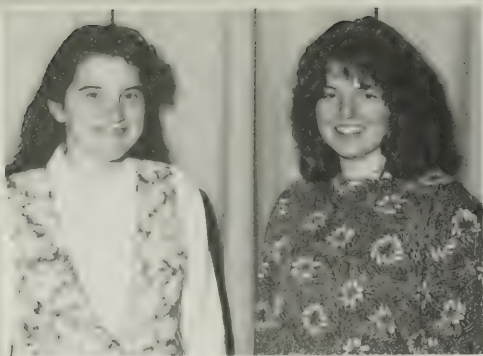
Sophomore Class Officers: (L-R) Marina Valdez, Marcus Jones, Mandy Groseth, Ginger Aldridge.



Freshman Class Officers: (L-R) Sonny Clausen, Carmen Daniels, Jason Forrest, Maura Garvey.



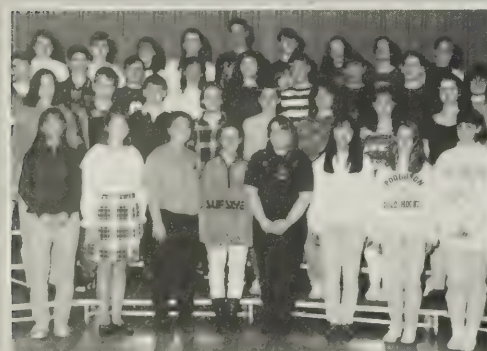
SCA Officers: (F-B) Sarah Richardson, Tara Brazas, Julie Nozynski, Brian Lambiotte, Evan Robertson.



Drum Majors: (L-R) Kara Forrest, Michelle Ricketts.



Brass: (F-B) Jeff Scott, Kandi Fowler, Mitsi Fink, Tom Beazlie, Phillip Prisco, Shane Chambers, Rob Stallard, Heather Campbell, Brian Saulman, Jon Lange, Chris McDaniels, Charlie French, Larry Asakura, Jeremy Ross, Bobby Scott, Jonathon Abbott, Steve Harris.



Woodwinds: (F-B) Elizabeth Montalvo, Sarah Breed, Jamie Douglas, Jenny Freeman, Karen Stewart, Laura Asakura, Leanne Phillips, Jennifer Staton, JoElle Hogge, Paul Rosensteel, Chris Park, Mellisa David, Becky French, Micheele Ricketts, Tara Moore, Julia Shaw, Cody Camblin, Damian Salas, Chrissie Forrest, Becky Ernzin, Laura Kukich, Jason Price, Rod Pauls, Preston Noi, Mellisa Guill, Kara Forrest, Lisa Morse, Jennifer Haczewski, Angela Taliaferro, Joe Flannery, Jason Abbott, Lerone Kishoni, Matty Beard, Dana Montgomery.

Performing to win

Constant practice earns band awards, Spring Trip

BAND TEN HUT...HIT.

Marching Band was a grueling yet rewarding experience. It began in August, two weeks of practice starting at 8 a.m. and continuing until noon. Then back at 4 p.m. breaking for pizza, and leaving for home at 9 p.m. Band Camp was necessary for students to learn the show in time to enter competitions during the autumn months.

Although the rehearsals were murder, there were benefits to be had. "I've made many good friends, have many memories, and learned many skills being section leader," said senior Heather Campbell.

Because of the amount of time spent together, band students became good friends. Said freshman Claire Shanafelt, "There is a lot of togetherness. It's like one big family."

Senior Julia Shaw was pretty glad she stuck through four years of band. "I feel it is an accomplishment to have been part of the band all four years," said Julia.

Sophomore Johanna Lemmons felt the same. "It was hard work, but when we finished it was well worth it," said Johanna.

The band performed a program entitled "Southern Exposure." Songs included "Swing in Chariots," "Tennessee Waltz," "Tennessee Squire Dance," and "Shenandoah."

The band did well at the competition, earning several trophies. Among several second place band awards, there was a first place band. The colorguard and the drum sections also won a first in two different competitions, and sophomore Amber Watkins won second place majorette in the Poquoson Christmas parade.

Concert band also did well with a good rating at Festival Band. The traditional band spring trip was to Florida where they performed in a parade in Universal Studios.

Throughout the year, band students could almost always be found doing something, and it seemed their work paid off.



Choreographed Flagging. The student body was given a treat when it got to watch the Color Guard dance in the gym. Leading the way was senior Tara Moore. "It was nerve-racking having to be in front of the whole school like that," said Tara.



Music on the March. Marching with the band in a city parade, senior Lisa Morse keeps step as she plays her flute. "We all worked very hard and it was great to put all we had learned into something as fun as this," she said.

Technical Difficulties. Playing an instrument meant being an expert on its little idiosyncracies. Junior Mitsi Fink examines her trombone as she walks down the hall with fellow band members.



Percussion: (F-B) Katie Shanafelt, Sam Adams, Keith Stewart, Jeremy Miller, Pat Benner, Matt Forrest, Jeremiah Caven, Mike French, Wyn McPherson, Drew Whitman.



Color Guard: (F-B) Kristie Ernzin, Katie Shanafelt, Karen Stewart, Leeza Beazlie, Dawn Watkins, Jamie Douglas, Tara Moore, Mellisa David, Renee Pomroy, Kim Prisco, Becky David, Johanna Lemmons, Tracey Silcox, Chrissie Forrest, Amy Jantzer.



Jazz Band: (F-B) Jeremy Miller, Jeremiah Caven, Pat Benner, Tiffany Petrin, Laura Asakura, Cody Camblin, Mitsi Fink, Brian Saulman, Heather Campbell, Rob Stallard, Michelle Ricketts, Kara Forrest, Jennifer Staton, Damian Salas, Joe Lipp, Bobby Scott, Dave McGarry, Larry Asakura, Rod Pauls.



Thespians: (F-B) Leeza Beazlie, Erin Bernache, Allona Decker, Jenny Freeman, Kate Garvey, Mary Elsass, Katie Rosensteel, Christina Silcox, Illona Schwartzman, Katie Nolan, Aaron Thomas, Nick Pennow, Andy Grigg, Mason Ballard, Becky French, Jaimi Lacaria.



Drama Club: (F-B) Andrew Shtulman, Leeza Beazlie, Allona Decker, Jenny Freeman, Sabrina Esser, Kate Garvey, Mary Elsass, Kathy Burrows, Sarah Evans, Allison Dexter, Christina Silcox, Illona Schwartzman, Katie Nolan, Laura Asakura, Amanda Robertson, Laura Kurek, Emily Adams, Mason Ballard, Katie Rosensteel, Sherry Edwards, Becky French, Jaimi Lacaria, Leslie Moore, Lee Smith, John Evans, Andy Grigg, Nick Pennow, Jennifer Lemmons, Chris Koth, Aaron Thomas.



Forensics VHSL: (F-B) Andrew Shtulman, Katie Nolan, Kate Garvey, Illona Schwartzman, Sarah Evans, Chris Coragan, Reesa Davis, Becky French, Mary Elsass, Micah Schwartzman, David Bragdon.



Forensics: (F-B) Mui Lin Lee, Andrew Shtulman, Katie Nolan, Sarah Evans, Kate Garvey, Leeza Beazlie, Jaimi Lacaria, Illona Schwartzman, Lisa Shores, Katie Rosensteel, Schnell Mogart, Mary Elsass, Robin Lester, Becky French, Chris Coragan, Micah Schwartzman, Reesa Davis, Scott Harris, David Bragdon, Amanda Robertson, Amy Jansen, Allison Dexter, Christina Silcox.

Are They Ready to Start Yet? Practice was the key to a great opening night performance. Juniors Nick Pennow, Scott Harris, and Sherry Edwards eagerly anticipate their upcoming scenes. "The play is nothing," said Pennow. "It's the waiting around that kills you."

Dressed and Ready to Go. All a play's potential errors are ironed out in dress rehearsal. Sophomore Laura Apelt donned her outfit and awaited her call on stage. "The plays are difficult to learn, but a lot of fun," she said.



Harmonizing the world

Chorus sings to relieve everyday stress and tension

It was a rough day. The worst you can remember in years. The stress brought about by the fast-paced grind of student life gradually built up. But all of it soon faded away as the sound of twenty-some melodic voices filled the air. When the chorus sang, the whole school definitely listened.

Chorus proved to be a positive experience for its members, serving as a break in between their hectic schedules. Freshman Maura Garvey said, "Everyone has a good time in chorus. It gives us all a chance to relax from our school day."

Visiting other campuses for the various competitions was an important part of chorus life. "Out of all of chorus I really feel that going to the competitions was the best part," said sophomore Ryann Sawyer. "You get to visit new places and meet fun people."

Being a member of chorus also meant long hours memorizing songs. Sophomore Jeremy Ross said, "I like learning all the new songs, but it can be difficult to keep all the lyrics in

your head. Sometimes I really have to burn the midnight oil to get ready for a competition."

All the hard work paid off, however, when chorus members got to take a trip to New York City. "I love chorus," said junior Kate Garvey. "We're all friends with each other and everyone was really excited when we went to New York. Being able to see the professional productions was a chance of a lifetime."

Still, the main purpose of chorus and the real reason that people joined on was to sing. Senior Evan Robertson said, "I love singing and I joined chorus mainly for the practice. The trips and competitions are like icing on the cake."

Chorus was definitely a rewarding experience for both chorus members and music lovers alike. So the next time you feel like you're about to explode, relax, pull up a chair, and let chorus calm you with its sweet harmony.



The Ecstasy and the Agony. Throughout the year, several plays were put on by the Drama Club. In front of a mesmerized audience, senior Aaron Thomas performs an especially emotional scene. "It took a lot out of me," he said.



Garnet & Gold: (F-B) Krista Meyers, Racheal Gilbert, Kristie Powell, Sarah Burke, Christine Solga, Allison Johansen, Laura Apelt, Anne Marie Protsko, JoEllen Ross Ryann Sawyer, Illona Schwartzman, Ellen Hartman, Renee Valliere, Kate Philbeck, Gretchen Zohn, Katie Rosensteel, Cary Kroskey, Jennifer Lemmons, Julia Shaw.



Mixed Chorus: (F-B) Sherry Sivacek, Amy Vest, Suzi Thomas, Melissa Carter, Carol Johnson, Jill Craig, Amy Insley, Beth Davis, Kelley Roberts, April Mann, Marie Powell, Laura Kukich, Valerie Moore, April Butler, Rachel Jackson, Marina Valdez, Sarah Bailey, Nick Collett, Corrigan Threlkeld, Matt Forrest, Stewart Brown, Brian Norris, Chris Diggs, Jimmy Ruehl, Jeromie Houston, DJ Rick, Mason Ballard.



Acappella Choir: (F-B) Susan Garriss, Kate Garvey, Meredith Hall, Christina Buchholz, Sarah Richardson, Dawn Watkins, Sabrina Esser, Melanie Finch, Sonny Clausen, Amy Windland, Amanda Hamilton, Maura Garvey, Kathy Firth, Katie Pescola, Heather Cambell, Franziska Fischer, Julia Andrews, Mara McGarry, Erica Young, Laura Apelt, Renee Pomroy, Chris Kist, Eric Lobach, Devin Trippe, Evan Robertson, Kevin Brandol, Tom Cook, Phillip Pauls, Brent Waters, Andy Grigg, Kevin Basnett, Keith Brittin, Jeremy Ross, Eric Insley, Rod Pauls, Robert Hunt, Jason Price.



Soundsation: (F-B) Amy Windland, Laura Apelt, Sarah Richardson, Kathy Firth, Julia Andrews, Renee Pomroy, Dawn Watkins, Melanie Finch, Chris Kist, Eric Lobach, Devin Trippe, Jeremy Ross, Rod Pauls, Robert Hunt, Jason Price, Phillip Pauls, Eric Insley.



Yearbook: (F-B) Samantha Fish, Krista Meyers, Tracey Silcox, Brandy Culberth, Jaimi Lacaria, Andy Royster, Emily Adams, Kate Philbeck, Renee Valliere, JoEllen Ross, Jason Craig, Tara Brazas, Gigi Gurtis, Gus Goddin, Evan Robertson, Brian Vlaun, Chelsea Patterson, Brian Lambiotte, Mark Davis, Stephen Louk, Sonny Emerson, Ryan Ward.



Quill and Scroll: (F-B) Maulik Parikh, Will Carmines, Beth Cheavens, Sven Finucan, Jeremy Pope, John Evans, Micah Schwartzman..



Newspaper: (F-B) Laura Wade, Arun Rao, Mary Elsass, Jenny Phillips, Beth Cheavens, Renee Pomroy, Anna Ward, Renee Valliere, Julie Nozynski, Jayson Craig, Kim Prisco, Molly Bowden, Kristie Skinner, Maulik Parikh, Will Carmines, Micah Schwartzman, Sven Finucan, Eric Staton, Dave Mitchell, Mike Riley, Brian Roe.

Creating for fun

School clubs provide an outlet for creative and analytical energies

Almost mechanically, you've completed another day. It wasn't different from any other day. Sleep, eat, school, sleep, eat, school. Your body cries for excitement, fun, variety. Then, out of the blue, a solution hits you. You'll harness your natural talents and join an afterschool club. Yeah, that's the ticket.

For those students who were searching for a creative outlet, where they could voice their opinions on current events, journalism was the answer. "I had a lot of fun in journalism this year," said junior Jenny Phillips. "Even with all the deadlines, there was still a definite relaxed atmosphere. I learned a lot."

Another possibility for budding young actors, poets, and the like was *Reflections*, created by the creative writing class. Put out every year, it featured the best prose, poetry and art that the student body could produce. "The literary magazine takes a lot of time and effort, but the finished product is well worth it. It's a conglomerate of creativity and com-

mon sense to make one spectacular extravaganza between two covers," said senior Amanda Adair.

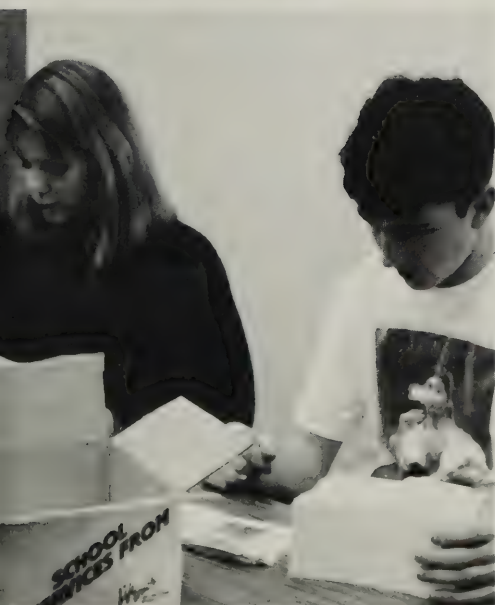
Yearbook chronicled the main events of the school fair. From sports to academics, every aspect of student life was represented. "This year was the first year we did everything on computer," said junior Mark Davis. "It made everything look more professional."

If you'd rather work with numbers than words, the Virginia Math League was for you. It was comprised of Calculus students who competed individually on monthly tests to form a combined score. Senior Mark Ploetner said, "The tests present interesting problems that are extremely challenging."

But what if you don't like words or numbers? What then? Well, have no fear. You can fill all those dull hours enjoying the work of these organizations. Mandy Groseth said, "I really look forward to receiving my yearbook and having my friends sign it."



Contemplation. Creating a yearbook from scratch can be a tedious process. Students had to think out every move before executing it. Senior Andy Royster plans a layout for his section. "In yearbook, if the layout isn't right, everything is effected," he said.

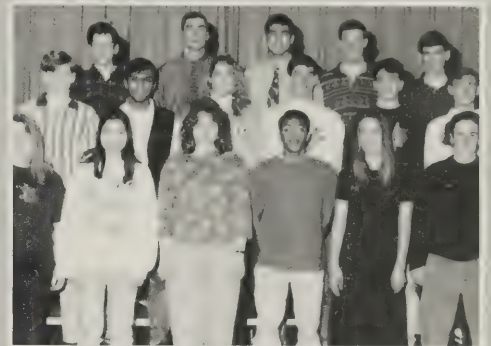


Two Heads are Better. In yearbook the editor of each section assigned the work for that section. Junior Gigi Gurtis, editor of the Student Life section, gives junior Mark Davis his assignment for the day.

All I See Are Pictures. Of all the duties that a student in yearbook can have, sorting out student pictures proved to be one of the most unpopular. "For a small school, it really seems like we have a lot of students," said senior Evan Robertson. Robertson and junior Chelsea Patterson gradually work through the freshman class.



Literary Magazine: (F-B) Winnie Sowder, Cami Williams, Kathy Burrows, Sherry Edwards, Jennifer Kahng, Aaron Thomas, Chris Koth, Anne-Marie Prostko, Sylvia Cornellison, Micah Shartzman, John Wica, Jeremy Pope, Robby Chapman, Christie Jones.



VA Math League: (F-B) Karen Stewart, Mui Len Lee, Michelle Ricketts, Arun Rao, Kary Kroskey, Ryan Diebler, Greg Andres, Maulik Parikh, Christine Forsythe, Dave Mitchell, Evan Robertson, Brian Vlaun, Micah Schwartzman, Jeremy Pope, Josh Lambert, Bobby Scott, Marty Ploetner.



Science Club: (F-B) Karen Holst, Renee Pomroy, Kim Dixon, Melissa David, Laura Asakura, Anna Parker, Kim Prisco, Tracy Silcox, Jireh Yue, Maura McGarry, Chris McDaniels, Ellen Hartman, Allison Dexter, Reesa Davis, Laura Kukich, Scott Harris, Nick Pennow, John Evans, Scott Miller.



Key Club, 9,10: (F-B) Mark Philbeck, Emily Shephard, Heather Arms, Sara Krieger, Katie Cox, Lean Phillips, Valerie Sledd, Colleen Bresnan, Sara Meyer, Maura Garvey, Mandy Groseth, Cathy Burroughs, Heather Gengnagle, Mellisa Moore, Corrigan Threlkel, Mike Andrelunis, Ben Goldman, Joey Harris, Han Choi, Bonnie Tasillo, Sean Hanberry.



Key Club, 11: (F-B) Kate Garvey, Lisa Shores, Helene Lee, Anna Parker, Jaimi Lacaria, Meredith Hall, Karen Holst, David Fishman, Robin Lester, Sarah Meredith, Chelsea Patterson, Wendy Crandol, Amy Crews, Julie Nozynski, Chris McDaniels, Mark Davis, Jon Abbot, Steven Turbish, Scott Miller, John Evans.

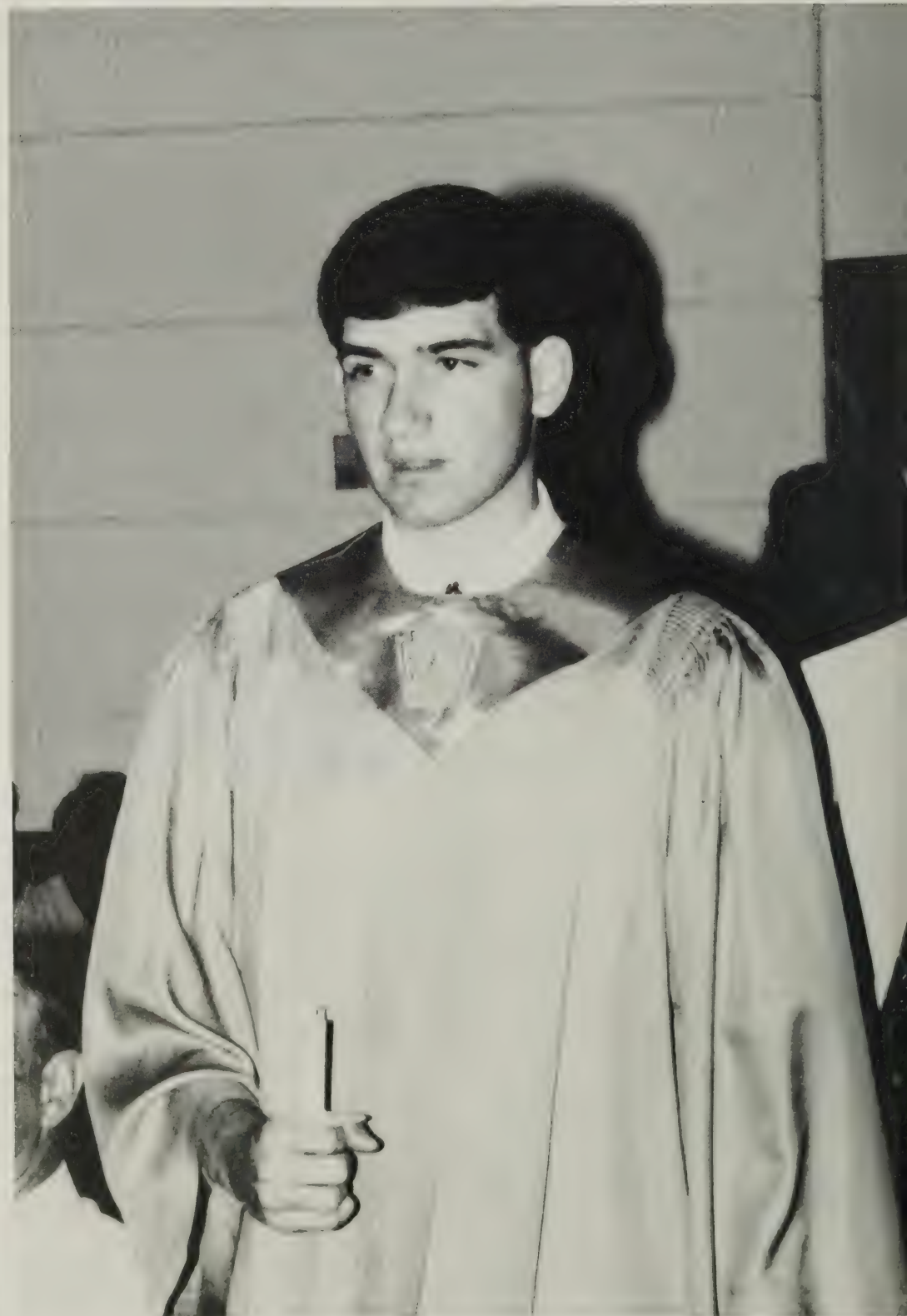


Key Club, 12: (F-B) Erin Kane, Arun Rao, Winnie Sowder, JoEllen Ross, Beth Cheavens, Krista Meyers, Jayson Craig, Michelle Ricketts, Kate Philbeck, Anna Ward, Brian Vlaun, Renee Valliere, Sven Finucan, Will Carmines, Mike Riley, Dave Mitchell, Tom Cook, Maulik Parikh, Brian Roe, Eric Staton, Jeremy Pope, Kevin Brandol.

So Then He Says... Ever so often a chance arrives for the student body to relax and enjoy some common conversation. Juniors Julie Nozynski and Rich Bennett listen to a fellow recount of the NHS induction ceremonies.



I Hope I Don't Burn My Hand. Every year the older members of the National Honor Society don their ceremonial uniforms to induct new members. Senior Marty Ploetner escorts his recruit onto the stage. The candles used were infamous for dripping hot wax.



Servicing the community

Club members volunteer their time and effort to help out others

"Helping others."

That was the motto of all the clubs. Every club had its own responsibilities and its own ideas to better the community. One organization, Key Club, did everything from sponsoring the school blood drive to helping their parent club, the Kiwanis, raise money for charity at the Seafood Festival. Junior Karen Holst said, "The involvement was great this year, every class was well represented and a lot of things got done for the community."

NHS was also involved in service. "It's great that we can use our time to help others," said NHS vice president senior Maulik Parikh. Maulik and his fellow NHS members took time to tutor students in math and other courses.

A new club, Excel Club, also did its share for the community. Members took time during Thanksgiving and Christmas to prepare baskets of food for the needy. Excel Club vice president, senior William Carmines said, "It hasn't been easy sparking interest into the

new club, but it's starting to come together."

Other clubs focused their attention on the end of the school year. SADD, Students Against Drunk Driving, sponsored the Prom Promise to keep kids off drugs and alcohol on Prom night. "We do other things for the community, but this is by far our biggest project," said senior Kim Prisco.

Another club, FHA, did its best to support the community also. Amy Taylor, a junior FHA member, said, "We do a lot of clean up work for the community, and various other things throughout the school year. I never realized how much we actually did until I looked back at the end of the year."

While working with the community, students had a chance to make themselves known outside the community. "Helping outside the community gives you a chance to broaden your connections," said sophomore Key Club member Ryann Sawyer, "You never know who you're helping, they might end up helping you later on."



All This and a Certificate Too. New members of the NHS were called on stage to receive their pin, certificate, and card. Juniors Rich Bennett and David Bragdon look on as junior Molly Bowden looks over her new possessions.



FHA Underclassmen: (F-B) Heather Johnston, Summer Hunt, Jackie Barnes, Shannon Morris, Kara Gills, Sherry Southern, Laura Lipscom, Jennifer Shackelford, Erica Young, Rachel Sills, Dawn Watkins, Lindsay Keddell, Krista Kinney, Renee Fraizer, Liz Williams, Yvonne Emerson, Jennifer Southern, Amy Taylor, Mike Newman, Michelle Diggs, Danny Rogers, Adelaide Drivas, Heather Owens, Amy Insley.



FHA, 12: (F-B) Kim Dixon, Kristie Powell, Samantha Fish, Scott Goodall, Kelly Keeton, Anna Ward, David Major, Mike Martin, Chris Robinson, Shannon Lindberg.



NHS: (F-B) Mui Lin Lee, Becca Caven, Arun Rao, Beth Cheavens, Krista Meyers, Anne-Marie Prostko, Kim Prisco, Renee Pomroy, JoEllen Ross, Cary Croskey, Michelle Ricketts, Brian Vlaun, Greg Andres, Maura McGarry, Renee Valliere, Tera Brazas, Micah Schwartzman, Kerry Johanson, Emily Adams, Christine Forsythe, Dave Mitchell, Jeremy Pope, Bobby Scott, Marty Ploetner, Maulik Parikh.



Special Friends, in school: (F-B) Chad Juhl, Kim Little, Leeza Beazlie, Krista Meyers, Erin Bernache, Chanon McQuiod, Brandy Culbreth, Tara Moore, Tracy Silcox, Christi Jones, JoEllen Ross, Monica Spaulding, Steven Kreiger, Beth Murphy, Katie Pesola, Addie Drivas, Jeremiah Caven, Robin Lester, Gigi Gurtis, Kevin Brandal, Brian Roe, David Abel, Michael Riley, Tom Ojiba, Tera Brazas, Jarrod Fitzpatrick.



Special Friends, after school: (F-B) Jaimi Lacaria, Sabrina Esser, Meredith Hall, Claire Fredericks, Sarah Evans, Kara Gills, Leanne Phillips, Lisa Shores, Jaime Douglas, Kim Dixon, Remle Diggs, Sylvia Cordeliussen, Valerie Sledd, Johanna Lemmons, Heather McClellan, Summer Hunt, Mary Elsass, Melissa Guill, Rebecca Montalvo, Mary Roberts, Julia Andrews, Lisa Baker, Rob Green, Jon Roberts, Marie Powell, Chelsea Patterson, Kathy Firth



Model UN: (F-B) Helene Lee, Anna Parker, Arun Rao, Cary Kroskey, Julia Shaw, Karen Ricketts, Allona Decker, Damian Salas, Molly Bowden, Julie Nozynski, Evan Robertson, Brian Vlaun, Micah Schwartzman, Winnie Sowder, Jayson Craig, Larry Asakura, Will Carmines, Sven Finucan, David Mitchell, Maulik Parikh, Charlie French.



Debate: (F-B) Ryan Hall, Arun Rao, Micah Schwartzman, Colby Hale, Maulik Parikh.

Making a difference

Through after school activities, lives change, abilities tested

"Afterschool activities? Like school isn't long enough already. The last thing I need is to stay after. What can a club do for me, anyway?"

Well, clubs provided students a chance to put their abilities to the test and compare their knowledge with other schools. One group familiar with success was the Academic Challenge team. Senior Dave Mitchell said, "It's pretty cool since we've been first in state for the last three years. I guess all the practice was worth it."

Another team that experienced similar accomplishments was debate. "Our debate season was slower than usual, but our success wasn't. We did well, considering that the team was all seniors," said senior Maulik Parikh.

Speaking of winning, the OM team, world champions in 1992-1993, also had a reputation to live up to. "There was definitely a pressure on us because of last year. I think it

made everyone work harder and I think it was a good year," said junior Scott Miller.

Model UN created a mock United Nations and gave students the opportunity to make laws and run a country. Junior Anna Parker said, "The most interesting part about Model UN is the difficulty it takes to get multiple countries to agree."

On a less competitive level, Special Friends allowed students to influence the next generation of high schoolers. Junior Jaimi Lacaria, who attended Special Friends after school, said, "This is my first year helping out at the Primary School as a Special Friend; I think I'm really making a difference. Unfortunately I couldn't take it as a class."

Not all students were as unfortunate. Senior Mike Riley, who took Special Friends during school said, "It's a good opportunity because I plan to major in education, plus it gives me a break in the middle of the school day."



Teaching Toddlers. Patience was required when Special Friends students tutored little children at the Primary School. Senior Erin Bernache counsels a young girl on the finer points of coloring with crayons. "The kids are so fun to be around," said Bernache. "They can say the funniest things sometimes."



Juice...Jukebox...Jumble... To prepare for Model UN, students had to do extensive research on their assigned country. Senior Maulik Parikh fishes through the card catalog, searching for books referring to his country.



Far, Far Away. Some students in Model UN got so involved in the culture, history, and language of their countries, that they often found themselves thinking of nothing else. Senior Damian Salas ponders his nation at a table in the commons.



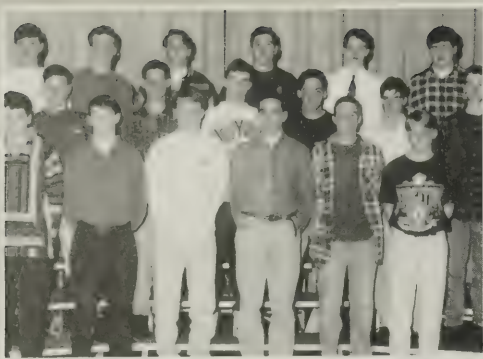
OM: (F-B) Tracy Silcox, Ann Marie Prosko, Josh Boitnot, Katie Rosensteel, Valerie Sledd, Anna Parker, Cristina Silcox, Jon Kurek, Scott Miller, Dean Shannon, Charlie French.



Academic Challenge, Varsity: (F-B) Arun Rao, Ryan Deibler, Sherry Edwards, Helene Lee, Micah Schwartzman, Scott Miller, Ellen Hartman, Scott Harris, Maulik Parikh, Jacob Hopping, David Mitchell, John Evans.



Academic Challenge, JV: (L-R) Illona Schwartzman, Ben Goldman, Ryan Hall, Katie Nolan.



TSA: (F-B) Joseph Metcalf, Jarrod Fitzpatrick, Jon Camden, Ed Render, Nick Collett, Damien Bernache, Chaz Southall, Jimmy Welsh, Steven Mathis, Anthony Battista, Brandon Cross, Paul Leykamm, Jim Withrow, Mike Page, Rich Bennett, Jacob Gaul, Jeff Montgomery, James Hanchev.



Varsity Club Officers: (L-R) Brandy Culberth, Ty Crandol, Julie Nozynski.



Announcement Team: (L-R) Chris McDaniels, Kim Prisko, Tracy Silcox, Renee Pomroy.



Honor Guard: (L-R) Jennifer Staton, Angela Talefero, Becky French, Jenni Freeman.

Not Quite Space Exploration. NASA was responsible for many memorable moments, not just national, but on a personal level too. Junior Brian Diggs has fun and gains job experience working for NASA through VICA.

Expert Instruction. Cars are very complicated machines. It can take years to learn the ins and outs of the internal combustion engine. Junior Craig Firman listens intently as his instructor explains how the carburetor works.



Working to help

Responsibilities to school, clubs committed to their functions

"Good morning, it's day 4 at PHS and here are your morning announcements."

This was heard every morning at 8:25 over the intercom. A group of three seniors and one junior manned the morning and afternoon announcements for the school.

"My freshman year, there were tryouts to do announcements. Only four people showed up and we all got put on the crew. Ever since then Kim Prisco and I have done the announcements. Last year we added an extra person, so we recruited Renee Pomroy. This year we added Chris McDaniels," said senior Tracy Silcox.

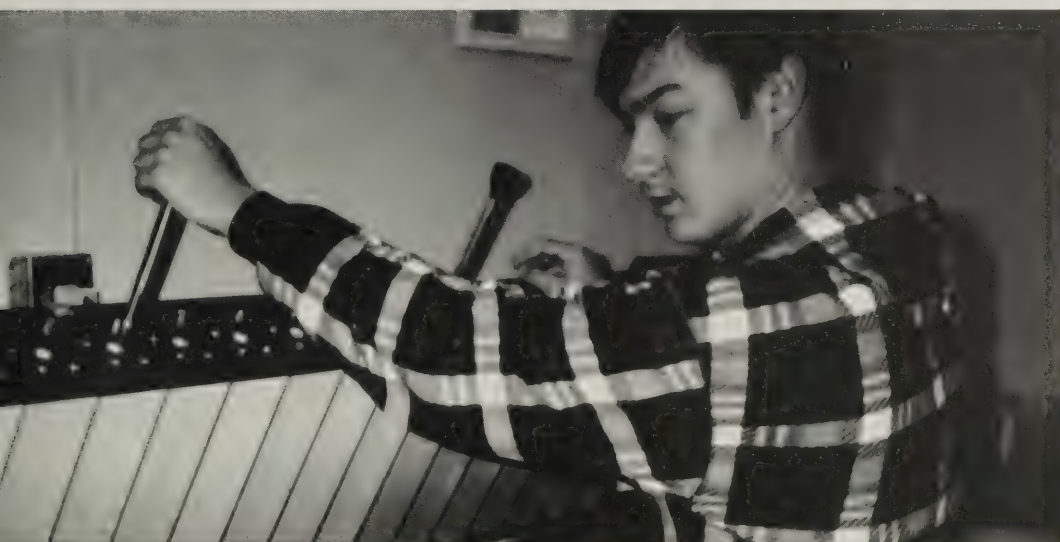
Doing announcements was a commitment the crew was responsible for. They had to know when to go to the office on days the bell schedule was altered. Also, at least two people had to be there in the morning and afternoon. "I enjoy doing the announcements. I also like getting out of class a few minutes early," said junior Chris McDaniels. Leaving class early to go to the office was a perk for the

crew.

TSA, Technology Students of America, was a co-curricular student organization in technology. Sophomore Joey Metcalf explained what they spent most of their time doing. "We work in the automotive lab and we try to fix car engines and things," said Joey.

Varsity Club was busy raising money. "Candy cane sales in December was a big success. We raised about \$100 that went toward the Joe Thomas Scholarship," said treasurer, senior Brandy Culbreth. The Joe Thomas Scholarship was awarded every year to the best all-round athlete with dedication, ability, sportsmanship, and academic achievement.

These clubs and organizations made students take on responsibilities. Through hard work and dedication students had the satisfaction of knowing that they did a good job, and possibly got to put a little back into the school.



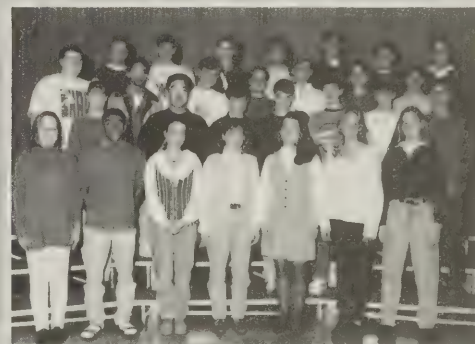
DANGER: Heavy Equipment. Often VICA offered students jobs involving complicated machinery. Senior Dwayne Skinner operates levers carefully so as not to make a mistake.



FBLA: (F-B) Kylene Becker, Mindy Martineau, Summer Hunt, Kate Philbeck, Brandy Culbreth, Laura Bunting, Wendy Crandol, Damien Salas, Shannon Lindberg, Treye Hardaway, Katie Pesola, Holly Robbins, Amy Crews, Charles Harris, Kim Leeson, Monica Spaulding, Chris Normandoo, Tim Murphy, Sonny Emerson, Ben Pearce, Lisa Moore.



Excell Club: (L-R) Anna Parker, Arun Rao, Channon McQuiod, Krista Meyers, Beth Cheavens, Kate Philbeck, JoEllen Ross, Robin Lester, Han Choi, Jeff Gatz, Alex Gleshcoe, Charlie French, Troy Butler, Pete Nodolny, Brian Roe, Jireh Yue, Dean Shannon, Jayson Craig, Brian Vlaun, Tara Brazas, Greg Richter, Sven Finucan, Dave Mitchell, Sonny Emerson, Brian Lambiotte, Ryan Ward, Mike Riley, Will Carmines.



SADD: (F-B) Beth Cheavins, Kristie Skinner, Karen Holst, Leeza Beazlie, Laura Asakura, Leanne Phillips, Jireh Yue, Erin Bernache, Jennifer Rahng, Hillary Fredericks, Katie Cox, Tara Moore, Tracy Silcox, Kim Prisco, Kim Shifflett, Mason Ballard, Tiffanie Petrin, Heather Shifflett, Julia Andrews, Julia Shaw, Katie Pesola.



VICA: (F-B) Wendy Dearman, Mike Burland, Mike Firth, Shannon Holloway, Jan Vinson, Jason Harisson, Christy Morrow, Kristy Ratley, Marie Paul, Ricky Belvin, Eric Page, Justin Eaches, Janet Brumbaugh, Larry Bell, Wayne Barber, Billy Brannon, Brian Davenport, Anthony Vinson, Dwayne Skinner, Dennis Cross, Jason Houston, Kevin Moore, Craig Firman.

Faces

When you're feeling down, there's only one thing sure to lift your spirit - friends.

They listened to complaints, to compliments, and to who the new guy or girl was. They could help with homework or simply be there to hang around. Sophomore Michelle Watkins said, "Everything I do anymore is either with my boyfriend or my friends. It's great to have someone to talk to."

Senior Dave Mitchell has been friends with the same tight group all through school. He said, "Ever since middle school I've hung around with the same crowd. I don't have one single best friend; instead I have a big group of great friends."

If you've ever felt like a stranger, don't be shy. There were plenty of friends **BEHIND THE FACES** in the crowd.





Brain Food. Sometimes students use their lunchtime as a chance to catch up on studies. Senior Lee Smith takes time to study for a government test he has after lunch. Smith said, "I don't eat lunch usually, so I study for tests or do homework or something."



Camera Shy. Senior pictures were important to Senior Kim Dixon. Before shooting the pictures, the photographer gives Dixon a few pointers. Seniors could wear an outfit of their choice, and also get their picture taken in formal attire. Students purchased wallet sized portraits to trade with friends.

Headpieces Can Be Such A Pain. No matter how put together the seniors looked, something was always falling off. While waiting outside, Samantha Fish fixes Jenny Esser's halo. The seniors then proceeded into the gym and to their section of the bleachers.

We've Got Spirit. With school spirit painted all over their faces, seniors marched into the gym. Bridget Ward smiles as she gets ready to parade around the gym. Traditionally, the seniors circled the floor once before sitting down.



DAVID PAUL ABEL

Soccer 10,11; Swimming 12;
Track 12; SF 12; SCA 9

GREGORY T. ANDRES

All-District 10,11,12; Band 9,10,
11,12; Jazz 9,10,11,12; Soccer 10, 11;
Academic Bowl 9,10,11,12

JULIA ALYSSE ANDREWS

Swim Team 10,11,12; Chorus 10,
11,12, Sec .11; SF 11,12; SADD
10,11,12, Sec .11; Thespian 11,12

LARRY TAKESHI ASAKURA

Soccer 9,10,11,12; Band 9,10, 11,12
Jazz 9,10,11,12; Who's Who 10,11;
Model UN 12

WAYNE A. BARBER

LEEZA CRAWFORD BEAZLIE

SF 11,12; Thespians 10,11,12; Flags
11,12; Forensics 11,12; Band 9,10

ALLISON MARIE BELL

SF 9,12; FHA 9,10; Happy Club 9;
New Horizons 11,12

LAWRENCE D. BELL, JR

ICT I,II; Wood Tech I,II,III; School
Store

RICKY R BELVIN

ICT 11,12

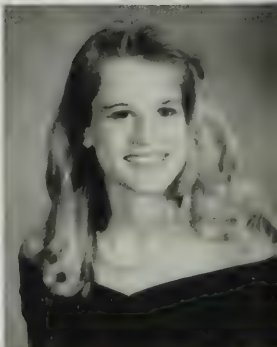
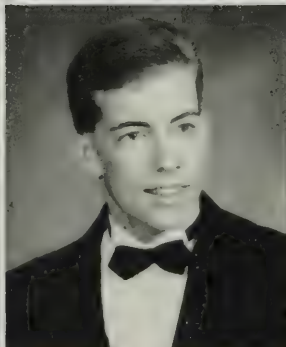
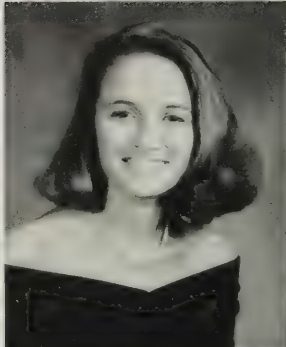
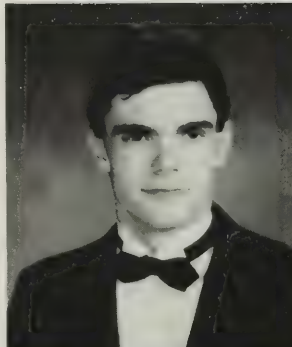
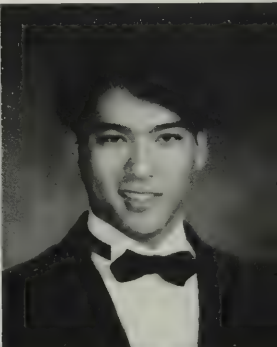
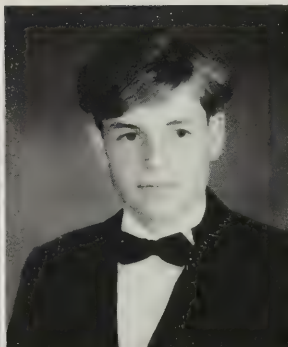
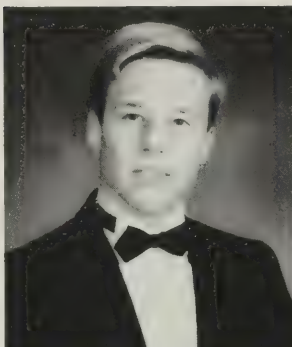
ERIN E BERNACHE

SADD 10, Treas 11, Pres 12; SF
10,11,12; Drama 10,11,12, Treas 11;
Band 9,10; Flags 11

KEVIN H. BRANDAL

Mixed Chorus 9,10; Acapella
11,12; SF 12; Key Club 12; All-
District Chorus 10, Alternate 12

SHANNON F. BRAUR



Beds are stripped to dress for school

Gold glitter, maroon spray paint, and excitement abounded. Seniors ran around dressed in multicolored sheets. What could cause all this pandemonium? Why, toga day of course!

"It's traditional. When the freshmen see all the seniors running around in togas they may think it's stupid, but secretly all the freshmen count the days until they can dress up in togas as well," said Aaron Thomas.

different sheets until we came up with something that stayed on and looked decent," Maulik said.

Seniors also enjoyed many aspects of toga day. "I liked when the seniors met outside before the pep rally. It was fun getting together as a class," said Julia Shaw.

Kim Prisco decorated togas at a toga making party with her friends. "Hanging out and having fun with my friends while we decorated our togas was the best part," she

Toga! Toga!

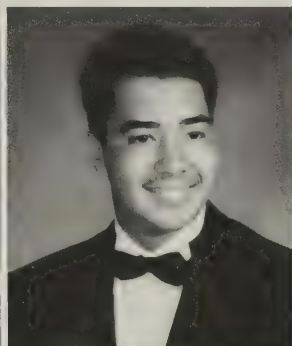
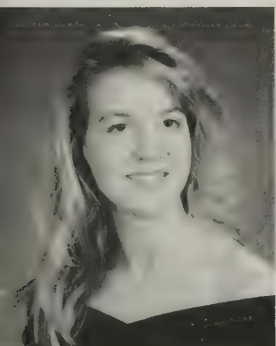
A flurry of activity marked the night before toga day for Sven Finucan and a few of his friends. "We stayed up all night, rolled a couple of friends' houses, and then went to breakfast at Denny's," he said.

Maulik Parikh and Micah Schwartzman also had a busy night. "We watched Eddie Murphy movies until three o'clock in the morning. Then we tried on three or four

said.

For seniors who usually had to sit with the band during pep rallies, toga day presented a special occasion. "I got to sit with my class at the pep rally," said Tara Moore.

Whether seniors decorated togas or just hung out together, toga day preparations and ceremonies left a lasting impression on their minds.



TERA ELISHA BRAZAS

SCA 9,10, Corres. Sec. 12; Tennis 9,10,11,12; Swim Team 9,10; NHS 11,12; Excel Club 11, Chairman 12
KEITH ERIC BRITTIN



KAREN LEIGH BROWN

FHA 9; Literary Magazine 11
JANET-MARIE BRUMBAUGH
FHA 9,10,11; FBLA 12; SF 11; Tennis 10; VICA 12



LAVADA PATRICE BULL
LAURA ANN BUNTING

Key Club 9,10; SADD 9,10,11,12; Happy Club 9; FBLA 9,10,11,12; COE 12

QUESTION

What was your favorite toga accessory?

ANSWER

"Glitter"

- Angela Mercer

"The Rebel Flag"

- Ben Pearce

"Dred locks"

- Phil Prichard

"Face paint!"

- Mindy Martineau

"Safety pins"

- Karen Brown

"Cow bell"

- Katie Pesola

"My football jersey"

- Brian Roe

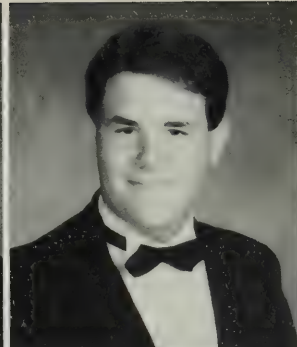
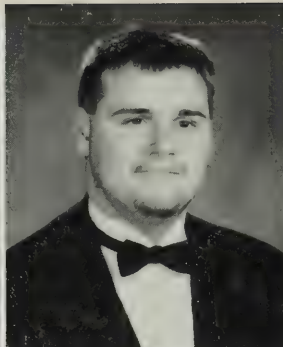
"Headpiece of leaves"

- Beth Murphy

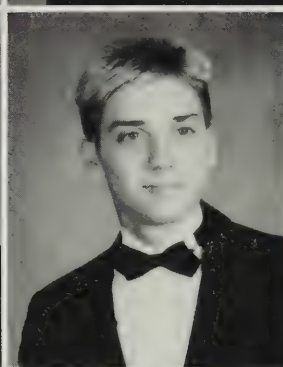
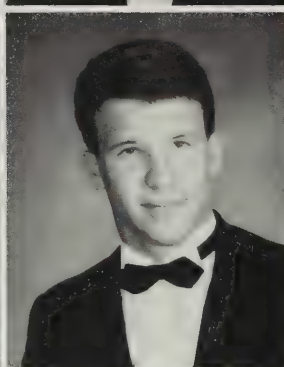
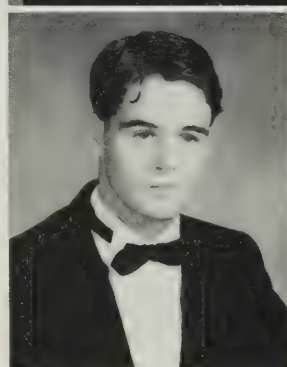
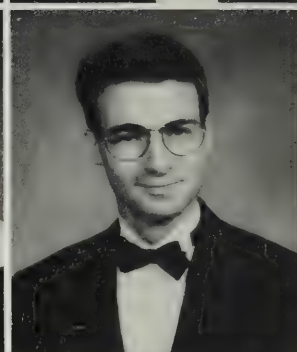
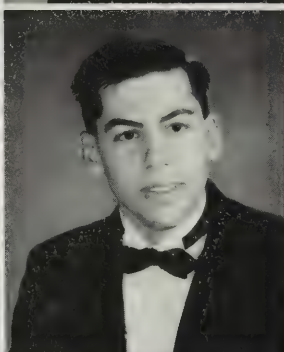
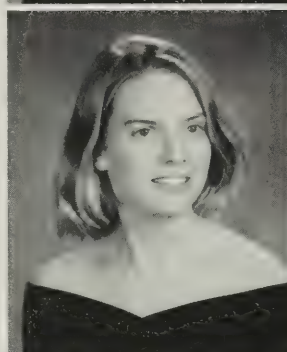
"Complimentary loin cloth"

- Jake Hopping

ROSETTA CALAUTTI
HEATHER ANN CAMPBELL
 Cross-Country 10,11,12; Swimming
 10,11,12; Band 9,10,11,12; Jazz Band
 9,10,11,12; Chorus 9,11,12
STEVEN JAY CARMINE
 ICT 12; Football 9,10,11,12; Track 12
WILLIAM H. CARMINES
 Key Club 9,10, V.P. 11,12; MUN 9,10,
 Pres. 11,12; SADD 9,10, Pres. 11,12;
 Excel Club 11, V.P. 12; Newspaper
 11,12



REBECCA JO CAVEN
 Class Sec. 10,12; Tennis 10,11, 12;
 Swimming 12; Lit. Mag. 9,10,11;
 Who's Who 12
ROBERT LLOYD CHAPMAN
 Track 9,10,11,12; Basketball 9,10;
 Varsity Club 9,10,11,12; Football 11
ELIZABETH A. CHEAVENS
 Key Club 11, Pres. 12; Tennis 10,
 11,12; SCA 12; Field Hockey 12;
 NHS 10,11,12
THOMAS JOHN COOK
 Key Club 12; Track 9; OM 11
JAYSON ROBERT CRAIG
 Who's Who 10,11; SCA 9,10,11,12;
 Key Club 11, Chairman 12; MUN 11,
 12; Newspaper 11,12
FRANK T. CRANDOL JR.
 Varsity Club 10,11, Pres. 12; Key
 Club 9; Track 9,11; Football 9,10,
 11,12
DEARL JOSEPH CRAWFORD
BRANDY MARIE CULBRETH
 Varsity Club 10,11, Tres. 12; Track
 9,10, Capt. 11,12; Cross Country 10,
 Capt. 11,12; FBLA Sec. 12; Indoor
 Track 10,11,12



Finally, Free To Go. Parking in the parking lot was a senior privilege. Kerry Johanson takes full advantage of this every day. Seniors found the parking convenient for getting home quickly.

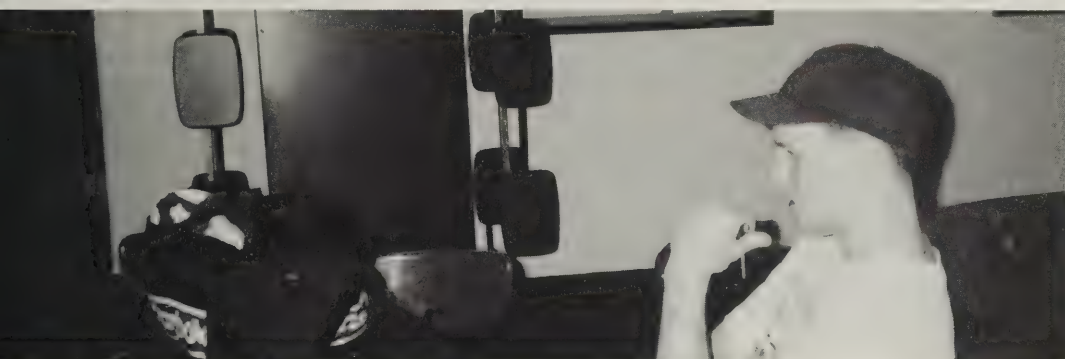
Oh No! The Lock is Stuck. The ice falls steadily as Renee Valliere quickly tries to get into her iced-over car. After the school announced they would be letting students out early, seniors were allowed to leave before the rest of the students.





Nothing Better Than Beating The Crowds. Getting out early for lunch was a favorite senior privilege. David Ward takes advantage of this and beats all the underclassmen to the lunch line.

Relax, Take Some Time Off. Seniors lounging in the commons during classes was not an unusual sight. Bobby Scott relaxes just before school ends. After school Bobby headed to baseball practice.



Seniors battle to keep their privileges

Eleven years of hard work was finally given its well deserved credit. Senior privileges were an added bonus to the glory and ego of a senior.

Business teacher Mrs. Brenda Winstead said, "The privileges are a good incentive for seniors to do their best. They always seem to forget that they can be taken away."

Several times seniors were threatened with the cancellation of the senior skits and pool party if they went through with the

Ogiba said, "What privileges!"

Christi Jones said, "Faculty is too strict on us. We're not as bad as schools like Hampton where they're carrying guns to school."

Parking in the parking lot was a traditional privilege for all seniors and New Horizons students. This was the privilege that was the most abused by underclassmen. Monica Spaulding said, "It's our privilege to park in the parking lot. When the juniors do, the faculty doesn't do any-

That's Ours

traditional breakfast on toga day or senior skip day. Students thought this was a harsh punishment, so a senior class meeting was held. After a persuasive talk from senior president Lee Smith, it was decided that the skits and pool party were more important.

Seniors felt that the faculty had taken away many of last year's privileges. When asked which privilege he liked best, Tom

thing about it."

After numerous complaints, faculty started handing out detentions for all underclassmen who were too eager to claim senior privileges.

Brian Roe said, "We've waited this long to be showered with freedom. It definitely is not what I expected, but I think everyone should wait their turn-JUNIORS!"

QUESTION

What senior privilege do you enjoy the most?

ANSWER

"Senior skits and picnic"

- Leeza Beazlie

"I wasn't aware of any privileges"

- Ben Ford

"Being a senior"

- Evan Robertson

"Last year being here"

- Larry Asakura

"Parking in the parking lot"

- Mike Martin

"Privileges? We have privileges?"

- Jenny Esser

"Getting out of lunch early because it is the only one we have"

- Lee Smith

Service With A Smile. Food Lion offered a convenient opportunity to gain extra money. Several students had jobs there. Senior Monica Spaulding admits to choosing her cashier job over another simply because it is so close to home.

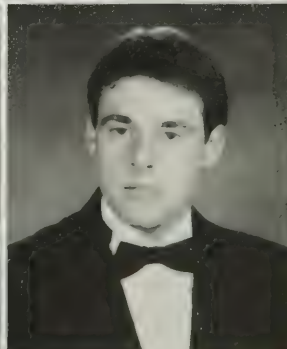
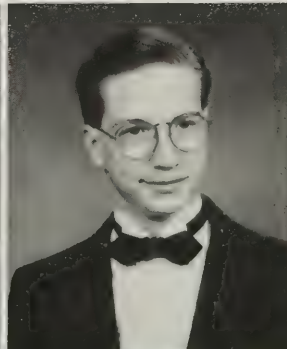
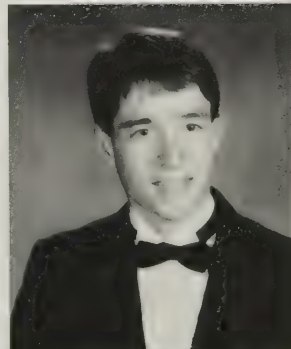
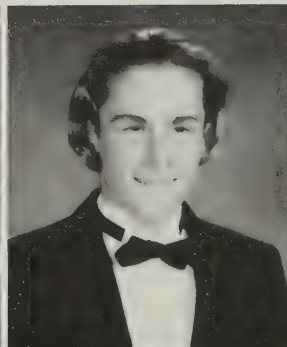
Food, Folks, And Fun. Everyone needs money for college and Karen Stewart earns hers a little bit early. Karen's job at McDonalds gave her the spending money she needed for William and Mary the following year.



WENDY DIANE DEARMAN
Who's Who 12; Soccer Manager 10;
ICT 11 12
RYAN DUNEDIN DEIBLER
KIMBERLY DIXON
Track 11; FHA 12; Special Friends 12

JUSTIN M. EACHES
THOMAS CECIL ELLISON
THOMAS N. EMERSON III
Football 9,10,11,Capt. 12; Wrestling
9,10,11,12; Chess Club 12; Yearbook
11,12

JENNIFER LYNN ESSER
Forensics 9,10,11; Thespian 11,12;
Track Manager 11; VICA Chaplain
12
ALLEN WAYNE EVANS JR.
KWOK YUEN FAN





Pizza! Pizza! Working to earn extra money for the weekend was a common practice. Cleaning the pizza oven at Little Caesar's, Kevin Brandal prepares to close up for the night. Seniors found themselves working late nights as part of their responsibilities.

Space-Age Technology, Engineering, And Airplanes. A guest speaker during class time was always a pleasant surprise to the students. ANASA engineer shows Eric Staton some more points of his career. Eric had a special interest in aircraft for a long time and found the speaker's speech intriguing.



Paths towards future goals begin

College, jobs. A student's entire life is based on the decisions he or she makes now, with the end of the high school career in sight.

"I am going to Mary Baldwin to study nursing," said Erin Bernache. "I became interested in nursing because I like to help people and I wanted to go into the medical field."

Amanda Adair also wanted to go into the medical field, but she chose a different way

first grade teacher."

Dave Johnson was more intrigued by the business world. "I want to go to college to major in business, and minor in advertising," said Dave.

Not everyone was concerned with more than their immediate plans for next year. "Sleep! I want to sleep," said Ben Ford.

Whatever their plans, every senior asked had a quick answer, especially Jeremy Pope. "I want to get out of Poquoson, make money,

My Life

of serving. "I'm going into the navy as a hospital corpsman," Amanda said.

Nursing was not the only popular career choice. Katie Pesola and Kim Little were interested in elementary education. "I remember how my own early teachers influenced me, and the impact they had on me. I still carry a little of that around with me," said Katie. "That's why I want to become a

and get married," said Jeremy.

Apparently seniors were excited about getting off on their own and being considered an adult. Still, they kept in mind that they were supposed to be learning something.

Christine Forsythe solved all her problems when she said, "I'm going to college at the beach."

QUESTION

What are you looking forward to after graduation?

ANSWER

"The Army"
- Jason Harrison

"Going to college for nursing"
- Kim Gillespie

"Being manager of Jiffy Lube"
- Paul Vinson

"Working and hopefully moving to California with my girlfriend"
- Lawrence Bell

"A little more freedom, and one step closer to being on my own"
- Ty Crandol

"Going to a new place and living on my own"
- Renee Valliere

"College- vet school. I'm really excited about my future"
- Kim Prisco

A Little To The Left. During the summer seniors received notices for senior portraits. Kim Dixon poses for her drape portrait. These portraits were used for senior IDs and for yearbook pictures.

Check Out That Smile. Casual pictures were taken along with formals. Winnie Sowder remains perfectly still as the shutter clicks. Senior pictures were exchanged among friends; for that reason many seniors felt getting them taken was important.



SVEN ANTHONY FINUCAN

Excel Club 11, Tres. 12; Newspaper 10,11,12; Key Club 11,12; Who's Who 11; German Club 9,10,11,12

ELIJAH T. FIRTH

Track 9,10; FB 10,12; Wrestling 9,10, 11,12; TSA 9,10,11; Varsity Club 12

KRISTINA DAWN FIRTH

New Horizons 11,12; SF 12

VALERIE DIANE FIRTH

Softball 9,10,11,12; Basketball 9,10, 11,12; FHA 10; Who's Who 11,12; SF 11

SAMANTHA LEIGH FISH

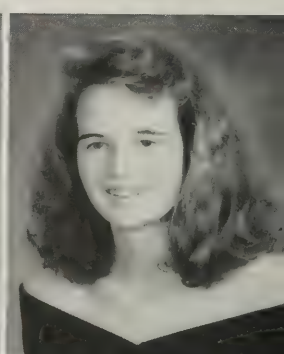
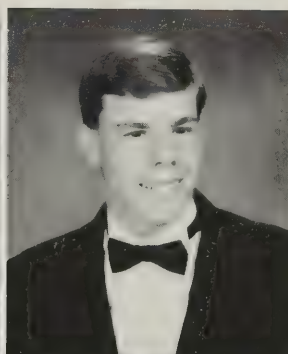
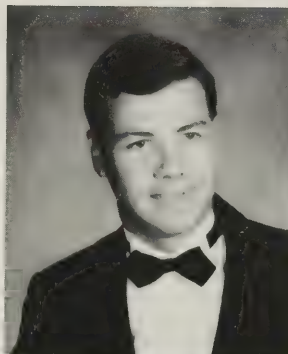
FHA 12; Yearbook 11,12

BENJAMIN C. FORD

Track 11,12

CHRISTINA SUE FORREST

HENDERSON W. FORREST



CHRISTINE M. FORSYTHE
Field Hockey 9,10,11,12; Volleyball 11, Capt 12; Softball 9,10,11, Capt 12; NHS 11, Treas 12; Girls' State 11

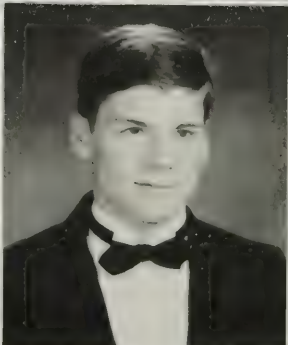
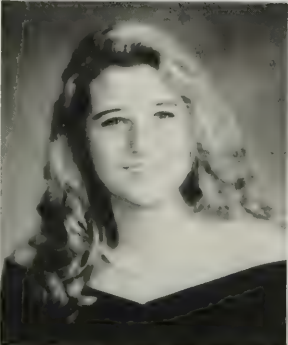
AARON DAVID FREEMAN

KRISTA LEE FREEMAN

Basketball 9,10,11,12; Softball 9,10; Varsity Club 9,10,11,12; FHA 9,10

KIMBERLY D. GILLESPIE

Cheerleading 9,10,11,Capt 12; Hosa Treas 11, VP 12; Track 9



Big smiles, new clothes characterize senior portraits

Her blue eyes gleamed as she stared off into the distance. Her long blond hair waved down her back when she turned her head. Her smile was priceless.

No, this was not the new cover for *Vogue* this was a senior picture sitting. "It was horrible. I got my pictures back and they were so ugly. My hair was parted down the middle and flat. The guy hadn't even bothered to fix it or tell me. Then I missed the retakes for a field hockey game," said Beth

problems. "I got lost on my way to O'Neal's and was an hour late when I finally got there. My face was streaked with makeup and my eyes were red and puffy from crying. Luckily, they let me reschedule my appointment," said Kate Philbeck.

The little extras in the pictures proved not to be worth the trouble. "At O'Neal's, I wore a gray and white outfit. When I got there, there was a gray cat. I suggested to the photographer that we use the cat in a

Perfection

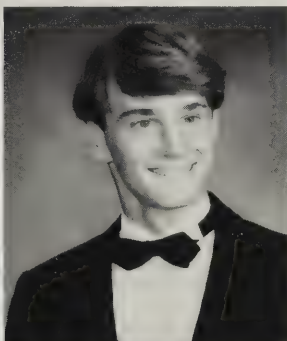
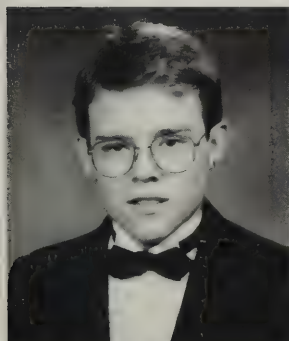
Cheavens.

When first going into the picture studio, seniors had no idea what to expect. "The man told me to take my clothes off. I waited for him to leave. He said he had to help me but he didn't have any clothes with him. Then he started to walk to the closet. It was really weird," said William Carmines.

Getting to the studio caused the most

picture. We spent the next 20 minutes chasing it around. We never did catch it," said Tera Brazas.

The senior pictures came out to be more than students expected. No longer just a stool you sit on for two seconds, but a whole new world. "It was an experience that I'll only have to go through once in my life," said Sven Finucan.

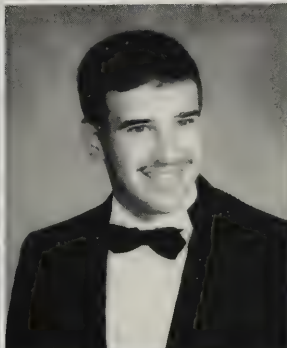
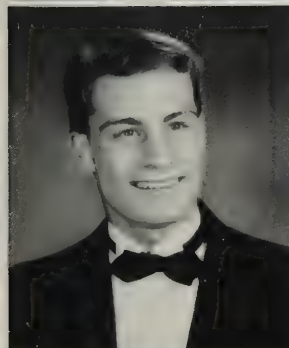


SCOTT CHRIS GOODALL

Explorers 9,10,11,12; Tennis 9,10,11,12;
FHA 11,12 Key Club 12

COLBY ADAM HALE

Football 10,11,12; Basketball 9,10,11;
Soccer 10,11,12; Homecoming Prince 11;
Debate 12

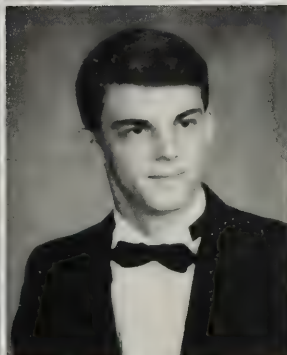


HENRY K. HARDAWAY

Baseball 9,10,11,12; Football 9,10,11,12;
Basketball 9,10,11; FBLA 12; SCA 9,10

JASON CLAY HARRISON

ICT 11,12; ISA 9,10,12



JASON WALKER HAZEN

Football 10,11,12; Track 10,12; Swimming 11,12; Varsity Club 12; ICT 12

WILLIAM VADEN HOLLOWAY

ICT 11,12; TSA 9,10,11; FBLA 9; Chorus 9

QUESTION

What did you spend the most money on when buying memorabilia?

ANSWER

"Senior Portraits and name cards"
- Jessica Montgomery

"Invitations"
- Holly Robbins

"I spent \$250 on applications"
- William Carmines

"The laser tassel"
- Tom Cook

"Announcements and pictures"
- Sven Finucan

"My senior portraits"
- Julia Andrews

"I bought just about everything a senior could buy to remember everything"
- Lisa Morse

JACOB PAUL HOPPING
Cross Country 9,10,11; Track 9,10;
Academic Bowl 9; Academic
Challenge 10,11,12; SCA 11

LEAH R. HUDDLESTON
Band 9,10; Track 10; Special Friends
11; New Horizons 12

KERRY E. JOHANSON
NHS 11,12; Who's Who 11,12; Key
Club 11,12; Chorus 9,10,11,12; Swing
Choir 12

DAVID ALAN JOHNSON
SCA 9,10,11; Basketball 9,10,11,12;
Art Club 9,10,11; Baseball 9,10;

CHRISTI M. JONES

BRAD WILLIAM JUHL
Wrestling 9,10,11,12; Football 10,11;
Varsity Club 9,10,11,12; FHA 11,12;
Track 10,11

CHAD WILLIAM JUHL
Who's Who 9,10,11,12; Golf 10,11,12;
Wrestling 9,10,11,12; State Wrestling
10,11,12; SCA 10

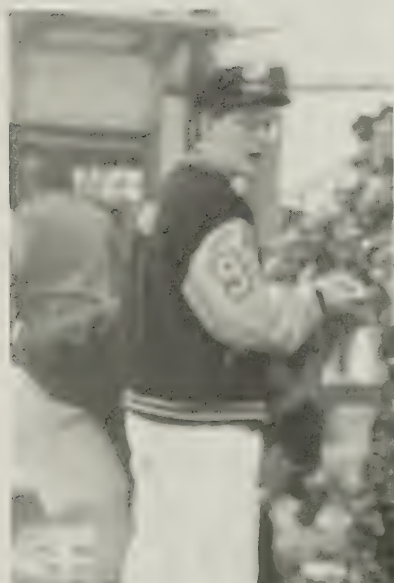
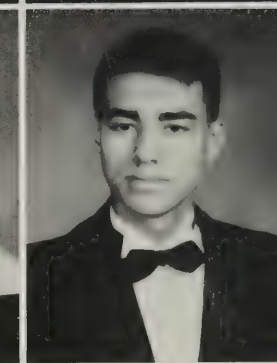
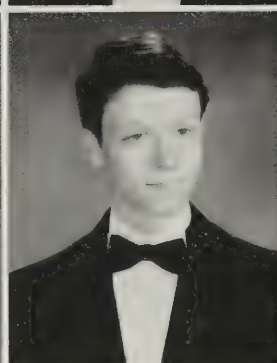
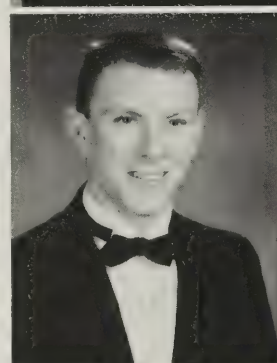
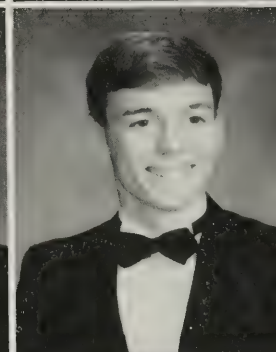
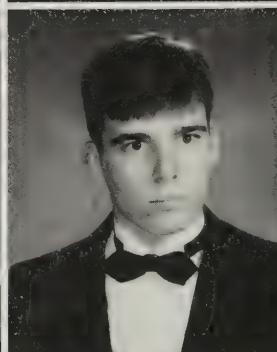
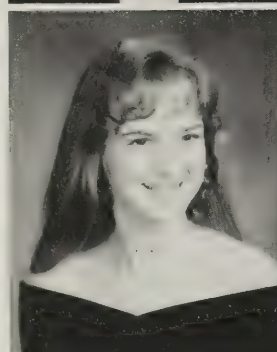
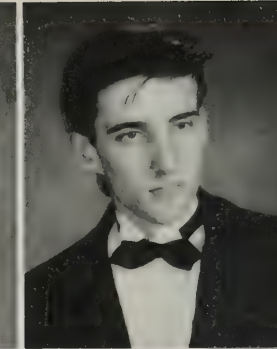
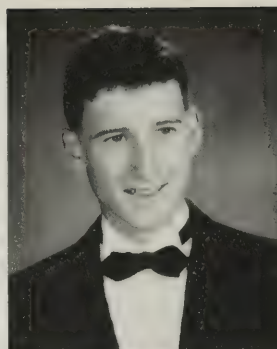
ERIN NICOLE KANE
Tennis 10,11,12; Key Club 11,12;
Campus Life 9,10,11,12; Happy Club
11; Track 9

KELLY LEANDER KEETON
Football 9,10,11,12; Basketball
9,10,11,12; Track 10; FHA 12; Varsity
Club 12

CHRISTOPHER E. KIST
Jazz Choir 11,12; Acapella Choir 11,
12; Track 10; All-District Chorus 12;
Mixed Choir 9,10

CARY DAWN KROSKEY
Field Hockey 9,10,11, Capt. 12; Swing
Choir 10,11,12; NHS 11, Hist. 12; Key
Club 9,10,11; MUN 10,11,12

JOSHUA LYNN LAMBERT
Basketball 9,10,11,12; Varsity Club
11,12; Acad Bowl 9,10,11



Someone Give Me A Hand. Homecoming floats were a tradition for all classes. David Ward discovers what helping out involves. "This was my first year working on the float. I had a lot of fun hanging out while I was there," said David. The senior float won first place in the Homecoming Parade.

Go Poquoson! Football games were something many senior flag members found they would miss after graduation. "I always have fun watching the game and performing at half-time," said Kim Prisco.





Diligently Working. Art projects in Studio Arts I sometimes involved some mindless coloring. Ben Ford uses primary and secondary colors on his project. When he finished, Ben's piece consisted of six boxes with geometrical designs appearing in sequence.

Stay In The Lines. Even after sports practices and club meetings, seniors found the time to create their last Homecoming hall. Seniors stayed until faculty kicked them out. Krista Meyers and Valerie Firth share the work of coloring in individual pictures for clubs and sports.



Confessions of nostalgia envelope the senior class

Graduation.

That one word had enough power to jumpstart the entire senior class.

When first asked what or whom they would miss the most after graduation, seniors felt they would miss absolutely nothing. The desire to be out and on to better things appealed to them very much. Upon closer examination though, a couple of seniors realized that there were some people and things they would miss.

"Being close to all my friends is what I

Mom's services were appreciated by students who realized they would soon have to fend for themselves. "Having my mom there to cook and do laundry will be something I'll really miss," said Heather Campbell.

Making new friends at college was a concern for Brian Roe. "Adjusting and meeting new people will be hard," said Roe.

Kevin Brandal mentioned that he might miss working at Little Caesar's. On a related topic, Arun Rao was most worried

See You Later

will miss most," said Mike Riley.

Eric Staton agreed with that sentiment when he said, "Leaving my family and Poquoson. I've lived here all my life and I'm really going to miss it."

Missing mom was another worry. Tom Cook said, "The hardest part of leaving home will be not having my mom cleaning up after me."

about paying for his education. He found himself overwhelmed by the high cost of college.

It seemed that despite their reluctance to admit it, seniors all had a secret worry about graduating, whether it was missing friends or fitting in at college. However, for the most part, seniors honestly looked forward to graduation.

QUESTION

Who or what will you miss the most next year?

ANSWER

"Friends and Mr. Spruill"
- Greg Andres

"Friends and the atmosphere of a small school"
- Krista Freeman

"Mr. LaRue and Mr. Garrity"
- Samantha Fish

"All of my teachers"
- Janet Brumbaugh

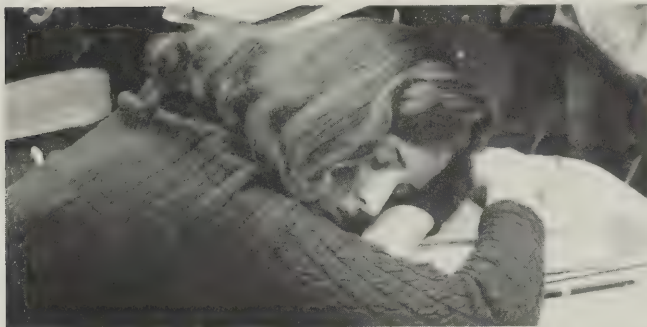
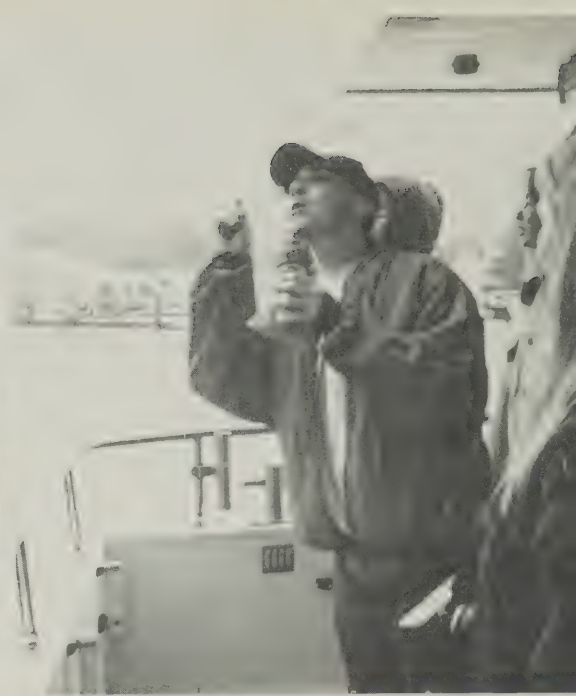
"The wrestling events and friends"
- Lorrie Perok

"Channon"
- Chad Juhl

"Mr. and Mrs. Baker"
- Vaden Holloway

Hey Everyone, Look What I Can Do.
Everyone needed a break once in a while and D.J. Crawford uses his time to blow bubbles. Some people reverted to childhood toys because of senioritis.

I Don't Know, Let Me Sleep On It.
Sleeping in class was one of the major symptoms of senioritis. Julia Shaw fell victim to the disease in AP English class. One hazard of sleeping, though, was waking up with sweater marks on her face.



BRIAN KELLEY LAMBIOTTE

SCA 9,10, VP 11, Pres 12; Tennis 9,10,11,12; FB 10,11,12; Yearbook 12

MIU LIN LEE

NHS 11,12; Who's Who 11; New Horizons 11,12; Forensics 10,11, 12; Mentorship/NASA 11,12

KIMBERLY D. LEESON

Track 9,10,11,12; FHA 11; FBLA 9,10,12; Cheerleading 9,10; COE 12

SHANNON JOY LINDBERG

FHA 10, Pres. 12; Cheerleading 10,12; FBLA Rep. 12

KIMBERLY JEAN LITTLE

Key Club 12; Tennis 10,11; FHA 12; Track 12; Varsity Club 11,12

ERIC SCOTT LOBACH

Baseball 10,11,12; Football 11,12

DAVID MAXWELL MAJOR

Baseball 10,11,12; Football 10,11; TSA 9,10; Varsity Club 10,11,12; Track 9

MICHAEL REID MARTIN

TSA 9,10,11; New Horizons 11,12; FHA 12

MINDY LYNN MARTINEAU

SADD 10,11,12; FBLA 12; COE 12

JENNIFER D. MASSIE

Track 11,12; New Horizons 12; HOSA 12

ERICA MCCLAIN

MARA ROSE MCGARRY

NHS 11,12; Sea Explorers 12; Key Club 12; Acapella Choir 10, 12; Special Friends 11

CHANON A. MCQUOID

Tennis 10,11,12; Key Club 11,12; Happy Club 9, 10; Varsity Club 12; Excel Club 11,12

ANGELA KAY MERCER

Mixed Choir 9,10; FHA 9,10; SADD 10; New Horizons 11,12

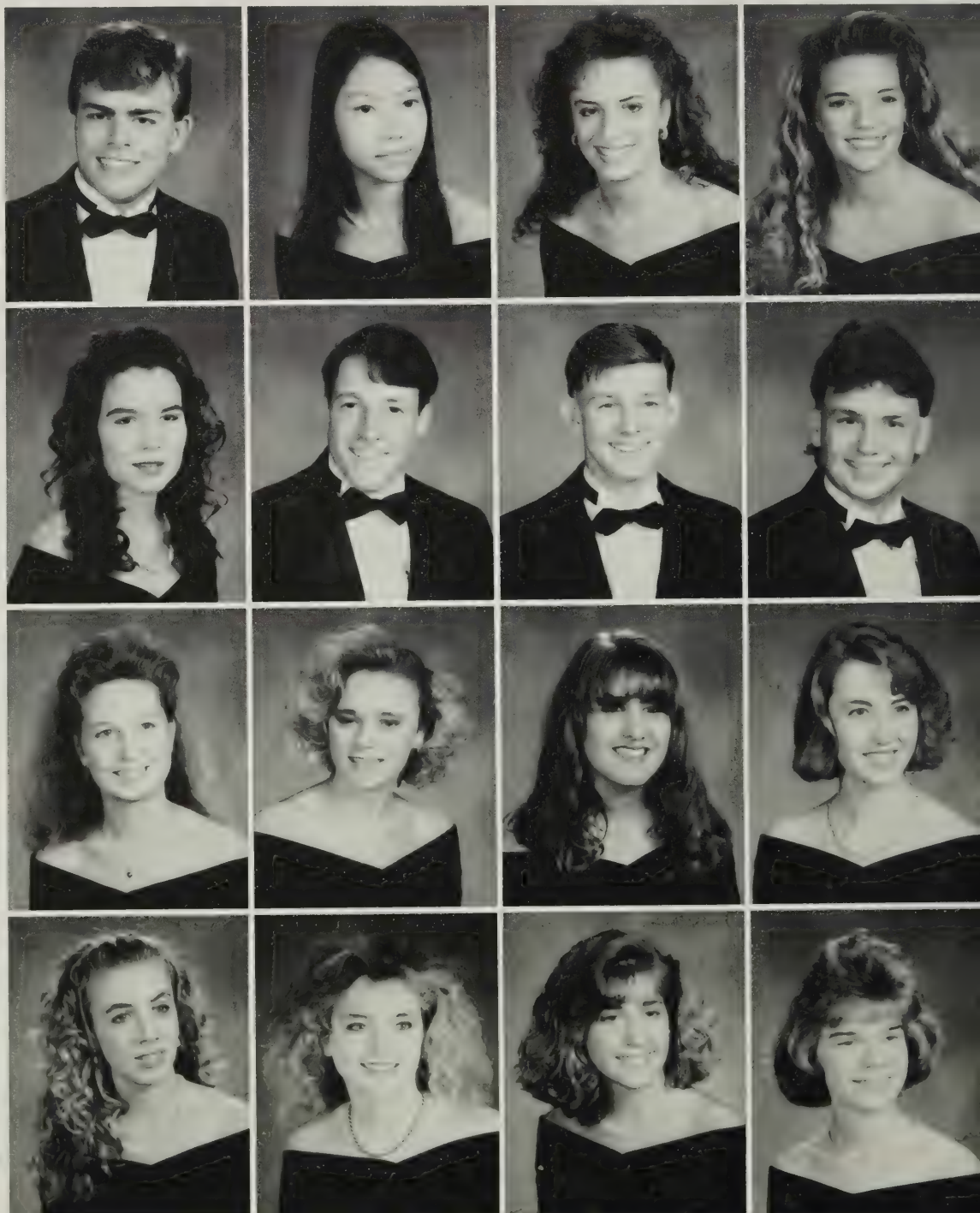
KRISTA ANN MEYERS

Field Hockey 11, Capt. 12; SCA 9,10, 12; NHS 11,12; Swing Choir 10,11,12; Class Pres. 10, V.P. 9, Sec. 11

AMY LEANN MILLER

New Horizons 11,12; Special Friends

12



Senioritis strikes hard, epidemic rampant

Code blue! Code blue! An emergency in room B-1. Students suffering from a serious and possible time-consuming disease.

This disease is incredibly contagious - especially to all seniors. The disease? Senioritis.

Students were overwhelmed with the power of the senioritis bug. Beth Murphy said, "I eat, sleep, and walk senioritis. I plan on doing nothing this year."

One of the major symptoms of senioritis

soccer, and make fun of sophomores. I can not wait to leave!"

After four years of practice, seniors went through the school day ritual like robots, sitting through classes and staring off into space, zoning out. Jenny Esser said, "I am like a zombie in the senior mode. All I have done is slack off and make fun of freshmen and sophomores. I kind of like it, it is a great excuse."

There were a few obvious symptoms of

Medical Alert

was not doing the work assigned by teachers. For some seniors, the disease struck a few years ago. David Abel said, "I have been affected since last year when I stopped doing work and started staying home."

Part of the senioritis bug was teasing all the underclassmen. Ryan Diebler said, "I do not do homework, classwork, or schoolwork. I party all the time, eat, sleep, play

senioritis. Seniors' minds would drift while doing homework, they didn't care about exams, and they tried anything to get out of class.

One common symptom was shared by almost everyone. Renee Valliere said, "I would go home and sit there with a book on my lap for hours. I would never look at it and then I would go to bed."



Bottoms Up. While in Mr Nelson's first hour government class, Ben Pearce takes a break from the stress of notes to take part in his daily ritual. Ben often brought snacks to class to fulfill his breakfast needs.

QUESTION

What was your first symptom of senioritis?

ANSWER

"Incredible amounts of procrastination and lack of interest in high school life."

-Michelle Ricketts

"I slept in on the first day of school."

-Josh Lambert

"When the acceptance letters I received said that all I had to maintain was a 2.0 GPA."

-Marty Ploetner

"Wanting to graduate after the first day of school."

-JoEllen Ross

"Waking up at 6:00 and not wanting to get up."

-Eric Lobach

"Actually wanting to go to school."

-Jennifer Massie

STEVEN L. MINGEE

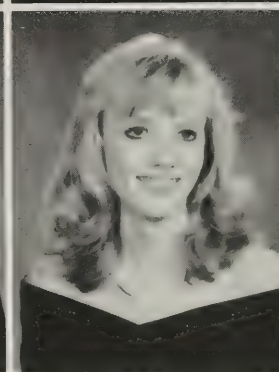
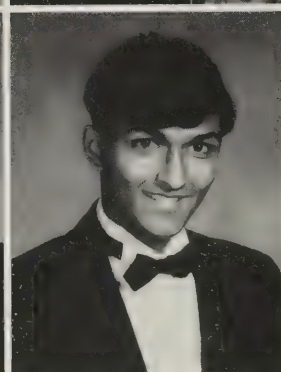
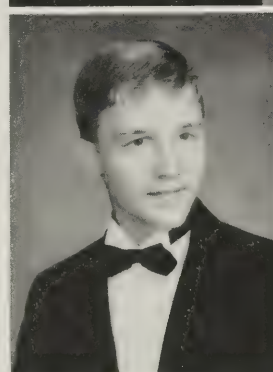
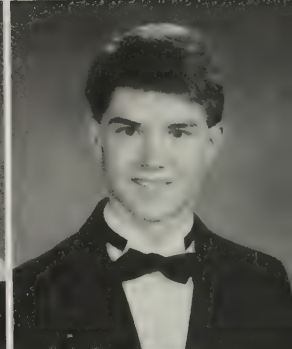
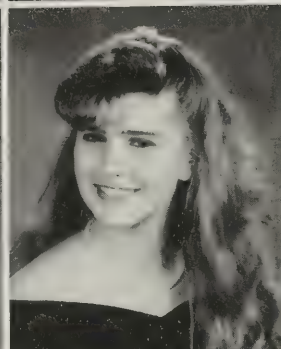
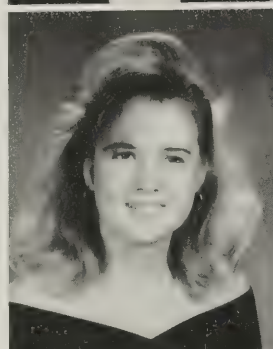
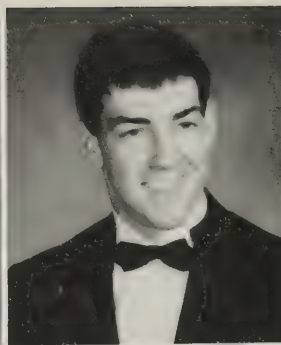
Football 9,10,12; Track 11

DAVID M. MITCHELLSCA 9,10,11,12; Soccer 9,10,11,12;
Football 11,12; NHS 11,12; Newspaper
11,12**JESSICA MONTGOMERY**FHA 11, Sec.12; Key Club 10,
11; Yearbook 11; Girls State Rep.
11; Who's Who 12**TARA ELAYNE MOORE**Band 9,10,11,12; Color Guard 10,
Cap. 11,12; SADD 11,12; FBLA 9,10;
President Band Council 12**CHRISTY LYNN MORROW**FBLA 9,10; FHA 9,10,11,12;
FICA 12**LISA MARIE MORSE** Band 9,
10,11,12; SADD 11,12; FBLA 10, COE
12; JV Basketball 8,9,Capt.10; VP
Band Council 12**BETH MIRIAM MURPHY**Band HG 10, Capt 11,12; SADD
9,12; Special Friends 9,10, 11,12;
Swim Team 11; FHA 12**THOMAS HENRY OGIBA**Swim Team 11,12; Vars Club 12;
Special Friends 12; FBLA 12; Soccer 9**DAVID RAY OWEN**

New Horizons 11,12

MAULIK PARESH PARIKHKey Club 9,10, Tres 11,12; Debate 9,
10,11,12; Academic Challenge 9,10,
11,12; NHS 11,VP 12; Newspaper 9,
10, Editor 12**KAREN LEE PAUL**Drama Club 10,11,12; Forensics 10;
FHA 9**MARIE LYNN PAUL**

Tennis 12; Model Judiciary 12



One Last Dance. For seniors the Homecoming dance was something to be remembered always. Friends Jayson Craig and JoEllen Ross joke during the last dance. Often times, friends dated each other because they knew they would have fun.

What Have You Been Doing Lately? Seniors took time to catch up with their underclassmen friends. Kristie Powell talks to junior Eddie Vande-Mortel. Although many seniors delighted in teasing underclassmen, most admitted they had good friends in the lower grades.





Please Try Not To Stick Me With That. Pinning of flowers was a tricky business. Renee Valliere pins a boutonniere on her date Ryan Ward. After leaving home, Renee and Ryan ate at Carvers with a large group of friends.

What You Want Is What You Get. McDonald's offered students a chance to get a quick meal. Lisa Morse treats her date junior Mark Davis to dinner before going to see a movie.



Playing the dating game can be bad

"Please say this isn't happening."

"I can't believe he wore that outfit."

"This has got to be the worst night of my entire life!"

Seniors experienced all types of dates. Their dates turned up wearing clothes that nobody could believe they were wearing. Tracey Silcox said, "My freshman homecoming date wore an all white suit with a crumpled up shirt. Because of the white he practically glowed in the dark at the dance."

There was always that one person who just seemed to be a little too weird. "I went to Homecoming with a girl from Denbigh who was psycho, although I didn't know it. She told her friends if I stopped seeing her she'd set my car on fire. Anyway, at about 11:00 I told her that I had to go home because I wasn't allowed out late. So I drove her home. She told me that she didn't want to see me. I went back to the dance and danced the last few dances and hung out with my

First Impressions

Along with clothes, dates just couldn't seem to be on time. Lorrie Perok said, "For my Junior Ring Dance, my date was an hour late to pick me up. He wore jeans, and walked into the dance with sunglasses on. To top it all off, he was too embarrassed to walk over the bridge with me to turn my ring. So a good friend of mine turned it for me. I can truly say that was the worst date!"

friends. When she found out, she threatened to kill me and the girls I danced with," said David Abel.

The kind of date with the most potential for disaster were blind dates. "My blind date was Prom night. He came to pick me up really early, wouldn't talk, and he couldn't dance. He also left about an hour before I did," said Jenny Esser.

QUESTION

What was your most embarrassing moment as a senior?

ANSWER

"I don't get embarrassed"

- Leah Huddleston

"I locked my keys in my car while it was running"

- Bobby Scott

"Getting Saturday School"

- Ryan Ward

"Getting my SAT scores"

-Kate Philbeck

"Rear-ending a go-go dancer"

- David Abel

"Hitting a beer truck with my car"

- Scott Goodall

Surf's Up! Riding the waves down at Nags Head was one the most popular pastimes. Chad Juhl and Brian Lambiotte take advantage of the nice weather and the good surf during Beach Week.

Taking Five. Play practice could be long and tedious. When breaks were given, they were taken advantage of. Lee Smith thinks about his plans for the weekend during his spare time.



WILLIAM R. PAULS IV

Band 9,10,11,12; Track 9,10,11,12;
Swimming 10,11,12; Jazz Band
10,11,12; Football 9,10,11

BENJAMIN DALE PEARCE

Soccer 9,10,11,12; Band 9,10; FBLA
11, Pres. 12; SADD 12; Vars. Club 12

LORRIE LYNN PEROK

Cheerleading 9,10,11; FBLA 11; FHA
12; Varsity Club 10,11; SADD 10

KATHERINE E. PESOLA

FBLA 10,11, Pres. 12; Cross-Country
9,10,11; Track 9,10,11; Varsity Club
9,10,11,12; SADD 12

KATE LAWSON PHILBECK

Field Hockey 9,10,11,12; Key Club
10,11,12; Class Officer 9,11; SCA
10,11,12; Swing Choir 10,11,12

MARTIN A. PLOETNER

Basketball 9,10,11,12; NHS 11,12;
Gov. School 12; Swimming 11; Boy's
State 11

RENEE CHRISTIN POMROY

NHS 11,12; Track 10,11,12; Sc. Club
12; Chorus 10,11,12; Newspaper 11

JEREMY WEBB POPE

Basketball 9,10,12; Lit. magazine
10,12; Who's Who 10,11,12; Key
Club 11,12; Varsity Club 11,12

KRISTIE LEIGH POWELL

ROBERT WOODS PRETLOW

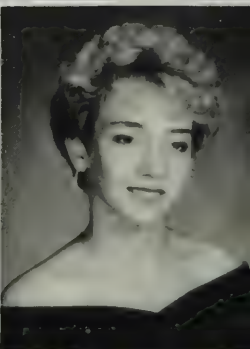
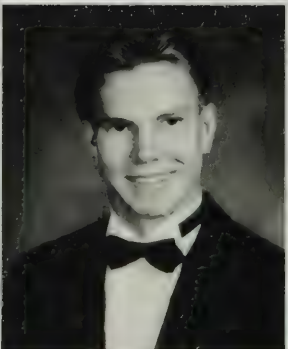
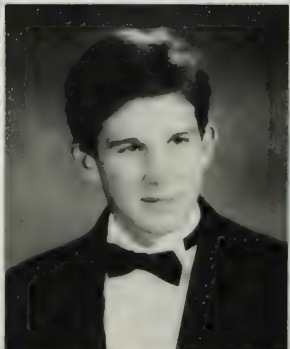
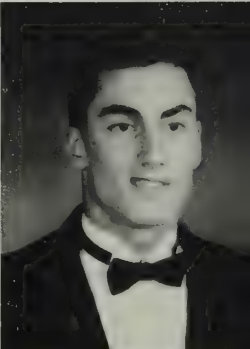
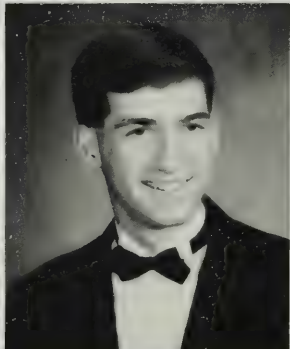
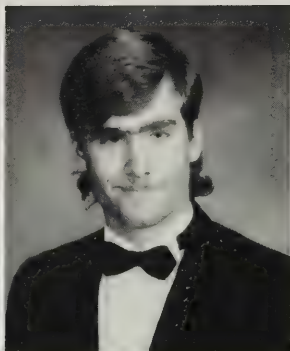
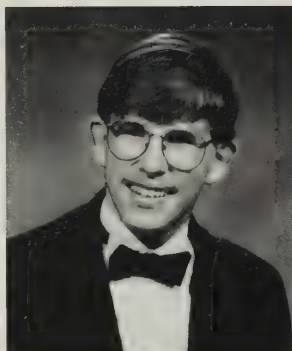
Tennis 9,10,11,12; Class Tres. 12; Key
Club 10,11,12; Newspaper 11,12;
Varsity Club 11,12

PHILIP J. PRICHARD

Soccer 10,11,12; Basketball 10,12

KIMBERLY ANNE PRISCO

OM 9,11; NHS 11,12; Newspaper 11,
12; Flags 11,12; Cross Country 10



Seniors kick back and take it easy

From 7:30-2:00 go to school, from 2:15-5:00 volleyball, from 5:00-7:00 swing choir, from 7:00-8:30 Key Club, from 8:30-10:30 homework and eat dinner at the same time, and from 10:30-6:00 a.m. sleep. I swear I found only 15 minutes of spare time in there.

When the last year of high school finally rolled around, students donated all their time to every club, organization, or job possible. Spare time was only available in

Spare time could also be the time for relieving stress. Doing unusual things with extra time helped make humorous situations. "I hang out in port-a-potties with Ryan Ward," said David Mitchell.

Seniors also had ulterior motives for involving themselves in physical activity during their free time. These seniors set their minds on one thing. "When I'm not playing sports, I keep myself in shape by running and working out. This keeps the girls break-

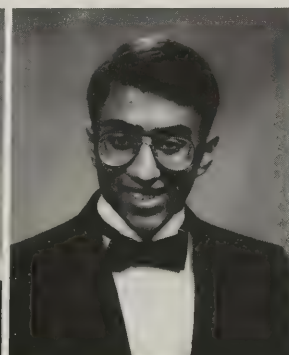
Spare Time

dreams. "Spare time? Since when did a senior in high school have spare time?" said Kristie Powell.

Still, some time for relaxing was necessary for the general health of the student. Playing sports with friends was what Micah Schwartzman did in his free time. "I crush Jeremy Pope in one on one basketball," he said.

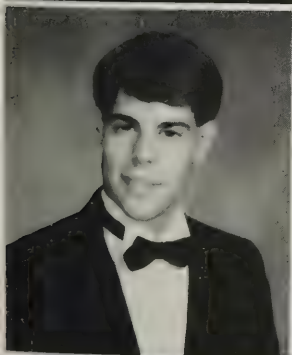
ing the doors down after me. No, just joking; I mean about the working out part," said Colby Hale.

Hanging out in port-a-potties or playing basketball against a tall player wasn't on the top of everyone's list. Their spare time contained simplicity. "I go out with my friends on the weekend when I have extra time," said Kerry Johanson.



ANNE-MARIE PROSTKO
Field Hockey 10,11,12; Chorus 9,10,11,12; Band 9,10,11; German Club Pres. 12; NHS 11,12

ARUN GADAHAD RAO
Tennis 9,10,11,12; Debate 9,10,11,12; Academic Team 9,10,11, Capt. 12; Model UN 10,11, Head Delegate 12; SCA 11



GREGORY C. RICHTER
Soccer 9,11,12; Varsity Club 12; Key Club 12; Excell Club 12; Special Friends 11

KAREN M. RICKETTS
Band 9,10, Drum Major 11,12; Special Friends 9,10,11,12; Key Club 11, Sec. 12; Model UN 11, Head Delegate 12; NHS 11,12



MICHAEL JAMES RILEY
Football 10,11,12; Key Club 11,12; Special Friends 11,12; Newspaper 9,11,12; German Club 9,10,11

HOLLY DAWN ROBBINS
FBLA 11, Historian 12; SADD 9,10,11,12; COE 12; Special Friends 10

QUESTION

What do you enjoy doing most in your free time?

ANSWER

"Reading, listening to music, and watching movies with friends"

- Miu Lin Lee

"Going out with friends and exercising"

- Moncia Spaulding

"Hanging out with friends"

- Channon McQuoid

"Hanging out with friends and going to Denny's restaurant"

- Winnie Sowder

"Being with friends and playing sports"

- Treye Hardaway

"Eat, sleep, and listen to weird music"

- Heather Campbell

"Sleeping and going to parties"

- Wayne Barber

Did It All Fall Out Of My Wallet? For seniors, money seemed to be disappearing all over the place. Marty Ploetner counts just how much money is left for whatever other senior expenses may just pop up.

Everything Is Already A Memory. Pictures were always looked upon nostalgically throughout the year. In her room, Julie Andrews looks through her senior memory book and the pictures which she stores in it.



MICHAEL DAVID ROBBINS

Football 12; New Horizons 12

EVAN JUSTIN ROBERTSON

Soccer 9,10,11,12; SCA 9,10,11, Tres. 12;
Excel Club 11,12; Varsity Club 10,11,12;
Chorus 9,10,11,12

CHRISTOPHER ROBINSON

Basketball 9,10; Football 11; Track
9,10,11,12; TSA 9,10,12; Varsity Club 10,
11,12

BRIAN PATRICK ROE

Football 9,10,11,12; Track 9,10,
11,12; Key Club 12; Newspaper 11, 12;
German Club 9,10,11

MICHAEL E. ROHRER

JOELLEN FAYE ROSS

Homecoming Court 9,10,11, Queen 12;
Swing Choir 9,10,11,12; Volleyball 9,10,
11, Capt. 12; Field Hockey 10,11,12; NHS
11,12

ANDREW W. ROYSTER

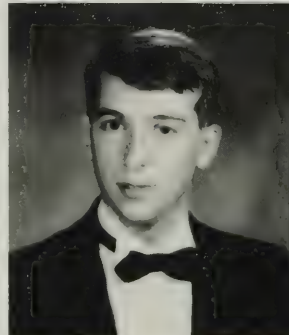
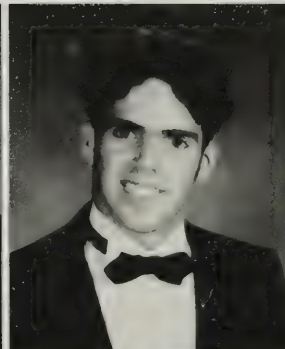
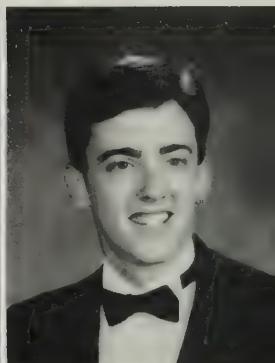
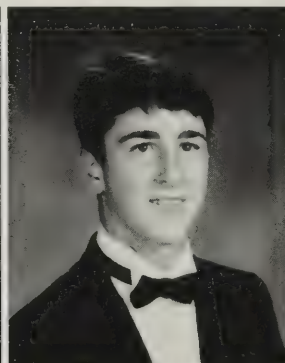
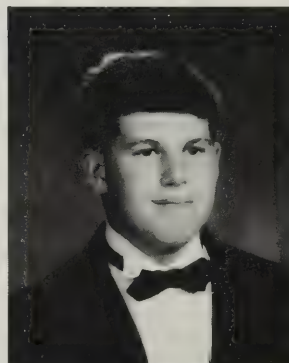
Football 10,12; Track 9; Special Friends
11; FBLA 12; Lit. Magazine 10,12

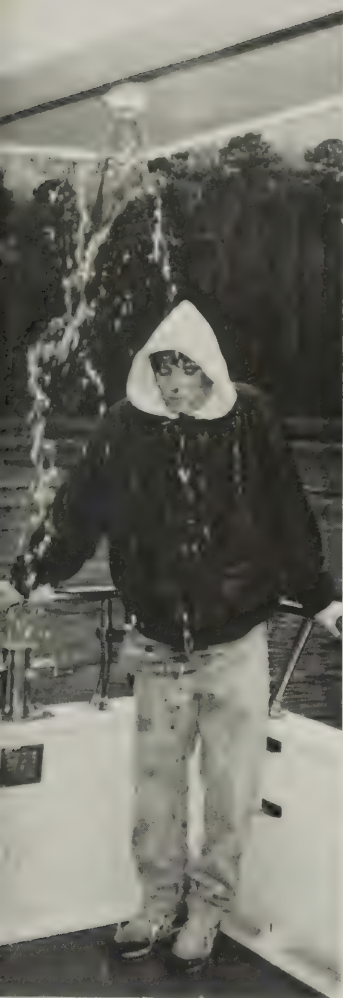
TIFFANY DAWN RUEHL

Key Club 9; SADD 9,10,11; FBLA 11;
VICA 12; Exchange Student 11

DAMIAN A. SALAS

Band 9,10,11,12; Jazz Band 9,10,11,
12; Softball Mgr. 10,11,12; TSA 9,10, 11;
MUN 12





Help! Field trips with classes were mostly fun and costly. On a whale watching trip for ecology, Brad Juhl gets stuck in a corner of the boat when the pipes release water. After all the time and money spent on the trip, Brad was miserable for the rest of the day.

Support The Senior Treasury. Senior sweatshirts and t-shirts were sold in order to gain money for the class. Along with the orders from Herff Jones, seniors kept digging for money. Lee Smith and Robbie Pretlow sell the sweatshirts and t-shirts during lunch.



Senior expenses continue to mount

"Attention seniors. More orders of unnecessary memorabilia will be taken today. Please bring your deposit because the total amount will be too overwhelming to handle."

Announcements such as this were heard frequently throughout the year. Being a senior was expensive. The first of the series was the senior pictures. After that came senior t-shirts and sweatshirts, followed by the long awaited cap and gown.

The companies seemed to take advantage of

wallets which were given to friends and family."

Some parents refused to pay for everything. Senior Tera Brazas said, "I got a job so that I could pay for some of my orders. I feel so bad for asking for money for that, plus money for weekends and other things too."

Some seniors had older brothers and sisters who had graduated already, which came in handy. Brent Waters said, "My parents are probably going to make me use my brother's

Costly Traditions

seniors. Senior Erin Kane said, "A mini diploma! Why would you ever need that? Who is going to take all their senior memories to college?"

That was not the only argument against the orders. Orders were generally expensive. The senior pictures won the race, though. Senior Bobby Scott said, "My parents paid so much for my pictures. We ordered mostly

cap and gown instead of spending more money."

In the middle of the school year, seniors were vulnerable to memories. Had the senior year gotten to be overrated? Larry Asakura said, "I thought a lot of the stuff they're trying to sell us is a rip-off."

That may be true, but the point was--they sell, therefore they are.

QUESTION

What was your most memorable experience in high school?

ANSWER

"Watching my brother win state for the first time."

- Brad Juhl

"Picking up a fumble against NSA for the winning touchdown."

- Kelly Keeton

"Missionary trips to Kenya and Estonia."

- Colby Hale

"My NHS induction."

- Mara McGarry

"Doing my business project with Dave Mitchell and Brian Roe, and going to homecoming with Anna."

- Mike Riley

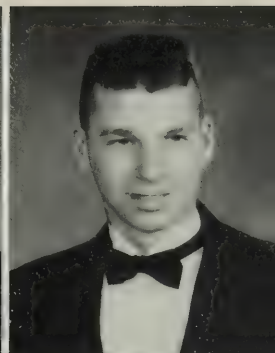
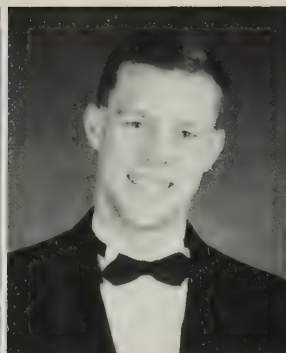
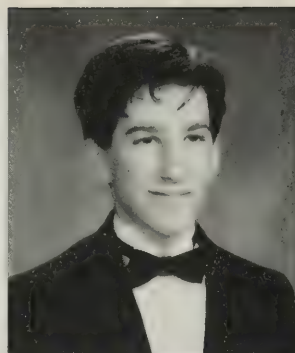
"10th, winning softball, State Tournament"

- Anna Ward

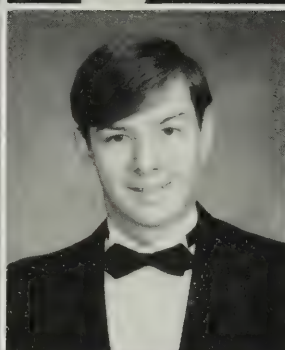
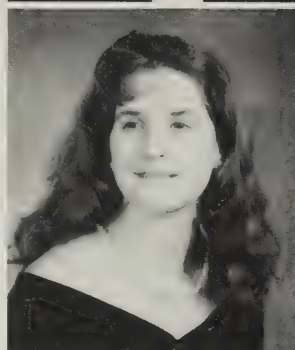
"Homecoming Pep Rally"

- Erin Kane

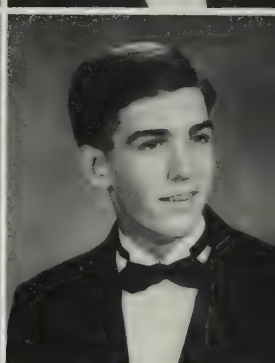
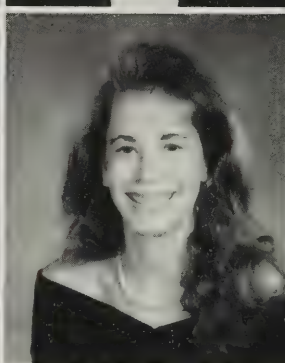
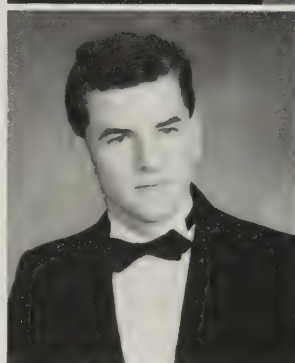
MICAH J. SCHWARTZMAN
 NHS 11,12; Debate 9,10,11,12;
 Forensics 9,10,11,12; Literary Mag.
 11,12; Academic Challenge 11,12
ROBERT WALTER SCOTT III
 NHS 11,12; Baseball 9,10,11,12; Key
 Club 11,12; Football 11,12; All-
 District Band 11,12
RUSSELL WADE SCOTT
 Football Manager 9,10,11,12; Varsity
 Club 10,11,12; Wrestling Manager 12
WAYNE CONDIFF SEAL
 Baseball 10,11,12



JULIA ANNE SHAW
 Field Hockey 9, Capt. 10, 11, 12;
 SADD 9,10, VP 11, Pres 12; Who's
 Who 10,11,12; Tennis 9,10,11,12;
 Swim Team 10,11,12
TRACEY LYNN SILCOX
 OM 9,10,11,12; Science Club 9,10,11,
 12; SADD 11,12; Flags 10,11,12; NHS
 11,12
HERBERT D. SKINNER
CHRISTOPHER D. SMITH



DAVID LEE SMITH JR.
 Class Pres. 12; Class Tres. 10,11; State
 Track 10,11,12; All-District Cross
 Country 11; Principal Advisory
 Council
WINIFRED A. SOWDER
 Field Hockey 11, Capt. 9, 10, 12;
 Model UN 10,11,12; Newspaper
 10,11; Key Club 9,10,11, Tres. 12;
 SCA Sec. 11
MONICA JOAN SPAULDING
 FBLA 12; SADD 12
SCOTT SPILKER



Check It Out Carefully. College applications had to be filled out completely. David Johnson makes sure he did not miss anything. Once the forms were mailed, relaxation set in.

How Many Words Does It Have To Have? College essays were one of the most time consuming parts of applying to schools. Renee Pomroy spreads out all her papers in order to see what was going on.





Eenie-Meenie-Minie-Mo. Deciding on which colleges to apply to took much consideration. Location, price, and size were main factors. Tom Ellison looks at a brochure from the University of South Florida. After many hours of researching colleges, he finally decided that this was his top choice school.

It's All Over With. Hours and hours of writing, editing, and rewriting were finally over. College essays put an extra load of stress on seniors. Kristie Powell gives a sigh of relief after finishing her essay and finally mailing it off.



Writing college essays necessary for admission

Finally, senior year. Time to sit back, relax, reflect on a high school career and look forward to the times to come. No worries, nothing between high school memories and college dreams. Well, nothing except a few time-consuming college essays that hold the rest of a senior's life in the balance.

"I haven't written any yet, but I have four due two days from now. I'm not looking forward to working on them at all," said Josh Lambert.

for UVA in one hour, on the day it was due to be postmarked."

Other seniors had a different approach to their college essays. "I have mixed feelings about college essays," Micah Schwartzman said. "They made me sit down and think about my views, my past experiences, and what I want for myself in the future. Some of the questions were pretty challenging, but writing for two months straight gets old."

Writer's Block

Some seniors wrote their college essays under pressure and wherever they found time.

Lee Smith said, "I actually wrote my first college essay at work. I didn't know what to write about and I ended up turning out some second rate statement about my busy schedule. Anyway, I never used that one and I ended up writing a pretty decent one

A few seniors had a hard time sticking to the topic. "I had to write about my greatest achievement and I ended up writing on surviving left-handed in a right-handed world because I was out of ideas," said Erin Bernache.

Wayne Seal said, "I still have two more due. They'll probably be the one thing I remember most about my senior year."

QUESTION

What was the worst/best part of filling out college applications?

ANSWER

"Essays were the worst. Getting accepted was the best"
- Karen Stewart

"Interviews were the worst"
- Jeremy Pope

"Writing and putting down my GPA was the worst"
- David Johnson

"The worst part was keeping all the deadlines straight. The best part was that they were over"
- Amanda Adair

"Filling out the same thing over and over again was the worst"
- Damian Salas

"the deadlines were the worst part. Getting the acceptance letters was the best"
- Eric Staton

Bumming On The Beach. Beach week was a tradition among the seniors. Beth Chevans, Kate Philbeck, JoEllen Ross, and Renee Valliere relax in the sun. Laying out occupied the sunny hours of the day.

Don't Worry It'll Be OK. One tradition for the senior class officers was to announce junior couples and hand them their class flower at Ring Dance. JoEllen Ross admires the juniors as they cross the bridge.



JOHN ERIC STATON

Track 9,10,11,12; CC 10,11,12; Vars.
Club 11,12; Key Club 11,12; Indoor
Track 10,11,12

KAREN ELAINE STEWART

Flags 11,12; Band 9,10,11,12; SADD
11,12; Newspaper 12; Who's Who 12

JAMES AARON THOMAS

Drama Club 9,10,11, Pres 12;
Forensics 10; Thespian 10,11,12

AMANDA M. THOMPSON

New Horizons 11,12; Wres. manager
12; Who's Who 12

CHARLES G. TOPPING

JOSEPH D. TOPPING

RENEE NICOLE VALLIERE

Field Hockey 9,10,11, Capt 12; Key
Club 11,12; National Honor Society
11,12; Swing Choir 11,12; Newspaper
11, Editor 12

JAN MARIE VINSON

PAUL ANTHONY VINSON

TCT 11,12

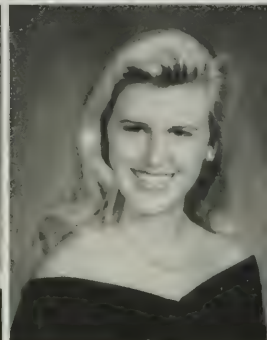
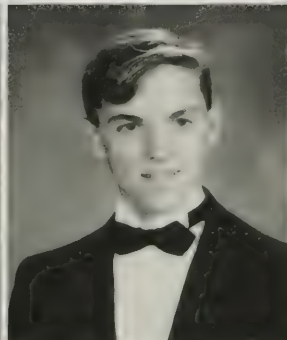
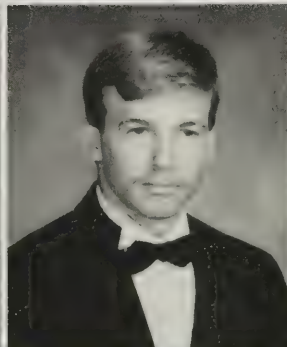
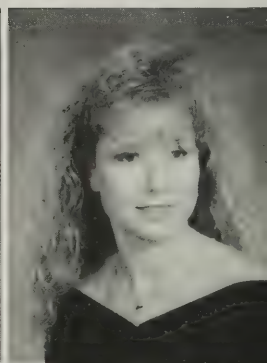
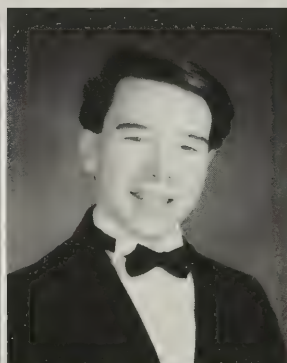
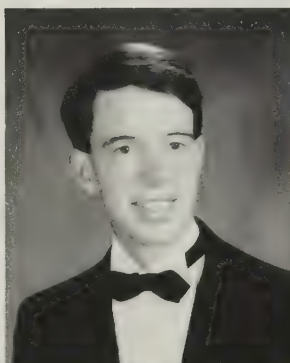
BRIAN DANIEL VLAUN

CC 9,10,11, Capt 12; Tennis 9,10, Capt
11, 12; SCA 9,10,11; Lit Mag Editor 11;
Key Club 12

ANNA ELIZABETH WARD

Softball 9,10,11,12; Homecoming Ct.
10,12; Football Mgr 11,12; Newspaper
Ed 11, As. Ed 12; Vars. Club 10,11,12

BRIDGET ANNE WARD



Tears well up as seniors reflect on their last times

"Most of my high school memories are going to be from my senior year," said William Carmines.

As seniors got ready to depart high school and face the change to adulthood, the realization that this was the last time around made seniors savor their final year.

For some students the last dance was a time for remembrance. "My last Homecoming was cool because I was one of the oldest here. It was fun to compare it to my fresh-

Being on a field didn't always mean sports though. The band performed during half time for the crowds. "I won't be able to be a part of the flag corp in college. I liked it because it helped to keep me physically active. Our last half-time show was full of memories I'll keep for a long time," said Leeza Beazlie.

Not all senior memories were on the playing or performing field. Beth Cheavens recalled her last time watching the football

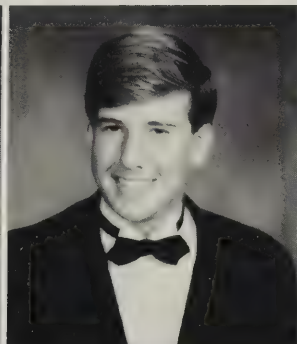
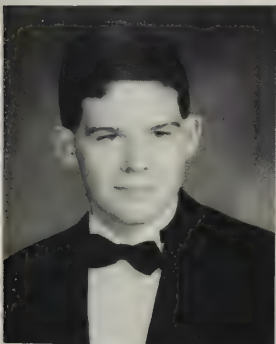
Fond Farewells

man year and notice how much everything has changed," said David Mitchell.

Other seniors remembered their last time on the field. Renee Valliere said, "At the end of our last field hockey game a bunch of us stood in the middle of the field and cried. Not just because we lost, but more because it was the last time we were ever going to play together."

team. "It was sad knowing that it was the last time we were going to get a chance to watch our team, it only made it worse when we lost to Tabb," said Beth.

Some seniors realized that the end was near and didn't plan to let anything pass them by. Arun Rao said, "I'm trying not to take anything for granted, you're only a senior once."

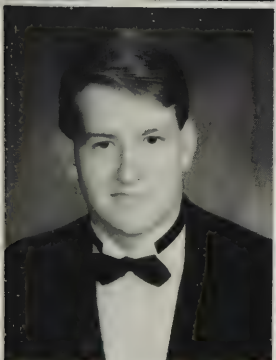


DAVID AUGUSTUS WARD

Football 9,10,11,12; Track 10,11,12; Soccer 9; Lit. Magazine 11; Varsity Club 12

JAMES RYAN WARD

Football 10,11,12; Tennis 10,11,12; Varsity Club 10,11,12; Key Club 11,12



BRENT C. WATERS

Football 10,11,12; Wrestling 10,11,12; Track 9,10,11,12; All-District Chorus 11,12; Who's Who 11

JAMES J. WILSON

Track 10,11,12; FBLA 9; Weight Lifting 9,10

Not Pictured

Amanda Ruth Adair
Shana A. Anderson
Michael P. Berland
William Brannon III
Allison C. Brown
Jarrod Allen Ford

Steven R. Frizzelle
John J. Gnatowsky
Christa M. Holloway
Daniel A. Quinley
Kristy Ann Ratley

QUESTION

What activity are you involved for the last time?

ANSWER

"Morning and afternoon announcements"
- Renee Pomroy

"Wrestling"
- Sonny Emerson

"Field Hockey, volleyball, and softball"
- Chrisitne Forsythe

"Debate"
- Maulik Parikh

"Model United Nations"
- Cary Kroskey

"Swimming and cross country"
- Rebecca Caven

"High school"
- Jayson Craig

Turn Those Lights Down. Some students' eyes were sensitive to bright lights. Junior Sean Halpin chats with his pals as he models his Oakleys. "I love to wear my Oakleys because they're high quality and high fashion," Sean said.



*The sun
beats down
on the back*

Brilliant

*of your
neck as
sweat*

beads and rolls down your forehead. The weatherman had called for a record high of 109 degrees. It's the perfect time to slide on your favorite pair of shades.

On any given spring morning students donned glasses ranging from Ray-Bans to Oakleys to the Farm Fresh variety. Seemingly, the only thing more plentiful than sunglasses themselves were people's opinions on them.

When asked about the recent surge in popularity of sunglasses, sophomore Bob Goddin said, "They're almost a necessity now because of Ozone depletion."

Junior Helene Lee felt that sometimes students wore sunglasses for other reasons. "Sometimes it seems like people have something to hide; like they don't want to look you straight in the eye," she said.

Clearly, one of the most popular of the brands of sunglasses was Oakley. It seemed everyone had at least one pair. "What's cool about Oakleys is that people can tell when you're looking at them," said junior Jeff Montgomery.

With prices ranging from \$50 to \$150, many students thought Oakleys were a ripoff. Freshman Remle Diggs said, "Oakleys are nice glasses, but I don't think they're worth what they sell for."

Despite their shortcomings, sunglasses were still essential to the modern teenager's life. Sophomore Julie Davis summed it all up when she said, "Sunglasses are really cool."



Check That Out. Bright, sunny days caused students to wear sunglasses. Junior Laura Liscum sports her favorite pair while chatting outside with senior Jess Montgomery. Laura said, "Some people wear shades as a fashion statement, but I only wear them when it's really sunny."



Top Ten Ways to Break a Date

10. Do I know you?
9. I'm too young to date
8. I have to floss
7. I'm not allowed to talk to strangers
6. That was this Saturday?
5. You remind me of one of my grandparents
4. Forgot that "Diff'rent Strokes" marathon was tonight
3. My mother doesn't like you
2. I have an ingrown toenail
1. Tonight is Family Fun Night



How Do I Look? It was not normal that students wore sunglasses inside of the school, but in this case sophomore Gill Decher felt that they completed his outfit. "Sometimes shades complement what you're wearing, even if it's not sunny," Gill said.



Jason Abbott 09
Jonathan Abbott 11
John Adkins 09
Sheila Adams 11
Ginger Aldridge 10

Kelli Alger 10
John Alsbrooks 10
Tammy Ancell 11
Aaron Anderson 10
Mike Anderson 11

Stephanie Andres 10
Mike Andriliunas 09
Charles Apelt 11
Laura Apelt 10
Heather Arms 09

Laura Asakura 10
Anthony Ashley 09
Mark Avallone 09
Wesley Backus 10
Kelly Baggett 10

Sarah Baily 09
Lisa Baker 10
Chris Balph 09
Angel Bargeman 09
Jacquelyn Barnes 11

Kevin Basnett 10
Anthony Battista 11
Bradley Beals 10
Maddie Beard 09
Tom Beazlie 10

Is Anyone Coming? Part of cautious driving means being defensive. Junior Laura Liscum checks behind her before backing out of her driveway. Laura said, "I try to drive very carefully. Many people don't realize how dangerous careless driving can be."



Oh No! Sophomore Paul Watlington was shocked when his car slid slightly into the grass. Sophomore Ryan Bishop peeks out of Paul's sunroof to check out the situation. Paul said, "I concentrate hard when I drive, but even good drivers make a mistake sometimes."



*Well Dad,
it was like
this. I was*

Cruisin'

*coming
home
when this*

Which Bus Is Mine? Those students who didn't have a car or were under 16 rode the bus. Junior Jon Wika searches for his after school. Most students agreed that riding the bus had its advantages.

cute little kitten walked in front of me. I swerved to avoid it and went into the ditch. Don't worry, I'm fine, firefighters gave me a ride home.

One of the first things instructors told students to do while driving was pay attention. Sophomore Gina Aldridge said, "I had just gotten my temporary license and I was driving down the road talking to my friends and not paying attention to how fast I was going. I got pulled over going eleven over. I would have convinced the cop to let me off if he could've heard me over my friends' laughter."

Other students had similar experiences. "I was driving down the road when I failed to see a yield sign and almost ran into a minivan," said junior David Bragdon.

Some moments were more insult than injury. When sophomore Ryan Richter went out with his brother, Greg, things got interesting. "Greg was showing off his new truck, and we ended up fish-tailing into a ditch. It took him awhile to figure out how to put the truck in four-wheel drive and get us out," he said.

"When I pulled out of Wendy's, I accidentally backed into the car behind me," said junior David Smithley.

Having a license meant always using turn signals, being aware of the speed limit, and watching out for cute little kittens.



Kylene Becker 11
Michael Bell 09
Patrick Benner 11
Rich Bennett 11
Damien Bernache 09
Ryan Bishop 10
Casiphonie Blain 09

Amy Blankenship 09
Carrie Bluxome 10
Josh Boitnott 10
Robert Bolden 10
Marshall Booker 09
Albert Bowden 09
Molly Bowden 11

Mark Bradley 10
Daniel Bragdon 09
David Bragdon 11
Greg Brannon 11
Sara Breed 09
Colleen Bresnan 09
Sean Bresnan 11

Jennifer Brigham 11
Angela Bristow 11
James Brooks 10
Angela Brown 10
Drew Brown 11
Richard Brown 09
Stewart Brown 10

Stormy Brown 10
Jason Bryant 09
Jesse Buchanan 09
Christina Buchholz 10
Scott Buckley 09
Sean Buckley 10
Brian Bumgardner 10

Joseph Bunting 10
Michael Bunting 09
Sara Burke 10
Kathy Burrows 10
April Butler 09
Troy Butler 10
Rachael Cain 11

Cody Camblin 09
Jonathan Camden 11
Brandee Carrico 10
Richard Carrico 11
Chad Carter 11
Mike Casey 11
Matthew Causey 10

Jeremiah Caven 11
Heather Centobene 11
Shane Chambers 09
Brad Chauvin 09
Michael Chauvin 11
Larry Cheeseman 11
Han Choi 10

Sonya Claussen 09
William Clemins 11
Kevin Cockrell 10
Kimberly Cockrum 11
Nicholas Collett 10
David Connors 10
Matthew Connors 11

I Love Sleeping In. Many students enjoyed getting a few extra zzz's on Saturday mornings. Lounging in bed listening to music was freshman Michael Bell's favorite way to kick off the weekend. "Sleeping in on the weekend refreshes me and prepares me for the upcoming week," said Michael.



Stephanie Cordell 09
Mary Corneliussen 09
Nick Costello 10
Glenda Cox 10
Katie Cox 10
Joseph Craig 09
Nathan Cramer 09



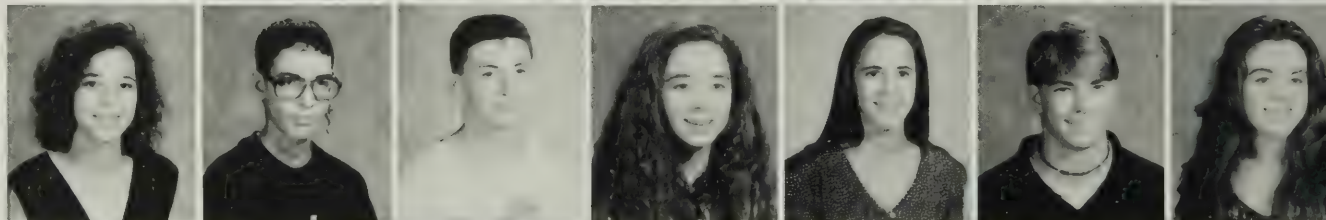
Wendy Crandol 11
Nick Creasman 10
Amy Crews 11
Brandon Cross 09
Dennis Cross 11
Brent Csutoras 11
Lucas Cutler 10



Carmen Daniels 09
Brian Davenport 11
Melissa David 11
Rebecca David 09
Mark Davis 11
Elizabeth Davis 09
Jason Davis 10



Julie Davis 10
Leary Davis 10
Michael Davis 11
Reesa Davis 11
Jennifer Davison 09
Gill Decher 10
Allona Decker 11



Cammeron Deibler 09
Jessica DeWitt 11
Allison Dexter 10
Alicia Dezern 09
Brady Diggs 10
Brian A. Diggs 11
Brian C. Diggs 11



*Sleeping
in, staying
out late, no*

Free Time

*homework,
it's like re-
living the*

summer for two days.

Weekend. The break from teachers, four minutes between classes to rush to next hour, and most importantly, the homework!

Everyone anxiously talked about what was going on the upcoming Friday. Junior Amy Crews said, "It's time I can spend with my friends and not worry about going to bed early and getting up at 6:00 a.m. the next morning."

For some students it was sleeping in. Sophomore Bonnie Tasillo said, "I love the weekend because I can turn the alarm clock off and wake up when I feel like it."

Like Bonnie, other students said there was nothing like getting up and seeing the sun, not rushing out of bed to get in the shower and rush out of the house to school.

Students felt that staying out later than usual was the major bonus of the weekend. "Having to think about nothing was awesome," said junior Wendy Crandol, "I like just staying out and having fun with my friends."

Although hanging out with friends was fun, freshman Jason Forrest said, "I like to lounge around the house all day."

Are You Ready? As they stretch, juniors Wendy Crandol and Chelsea Patterson prepare for a trip to a local health club. "I try to exercise on my own but doing it with friends is much more fun," said Wendy.



Crystal Diggs 11
Michelle Diggs 10
Remle Diggs 09
Christina Dominguez 09
Joshua Donnini 11
Jamie Douglas 10
Adelaide Drivas 11

Jason Dudley 09
Marc Duncan 09
Courtney Edwards 11
Emily Edwards 09
Sherry Edwards 11
Michelle Elchinger 11
Mary Elsass 11

Tonia Emerson 11
Ming Eng 09
Kristine Ernzen 09
Rebecca Ernzen 11
Sabrina Esser 11
John Evans 11
Richard Evans 09

Sarah Evans 10
James Ezzell 09
Melanie Finch 11
Mitsi Fink 11
Kevin Finucan 10
Larry Firman 11
Amanda Firth 11

Angela Firth 09
Dwayne Firth 10
Kathy Firth 11
Michael Firth 11
Tiffany Firth 10
David Fishman 11
Brad Fitzpatrick 09

What Am I In For? Before their first exams, freshmen were offered studying tips by guidance counselors. Sarah Krieger and Maura Garvey listen intently. "I was kind of scared about taking exams, but the tips helped relieve my anxiety," said Maura.



More responsibility, having

C hange

to deal with upperclassmen,

smaller lockers, and crowded hallways. These were just some of the changes the freshmen had to deal with.

The change from middle school to high school was a scary one. Although frightening, most freshmen managed to survive. Freshman Patrick White said, "I was nervous about my first year in high school, but my brother, Dwight, made it a little easier."

To some freshmen riding the bus was an awful experience, but to others it didn't matter. Freshman Danae Orrock said, "It's not that big of a deal. I don't

have my license, so how am I expected to get to school?"

There were many advantages to moving into the high school. Freshman Tracey Morse said, "I feel a lot more independent. I don't have to give my mom my progress reports and detention notices."

Many freshmen enjoy more freedom during the lunch hour. Freshman Albert Bowden said, "I think the biggest advantage is being able to eat outside."

The teaching and class atmosphere also changed considerably. Freshman Lindsay Keddell said, "Teachers aren't as strict, they give you room, and having older people in your classes gives you a chance to meet new people."



I Have So Much To Do. Attempting to complete his World Geography assignment, freshman Michael Bell lounges on the couch. "I was expecting more homework when I made the transition from middle school to high school, and my expectations were pretty accurate!" Michael



Top Ten Ways to Get a Detention

10. Imitating Beavis
9. Leaving lunch tray on table
8. Shoving freshmen into lockers
7. Trying to start the wave
6. Going buck in gym class
5. Thought "Thou shalt not do homework" was 11th commandment
4. Putting cherry bombs in toilet
3. Caught humming New Kids On The Block songs
2. Every time teacher says "homework," stand and salute
1. Really Big Spit-Balls!



What Did You Say? Between classes, freshmen Remle Diggs and Heather Arms catch up on the latest news. Remle said, "When I began coming to high school, I became closer to my friends, probably because of all the stress and pressure high school life can occasionally throw at you," she said.



Joe Flannery 09
Edward Flynn 11
Jason Forrest 09
Kara Forrest 11
Matthew Forrest 11

Rachel Forrest 10
Robert Forrest 10
Kandice Fowler 10
Rene Frazier 11
Claire Fredericks 10

Jennifer Freeman 10
Charlie French 10
Michael French 09
Rebecca French 11
Stefanie French 10

Larry Gardner 09
Susan Garris 10
Kate Garvey 11
Maura Garvey 09
Geoff Gatz 10

Jacob Gaul 10
Heather Gengnagel 10
Alan Genser 09
Michael George 10
Jason Geppert 09

Lee Gibbs 09
Chris Gibbs 10
Susan Gibian 11
Rachel Gilbert 09
Kara Gills 11

I Am Not Going To Make It. After being up the night before, junior Mary Elsass couldn't keep her head up. Staying up all night made it hard for students to stay awake in class. Mary said, "It seemed like fun at the time, but not the next day."



What Time Is It? Students often partied with friends into the wee hours of the night. Sophomore Ryan Bishop could barely keep his eyes open. He said, "I love staying up all night. It makes the weekend seem longer."



I Just Want To Go To Bed. Staying up all night, Junior Emily Xinos studies. Emily said, "I was tired but it was worth it."

*E m p t y
packages of
No Doz*

Up Late

*clutter the
table, while
Dr. Dre*

blared at top volume, and Jolt soda provided plenty of caffeine.

Able-bodied students frequently pulled all-nighters. "All-nighters give you time to party and go crazy with your friends," said sophomore Mandy Groseth.

While some students remained awake until the following afternoon purely for fun, others were forced to. "During exams, I find myself staying up late in order to pass," said junior Laura Liscum.

Of course, students pulled all-nighters year-round, but summer nights seemed to be a favorite opportunity. "Last summer I pulled lots of all nighters," said sophomore Jason Davis. "It's fun being up when everyone else is asleep."

The sense of adventure and actual physical feeling also contributed to the love some students had for all-nighters. Sophomore Bonnie Tasillo said, "I love pulling all-nighters. It's so wild. I have to be hanging out with a bunch of friends stocked up with cokes and snacks. The next day we always feel jittery. It's great."

Whether students pulled all-nighters for fun or necessity, they are a part of most teenagers' lives. So when studying into the night don't forget the caffeine sodas.





Alex Glushko 10
Gus Goddin 11
Robert Goddin 10
Julie Goeres 10
Ben Goldman 09
Erin Gooding 09
Aaron Goodman 09

Beth Gottschall 10
Greg Goulding 10
Rob Green 11
Amanda Gregg 10
Jeremy Gregg 09
Andy Grigg 11
Mandy Groseth 10

Melissa Guill 10
Steven Gunther 10
Gigi Gurtis 11
Jennifer Haczewski 09
Heath Hale 10
Meredith Hall 11
Ryan Hall 09

John Halpin 11
Aimee Halverson 09
Amanda Hamilton 11
Holly Hamilton 11
William Hammick 10
David Hanberry 09
James Hanchey 10

Miles Hanchey 10
Jason Hanson 11
Shanon Hanson 10
Sunny Hanson 11
David Hargrave 09
Bryan Harrell 11
Charles Harris 10

Jennifer Harris 09
Joey Harris 10
Scott Harris 11
Stephen Harris 09
Marshall Harrison 10
Ellen Hartman 11
Casey Heck 09

Richard Hellman 10
Jason Hensley 10
Michelle Hirsch 11
Joelle Hogge 09
Joey Holland 11
Forrest Holloway 11
James Holloway 09

Shannon Holloway 11
Karen Holst 11
Marie Holt 10
Angie Houston 09
Jason Houston 11
Jeromie Houston 10
Charles Howlett 10

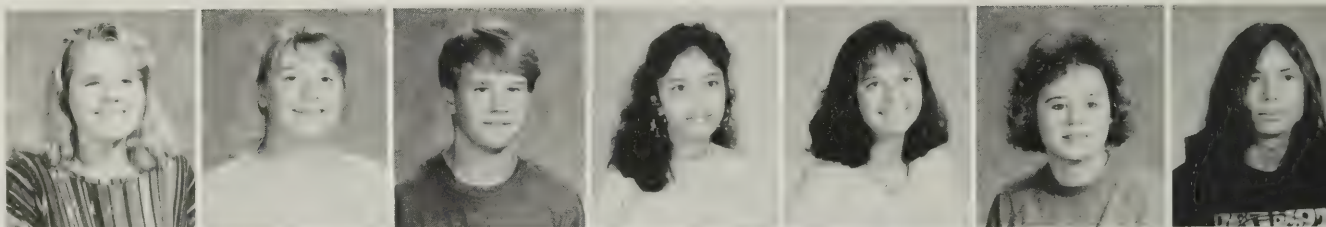
Jared Huffman 11
Renee Hunt 10
Robbi Hunt 11
Sumerleigh Hunt 11
Julie Hunter 10
Thomas Hunter 09
Leslie Inge 10

Do A Quick Fix. Before knocking on the door of a friend's house, sophomore Aaron Anderson runs his hand through his mohawk to insure that it looked its best. Aaron said, "I like my haircut because it's stylish and simple."

Check Out My Style. Haircuts were a popular way for students to express themselves. Sporting his unique 'do, sophomore Jason Hensley said, "My hair demonstrates my unusual style and helps me be different."



Amy Insley 10
April Insley 10
William Insley 10
Shazia Ismail 09
Heather Ivey 09
Rachel Jackson 11
Richard Jackson 11



Amy Jantzer 09
Alison Johanson 10
Carol Johnson 10
Jesse Johnson 09
Laurie Johnson 10
Heather Johnston 09
Ryan Johnston 09



James Jones 11
Kevin Jones 09
Marcus Jones 10
Thomas Jones 11
Timothy Jones 10
Philo Juang 10
Jennifer Kahng 10



Jill Kain 11
Lindsay Keddell 09
Steven Keesee 09
Edgar Keeton 11
Tami Keith 10
Miyon Kim 09
Song Kim 10



Krista Kinney 09
Leron Kishoni 09
Chris Klackle 09
Anthony Koth 09
Chris Koth 11
Chad Kozlowski 10
Sarah Kreiger 09



"Ha, ha,
n a ! "
"What's
T
rimmings
up with
o u r
hairdo?"

Comments such as these were not unfamiliar to students who stumbled upon disastrous new hairdos. Whether doomed by a too-tight perm, crooked bangs, or the wrong color of dye, almost everyone experienced a terrible 'do.

The timing was terrible for junior Jennifer Shackelford's horrible cut. "When I was younger, my mom cut my bangs crooked the day of school pictures," she said.

When junior Laura Liscum sat down for a \$50 spiral perm, she did not expect the results. "I spent forever

combing out the curls and putting it in a ponytail so that I didn't look like a poodle," Laura said.

Highlighting often led to disaster. Sophomore Joey Harris said, "I sprayed Sun-In in my hair. I thought I would get natural looking, blonde highlights, but instead my hair turned bright red!"

Allowing friends and relatives to cut students' hair also proved to be a mistake. Sophomore Michelle Diggs recalled an awful experience brought on by her brother. "He got tape stuck in my hair. He had to cut it out and I had to go to the salon to get it evened out. The cut was way too short."

Freshman Remle Diggs felt similarly. "Once my hairdresser cut my hair three inches too short," she said.

A Hair Raising Experience. At the Homecoming dance freshman Malcom Matheson's hair went wild during a fast dance. Shaved sides were very popular.



Steven Kreiger 11
Laura Kurek 10
Jonathan Kurek 11
Maren Labelle 09
Wes Labelle 11
Jaimi Lacaria 11
James Lamprecht 11

Jonathan Lange 09
Amber Ledbetter 09
Helene Lee 11
Elizabeth Leeson 11
Johanna Lemmons 10
Jennifer Lemons 09
Robin Lester 11

Ryan Lewis 10
Paul Leykamm 10
Roland Ligart 10
Lucas Light 09
Kristian Lindberg 10
Joseph Lipp 11
Krista Lipscomb 09

Laura Liscum 11
David Lopez 10
Chris Lorigan 09
Stephen Louk 11
Jeff Lundin 11
Charles Lupico 11
Edward Madre 11

Richard Majchrzak 09
April Mann 10
Christina Martin 11
Kristen Martin 09
Jeffrey Mast 10
Malcolm Matheson 09
Daniel Mathis 09

ZZZZ... Sound asleep, junior Lee Oldham rests her head on two fluffy pillows. Students had quite a variety of bedtimes. Lee said, "I try to get as much sleep as possible in order to be well rested the next day. For me that means lights out by 10 p.m."



*He awak-
ened at the
calling of*

Sleepy

*his name.
The teacher
repeated*

the question and he answered wrong. His neighbor looked at him degradingly. She had gone to bed early and was wide awake.

"I go to bed around 9:30 every night. When I go to bed I usually read until I get too tired and go to sleep. I'm never tired in school, but I sometimes take a nap after school," freshman Amanda Robertson said.

For some, going to bed after a certain hour left them groggy all through school. But there were those night owls who stayed up to the wee hours of the morning and

just fine in school. Sophomore James Hanchey said, "I stay up late and watch TV, then sleep through school."

Some people needed a certain amount of sleep to function in the morning. These people started their homework early and finished everything early, giving them more spare time. If these people went to sleep late, then they ended up sleeping through classes. "I usually start my homework around 7:30 and go to bed around 10:30. I don't sleep in school, but I usually take naps in the afternoon," said junior Tammy Ancell.

On special nights, students stay up later. Concerts were one of these occasions. "I went to the Rush concert and didn't get back till two. I slept in all of my classes," said sophomore Gill Decher.



I'm So Tired. After going out on the weekend, students often end up at McDonald's. Junior Chris McDaniels tries to keep his eyes open one Saturday night. "I'm used to going to bed around ten or so," said Chris, "so I get sleepy on Friday and Saturday nights."

Top Ten Lies of Poquoson

10. I'm having a party
9. There's a fight at the bridge
8. No, I don't have a curfew
7. School lunch was good today
6. I've stayed up all night doing my homework
5. I've never been to Bubba's
4. Yearbook Top Ten lists are funny
3. This IS my natural hair color
2. I'm getting a Beemer
1. I know my limit



I'm Ready For A Nap. Trying to pay attention in class, freshman Aimee Halverson rests her tired head on her hand. "If I don't fall asleep by my regular bedtime, I feel tired the next day," Aimee said. Most students had certain bedtimes that they tried to stick to.



Steven Mathis 11
Leonard Mayhew 09
Heather McClelland 11
Aaron McDaniel 09
Chris McDaniels 11

David McGarry 10
Wyn McPherson 10
Chandler McQuoid 10
Sarah Meredith 11
Melissa Messick 10

Joseph Metcalf 10
Sarah Meyer 09
Marco Migliore 09
David Miller 09
Jeremy Miller 10

Joshua Miller 09
Kelly Miller 10
Scott Miller 11
Jason Miner 10
Jason Miner 10

Jeff Mitchell 10
Andrew Mokey 10
Jonathan Mokey 11
Elizabeth Montalvo 10
Rebecca Montalvo 11

Dana Montgomery 09
Jeff Montgomery 11
Ashley Moore 09
Candi Moore 11
Jarmon Moore 11

I'm In The Mood For Reggae. As she looks through her CD collection, sophomore Bonnie Tasillo decides to listen to Peter Tosh. Bonnie said, "Certain tunes really change my emotions. What I listen to depends on how I feel." Most students agreed that music was a powerful influence on their mood.

How About This? Students enjoy a wide variety of music. Junior Emily Xinos wanted to hear Lenny Kravitz, while junior Jill Kain felt like listening to the tunes of The Lemonheads. Jill said, "Although I like all different kinds of music, sometimes I know exactly what I'm in the mood to hear."



Crank It Up. A favorite pastime for junior Amy Taylor was listening to her walkman. Amy said, "Music is a great way for me to relieve stress. It frees and clears my mind."

*It's been a
long day.
Your favor-*

Variety

*ite teacher
gave you
piles of*

homework, and you and your girlfriend just finished fighting WW III. Now all you want to do is go home, grab your favorite CD, turn up your stereo, and forget it all.

For many students, music was more than lyrics with a beat. It was therapeutic. "Music is great," said freshman Remle Diggs, "A lot of times, when I feel down, music helps. I don't know what I'd do without it."

The varieties of music available could have been compared

to the uninitiated few. From Garth Brooks to Pearl Jam to Snoop Doggy Dogg--there were a multitude of groups to choose from. When asked how she chose her music, sophomore Allison Dexter said, "I like music that is different."

Still, music wasn't perfect. At times it was even detrimental. "Some teenagers tend to judge others by the music they listen to. It's too bad, because they miss out on a lot of nice people," said freshman Rechina Wood.

At its heart, though, music was never meant to be complicated. It was just something to relax to. "I like all kinds of music--opera, classical, country, rap, old-timey, alternative, pop, anything really," said junior Reesa Darrin.



Kevin Moore 11
 Leslie Moore 11
 Melissa Moore 09
 Mike Moore 09
 Valerie Moore 09
 Schnnel Morgart 09
 J. Morren 10

Brian Morris 11
 Shannon Morris 11
 Travis Morse 11
 Tracy Morse 09
 Tim Murphy 10
 Pete Nadolny 10
 Scott Neilson 11

Morgan Newlon 10
 Mike Newman 10
 Danielle Nicely 10
 Patrick Nicholson 10
 John M. Nobile 09
 Preston Noe 09
 Katy Nolan 10

Chris Normandeau 10
 Brian Norris 09
 Julie Nozynski 11
 Charles Oakley 10
 Eric Odom 09
 Katie Ogiba 09
 Lee Oldham 11

Danae Orrock 09
 Daniel Osgood 11
 George Owens 11
 Brian Page 10
 Eric Page 11
 Mandy Page 11
 Mike Page 10

Stephan Palmer 10
 Tony Pao 09
 Chris Park 09
 Anna Parker 11
 John Parks 09
 Diana Parra 10
 Chelsea Patterson 11

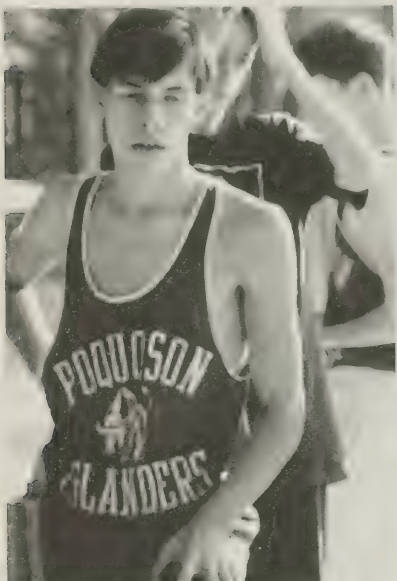
Phillip Pauls 10
 Nick Pennow 11
 Lauren Perdue 09
 Jill Perkins 10
 Brian Perry 09
 Jeremy Perry 10
 Tiffanie Petrin 10

Mark Philbeck 09
 Jenny Phillips 11
 Leanne Phillips 09
 Todd Ploetner 09
 Jason Powell 09
 Stella Powell 10
 Jason Price 10

William Price 11
 Alan Prichard 09
 William Prince 09
 Phillip Prisco 09
 Sean Pruitt 10
 Jennifer Quinley 11
 Robert Quinn 10

Can You Believe It? Many after school activities still related to school. Juniors Kate Garvey and Mary Elsass chat during a rehearsal for a series of one acts in the middle school auditorium. Mary said, "All the after school hours really paid off when a performance was excellent."

What A Workout. At a home cross country meet, junior Jimmy Welsh is grateful that he put in so many hours after school. "Practicing after school took a lot of my time, but when it came to the meets, my endurance and stamina showed," said Jimmy.



Shanna Quinn 09

Julie Ratley 10

Aimee Rector 09

Edward Render 11

Deidra Rensing 10

Peter Restituto 09

John Reynolds 11

Sarah Richarson 11

Ryan Richter 10

Dewayne Rick 09

Chris Riley 09

Jonathan Roberts 11

Kelly Roberts 10

Mary Roberts 10

Amanda Robertson 09

Mike Rodgers 09

Danny Rogers 10

Tony Rojas 10

David Rollins 09

Patrick Rollins 09

Angie Romero 10

Katy Rosensteel 11

Paul Rosensteel 09

Jeremy Ross 10

Shawn Routten 09

Jeff Rowe 11

Jimmy Ruehl 10

Mike Samos 11

Brian Saulman 11

Stacey Sawicki 09

Ryann Sawyer 10

David Scarpa 09

Ilana Schwartzman 10

Jeff Scott 09

Scott Seitz 11



What are
you doing
later
Too Busy
today?
I've got
practice.

I have to be at work at 3:00.

We're going to the base gym. Want to come?

After the last bell rang at the end of the day, students scattered to take part in many different activities. Students took part in school sponsored sports. Freshman Jennifer Davison said, "After school I normally go home and have a small snack before I go to softball or volleyball practice."

Sophomore Bill Hammack had a different routine. "I

normally try to do my homework in class so I don't have to do it after practice when I'm tired," Hammack said.

Other students worked after school. "After school, when I'm not involved in a sport I work at Largo's Surfshop. I enjoy working there because I get to meet a lot of people," junior Rich Bennet said.

Students who didn't work or play sports also had routines. Junior Josh Donnini said, "I usually go to the base to lift or play ball, but sometimes I go to Texaco before the weekends."

No matter what they did, students were joined together when the second bell rang each morning. Sophomore Jason Davis said, "It doesn't really matter what I do after school because I normally end up here the next day."

Pass Me That Hacky Sack. After school sophomore Paul Watlington and Ryan Bishop relax by playing hacky sack. Sports were a popular after school activity.



Kenneth Sellers 10
Wendy Sellers 09
Jeremy Seltzer 09
Jennifer Shackelford 11
Claire Shanafelt 09
Katy Shanafelt 11
Joshua Shandor 11

Dean Shannon 10
Sara Shaw 10
John Shelton 11
Emily Shepherd 09
Chris Sherman 10
Tara Sherman 09
Heather Shifflett 11

Kim Shifflett 11
Lisa Shores 11
Andrew Shtulman 09
Christina Silcox 10
Rachel Sills 11
William Sincoskie 09
Ronald Singleton 09

Sherry Sivacek 10
Kristie Skinner 11
Valerie Sledd 09
Bryan Smith 10
Jaclyn Smith 09
James Smith 09
Mary Smith 10

Misty Smith 10
Nichole Smith 09
David Smithley 11
Jennifer Snyder 09
Christine Solga 10
Darren Sontos 10
Charles Southall 10

I'm Thirsty. As she snacks and chats with friends, junior Wendy Crandol lifts a Coke to her lips with her left hand. Some students were almost ambidextrous. Wendy said, "Although I write with my right hand, I often eat and drink with my left."



*Get out of
the way,
s h e*

R e v e r s e

*thought as
she scooted
her chair*

to the right. This seating chart will never work out as I as he's righthanded. It's for left-handers to adjust i right-handed world full of right-handed people.

"I've always got to sit at the end of the tables so I d bump elbows when I eat. Righthanders never wan move," said junior Kate Garvey.

If it wasn't bumping elbows at the dinner table, it bumping elbows in class. "It's hard to do work in M Gaines class because I always bump elbows with ri handed people," freshman Suzi Thomas said.

After winning the elbow bumping battle lefties

had to figure out how to take notes. "It's hard to w lefthanded because all the notebooks are made for ri handed people," said freshman Rachel Gilbert.

Being a lefty also had advantages. Sophomore L Watlington said, "I consider myself to be gifted beca of my lefthandedness. In sports it gives me an e because I pitch for varsity baseball. A lefthander h natural curve on a baseball when thrown."

A righthanded person succumbing to the lefthande even tougher than just being lefthanded. "When I hur finger and it inhibited my writing, I was forced to w lefthanded. It was difficult adjusting but I manag said freshman Amanda Robertson.

So when you're in class, and some pushy rightha won't give you enough room to do your work, move y chair and smile as you think: Lefthanders rule!



That's A Hard Problem. "I never think being lefthanded," sophomore Paul Watli said, "until a right-handed person points i As Paul worked intently on a class assignm Mr. John Kohlrieser's geometry class, beir handed was the last thing on his m



Top Ten Reasons for Parking in the School Parking Lot

10. Hey, I can park wherever I want
9. I wanted to make all the seniors happy
8. My car just happened to stall here
7. Metalica is NOT my favorite band
6. Weird guy in the woods
5. My car won't go over the library's speed bumps
4. What senior parking privileges?
3. I'm allergic to walking long distances
2. Those loony librarians
1. OK, I admit it. I'm lazy



To The Right, Then The Left... Occasionally students forgot a book and had to leave class to retrieve it. Junior Laura Wade dials her locker combination with her left hand. "Being left handed adds to my uniqueness," said Laura.



Jennifer Southern 11
Sherry Southern 09
Jesse Spencer 11
Mike Spruill 11
Justin Stahmer 09

Robert Stallard 10
Jennifer Staton 09
William Stewart 09
George Stinson 10
Tara Stokes 10

Amy Stratton 10
Ryan Sullivan 09
Timothy Surber 11
Stuart Sutton 10
Tracy Swandol 11

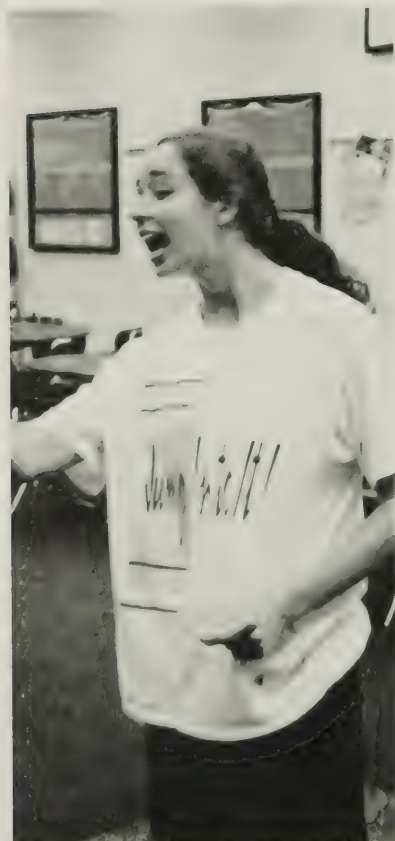
Michael Sylvia 09
Maryan Tabibi 10
Angela Taliaferro 09
John Talley 09
Bonnie Tasillo 10

Amy Taylor 11
Gregory Taylor 09
Kelly Teague 11
Brooke Thomas 11
Suzanne Thomas 09

Timothy Thomas 09
Chris Thompson 10
Jennifer Thorne 11
Corrigan Threlkeld 10
James Tomlinson 10

Don't Leave Me Out. After repeated attempts to join in on the conversation between her friends, juniors Shana Fitzpatrick and Wendy Crandol, junior Laura Liscum decides to give up. "We didn't mean to make Laura feel rejected," Wendy said, "actually, we were talking about a surprise for her birthday, and what to get her."

Are You Joking? On one knee, sophomore Paul Watlington begs junior Chelsea Patterson to go out with him on the upcoming weekend. Politely, Chelsea turned him down. "Chelsea has a good sense of humor," said Paul, "that's why I love to joke around with her." Many students had to deal with rejection from the opposite sex.



I Don't Think So. Following a comment from a friend, junior Reesa Davis tries to defend her honor. Reesa said, "I never take it seriously."

*It exists in
m a n y
f o r m s .*

Sorry

*Some view
it as a*

learning experience. Others live in fear of it. It can be a major or minor. It is rejection.

One form of rejection was being turned down by a special someone. Sophomore Joey Harris said, "I really liked this one girl and got up the nerve to ask her to a date. I was bummed out when she told me I was too much of a brother."

Junior Reesa Davis agreed that this type of rejection hit hard. Reesa said, "When I was younger, I wrote this

a note asking him to 'go' with me. He flat out refused. Worse, my teacher intercepted the note and yelled at me in front of the entire class. What a way to top off rejection."

Exclusion from a particular group was also painful. Junior Amy Crews learned this her freshman year. "At first I felt rejected, like I didn't belong at all. Everyone had known each other for so long," Amy said, "but as I got to know people, they began to accept me."

Sophomore Sara Shaw felt rejection was a positive experience for her. "I tried out for JV cheerleading and didn't make it," Sara said. "At first I was disappointed, but then I realized it wasn't the end of the world and focused my energy on other activities."

Almost all students experienced the ordeal of rejection at one time or another during high school.





Douglas Tompkins 09
 Brian Topping 10
 Joshua Topping 09
 Robert Topping 10
 Jeffrey Torrenti 10
 Devin Trippe 10
 James Tucker 09

Stephen Turbish 11
 Marina Valdez 10
 Eddie Vande-Mortel 11
 Vikram Vatsa 09
 Lauren Verser 11
 Amy Vest 10
 Laura Wade 11

Michelle Walkup 11
 Robert Walkup 10
 Troy Walls 10
 Angela Ward 09
 Jansen Ward 11
 Amber Watkins 10
 Dawn Watkins 10

Michelle Watkins 10
 Paul Watlington 10
 Tina Watson 11
 John Weaver 09
 Jacob Webb 09
 Robert Weibel 09
 Shannon Weisner 09

James Welsh 11
 Brian Wescott 10
 Ashley West 09
 Peter Whitam 09
 Dwight White 10
 Patrick White 09
 Jon Wika 11

Cami Williams 10
 Elizabeth Williams 11
 Troy Williams 10
 Zachary Williams 10
 Amy Windland 09
 James Withrow 10
 Jessica Wood 11

Richina Wood 09
 Tony Woodard 11
 Kristi Woody 09
 Kristy Wright 10
 Emily Xinos 11
 Erica Young 11
 Jireh Yue 11

Cristin Zaragoza 11
 Erick Zohn 10
 Gretchen Zohn 09

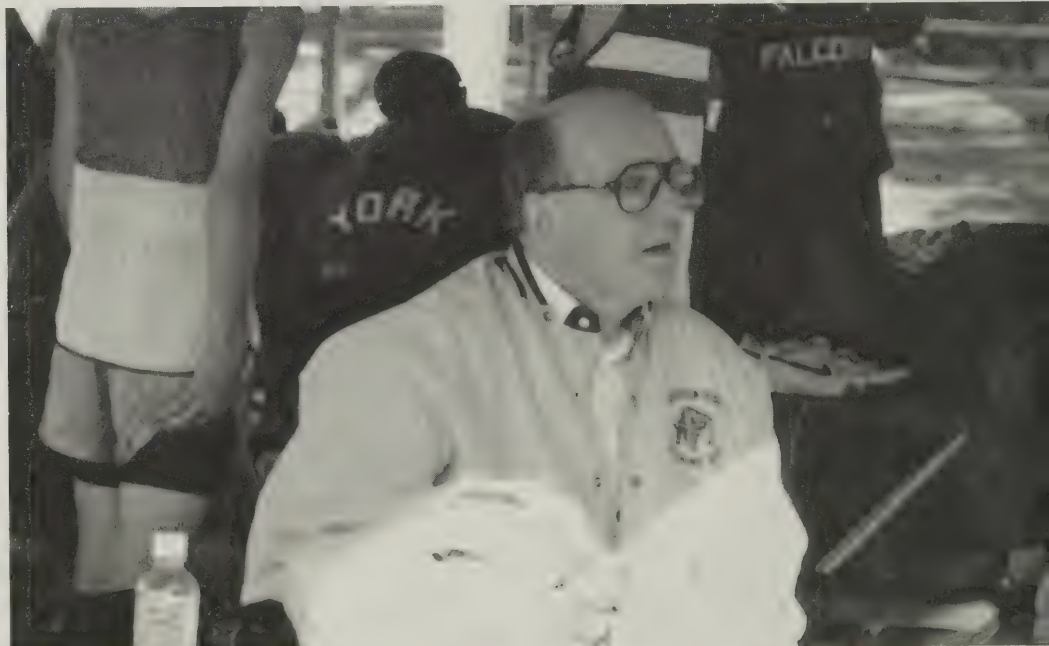
Mr. Robert Baker Wld Geography; US History;
Varsity Boys' Basketball
Mrs. Pam Baker Gen Math; Basic Alg.; Alt Ed
Mr. Don Bock Principal
Mrs. Susan Britt AP French IV,V; Span I; French I,
III; Junior Advisor
Mrs. Fran Burgess Guidance Secretary



Mr. John Cerminara PE 9,10; PE 9/Health; Sports/
Fitness; Football
Mrs. Betty Duty Office Secretary
Mrs. Bonnie Fay AP Eng 12; Eng 12A; Cr/Ad
Writing; Eng Chair; Reflections
Mr. Tom Fay AP Span IV/V; Span III, I; Lang Chair;
Acad Comp
Mr. John Forrest Eng 9,12; Freshman Advisor;
Boys'/Girls' Track
Mrs. Barbara Freeman Ac Int Math; AP Calc; Func/
Trig/Calc; Math Chair
Mrs. Joyce Gaines Chemistry; E Science
Mr. Joe Garrity E Science A; Oceanog; App E
Science; Track
Mrs. Debbe Goddin Eng 10A; Eng 10; Sophomore
Advisor
Mrs. Candis Griffin Eng 10; Dev Reading
Mrs. Paula Hayes Registrar
Mr. Greg Hopkins US History
Mr. Jeff Jackson Physics; Acad Chem; Chemistry;
Track
Mr. John Kain PE 10/Dr Ed
Mrs. Sandy Katz Eng 11; Eng 11A; Speech; Act/
Theater; Forensics



Can Everyone Hear Me? Microphone in hand, Mr. Don Bock encourages spirit among the classes at the pep rally. Although other administrators had the walkie-talkies, Bock did not see the necessity since the microphone proved efficient. The radios weren't always the first choice.



Face To Face. With the start of the cross country meet drawing near, Mr. Dave Nelson consults with another director to make sure everything's in order. One of Nelson's duties as the Athletic Director was to observe the athletic events. Nelson did not always use his walkie-talkie to communicate, face to face seemed to work.

Taking A Break. Standing with last year's Homecoming Queen, Mr. Don Bock and Mrs. Judy McCormick await the announcement of the 1993 Homecoming Queen. Seen without the walkie-talkies, Bock and McCormick weren't always on duty; quite frequently they enjoyed weekend activities too.



Walkie-talkie mania

Students take notice of the faculty's communication tool

General Bock quickens his pace as he approaches the destination. His heartbeat races with every snatched breath. Bock catches his pants to wipe his sweaty palms. He has to be prepared and act quickly." The general loosens the snap of his weapon holster, backs against the wall of the corridor, and focuses in on his mission. In an instant, Bock swings into the corridor, and catches the walkie-talkie—"Tshhh-cancel alert, I've reprimanded the deserted lunch plate and I'm bringing it in. I don't feel backup is necessary-Over-Tshhh."

The administration used walkie-talkies to stay on top of things. Mrs. Judy McCormick said, "The walkie-talkies allow the administration to communicate throughout the entire building."

Mrs. McCormick addressed the question of the necessity of the walkie-talkies and

said, "Absolutely, we're in all different parts of the building during lunches and the walkie-talkies give the administration flexibility."

Mr. Don Bock brought this idea with him here two years ago. "I used to have the radios at my old school and they worked well," said Mr. Bock.

Although the walkie-talkies were necessary, students mocked their importance. Mr. Mark VanDervort said, "A student once came up to me and asked, 'Are you a teacher or just a lunch cop?'"

Mr. Bock said, "The walkie-talkies aren't here for the purposes the students assume, they are purely to help the administration."

Eventually the walkie-talkies lost their spotlight and students no longer noticed them.

The walkie-talkies sometimes brought

on funny scenarios all alone. Mr. Bernie Wright got himself into an odd situation with the walkie-talkies. "I remember one time I was outside and I saw two workers on Odd Road talking into a walkie-talkie. I thought they were talking to me so I started to talk back. From what they were saying, I quickly stopped talking and realized I was definitely wrong," said Mr. Wright. Mr. Wright solved the problem by answering only to his code name.

The walkie-talkies were used between two administrators standing next to each other, for communication across the school, or when an emergency arose. Thus, the administration took full advantage of the convenient radios. So, no matter what the opinion of the walkie-talkies were, they were there to stay.

"Tshhh-Over and out-Tshhh."



Where Are You Located? Standing in front of the school, Mr. Bernie Wright and Mr. Mark VanDervort talk over the walkie-talkies during lunch. The faculty used the walkie-talkies to communicate throughout the school premises.

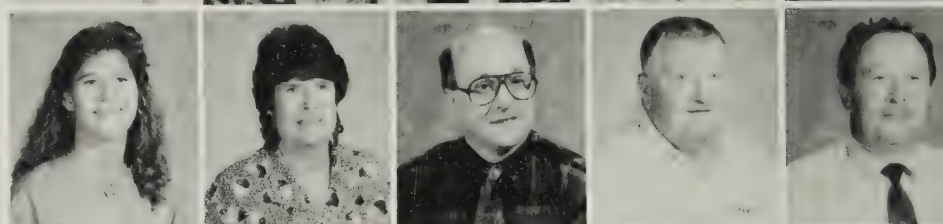
Mrs. Rita Kehoe Eng 12; Eng 10A
 Mr. Fred Kimsey ICT I/II; US History; VICA
 Mrs. Janet Knight Geometry; Alg II/Trig
 Mr. John Kohlreiser Basic Alg; Geometry; Trig/Ints
 Calc
 Mrs. Sandra Lawson Office Sec



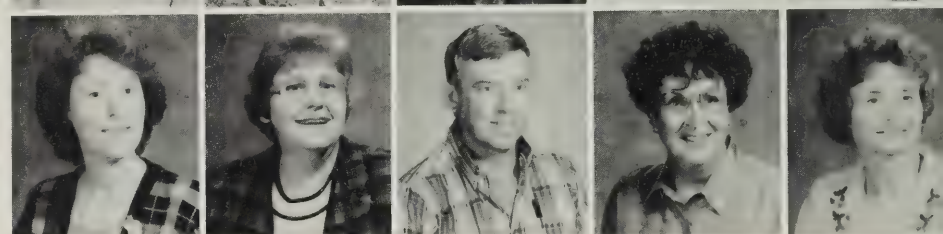
Mrs. Mary Beth Leavitt Acad Chem; Adv Chem/Intro
 Org
 Mrs. Dot Little Mx Chorus; Sw Choir; Jazz Choir;
 Acap Choir, Dept Chr; Senior Adv
 Mrs. Jeannie Martin Alg II; Geometry; Trig/Ints Calc
 Mrs. Judy McCormick Asst Principal
 Mr. Phil Miller Head Custodian



Mrs. Becky Morrison Pers Law; JV Cheerleading
 Mrs. Ginny Napier Head of Guidance
 Mr. Dave Nelson US Gov., Sociology, Athletic Dir
 Mr. Robert Odenwelder Biology, Con Math
 Mr. Torbjorn Ommundsen Eng/Pwr, Pwr/Trans,
 Matl/III, Technical



Mrs. Sharon Pauls Dr Ed/PE 9; Dept Chair
 Mrs. Elizabeth Pirtle Kybd/Comp Software, Acc,
 Kybd Appl, Intro Bus.
 Mr. Tom Quinn Alg I, Alg II, Basic Alg
 Mrs. Barbara Rich Learning Resource, Key Club
 Mrs. Nancy Rowley Spanish I, Spanish II



Family Fun. Keeping a grip on their children, Mrs. Janet Knight, Mr. Scott LaRue, and Mrs. Gail LaRue spend many week-ends camping. "Camping during the summer has become a family tradition," said Mrs. LaRue.



On Top Of The World. Enjoying the view, Mr. Don Bock and his daughter, Mandi stand on top of Pike's Peak. Mr. Bock and his family flew to Denver and then drove 4500 miles, through ten states, in two weeks. They also visited Los Angeles and Grand Canyon.

Where's That Bus? Waiting for a bus in Cancun, Mexico, Mrs. Jeannie Martin takes in the scenery. Mrs. Martin vacationed with her family in Mexico for eight days. They visited the Aztec ruins and enjoyed snorkeling and jet skiing.



Back To Freedom

For three months teachers take advantage of the sun and open air

A cozy, romantic mountain cottage, the beach with the guys, or the comfort, coolness of home, which should it be? The sand and the surf would be great, but peace and quiet would also be pleasant. Maybe the -- "Excuse me, Mrs. Goddin, uh, Mrs. Goddin, about number six."

Students were not the only ones who enjoyed the break of summer vacation. Faculty also enjoyed their three months' break. As did the students, the teachers each spent their summers in their own personal way. They took advantage of the time off to relax, tour, fulfill goals or even work.

Many teachers stayed busy with work during their teaching break. The summer months gave them a chance to try a new experience or job and still continue to receive a paycheck.

Mrs. Rosie Walsh continued to work but

not at something different. She worked in the guidance office almost straight through the summer. Mrs. Walsh said, "I spent eleven months in the cinder block walls of the guidance office. By the time I got my month off I became queen of my deck at Nags Head Beach." The sun, sand and sultry beach became a popular place for teachers, not just students.

Teachers also switched from grading papers to writing papers. They took advantage of the free time to enhance their education. Science teacher Mr. Joe Garrity said, "I had an internship at an engineering company the entire summer but enjoyed the experience." The three months, free from teaching responsibilities, encouraged teachers to concentrate on their own studies in various fields.

The faculty also welcomed the time to

spend the summer vacation with their families. Many teachers concentrated on their children, since they also were on vacation. Mrs. Mary Beth Leavitt said, "We went to Lake Gaston and mountains in North Carolina but most of the summer was spent at little league games and swim meets."

A few teachers, such as Mr. and Mrs. Fay, took advantage of the spare three months to focus on celebrating and planning events such as weddings. Mrs. Fay said, "I was busy planning a wedding and entertaining guests all summer for my daughter's wedding."

For everyone the summer held change. In midwinter with the stack of papers high and the deadlines growing, students were not alone in the anticipation of summer. Teachers and faculty joined them in the dream of the warm days to come.



Fighting The Big One. Bracing himself, Mr. Craig Stallings wrestles to bring in a cobia. "We were fishing in Baltimore Channel and caught about fifteen that afternoon." Mr. Stallings enjoyed off shore fishing the best.

Ms. Helen Small German I,II,III,IV; French II;
Debate
Mr. Ed Spain Tech DrawB; Intro Engr; Mat II,III;
Tech/Draw Engr; Softball; Golf
Mr. Doug Spruill Band
Mrs. Mary Stallings Librarian
Mr. Craige Stallings Wld Hist; US Gov't
Mrs. Dale Stollendorf Spanish I,II
Mrs. Allison Sutton Guidance Counselor SCA
Advisor; Excel Club Advisor
Mrs. Gretchen Sweat L Resource
Mrs. Judy Topping Librarian Assistant
Mrs. Dott VanDervort Eng 11,11A; Yearbook

Mr. Mark VanDervort AP Eng 11, 11; Journ;
Activites Dir; Newspaper; Boys' Tennis
Ms. Paula Weis Art I-IV; Pot/Craft; Cheer; SAdv
Mrs. Brenda Winstead Off Sys/COE; Kybd/
Comp Soft; Comp Appl; FBLa
Ms. Judy Wolk E Resource; Con Math; Key Club
Mr. Bernie Wright Attend; AP Am Hist; H Chair
Mrs. Joan Wynn Fam Mgnt; Int Dec/Fash; Wld
Food/Chd; LMS I,II; Dept Ch; FHA
Mr. George Yeager PE 9,10; Health/Fitness;
Baseball
Mrs. Carol Zak US Gov't; Psych; Model UN



How Sweet It Is. Arms wrapped around the lamb, Mrs. Fran Burgess gets acquainted with her new friend from Israel. The visit to Israel proved to be fun and educational for Burgess. Traveling was a big part of Burgess' hobbies and life.



Meanwhile, Back On The Ranch. Sitting on his tractor, Mr. Bernie Wright drives through the field on a practice run. "Farming is a favorite pastime of mine, and I'm not afraid to get down and dirty," said Wright.

Wanted By The FBI: Ex-boyfriend of Mrs. Rosie Walsh. Laughing together at their senior prom, Mrs. Rosie Walsh and her date enjoy the evening together. Little did Walsh know that her date would one day be wanted by the FBI. "I can't believe I went to Prom with a wanted man," said Walsh.



Teachers Are Human

The Truth About The Faculty Is Out

Teachers are human? Don't teachers just eat, sleep, and teach? What? Teachers have a life of their own? I can't handle this, tell me you're lying.

Students who took the time to actually talk to the teachers about topics other than school found out exactly who stood in the front of the class to teach.

The teachers found to be the most outgoing were math and science teachers. One teacher who taught very conservative and structured math classes really knew how to let it all go. Mrs. Jeannie Martin said, "Swimming used to be my favorite pastime, until I found out it didn't burn off fat." Instead Mrs. Martin enjoyed going dancing with friends. Yes, teachers actually danced.

One teacher learned the hard way, as many students did, the importance of good grades in order to go to college. Mr. Joe Garrity said, "I've worked at almost every

restaurant on the Peninsula. Because of my less than scholarly grades, I had to work to pay for college. An added 'tip' was meeting my current wife; who incidentally didn't notice me until I became a waiter." Even teachers slacked off during high school.

Some of the faculty experienced the good life before entering the world of college. Mr. Don Bock said, "I went with three friends, rented a sailboat, and sailed around the Virgin Islands. It was one of the best things I ever did." Mr. Bock, the Principal, knew how to sail a sailboat!

Also, there were the teachers that kept the good life with them. One teacher enjoyed the good life not only at school but away from school, actually away from land altogether. Mrs. Barbara Freeman said, "I decided to get my pilot's license along with my husband. I had to experience the joy of

flying. Especially since flying wouldn't be possible without mathematics." Ironically, Freeman's instructor was the infamous Lindberg, the first man to fly across the Atlantic. Look, it's a bird, it's a plane, it's Mrs. Freeman!

Yet, some teachers had pasts they were not ready to reveal. Through research, a member of the faculty was forced to reveal her past. Mrs. Rosie Walsh said, "I was at the Denbeigh post office last week and for some reason I started looking at the wanted signs. To my surprise, my senior year prom date was wanted by the FBI! What am I going to tell my daughter?" The truth was out and there was nothing Walsh could have done.

Students were surprised when they chose to find out more about the faculty. In fact, the faculty was even surprised when they found out about each other.



Let's Do
The
Mashed
Potato!
Found
dancing at
home, Mrs.
Jeannie
Martin and
Mrs. Mary
Lou
Ferguson
practice
Karaoke at
home.
Martin was
known for
her
outgoing
personality
away from
school.

Dough

It's Friday night, everybody is ready to go out. Where to? Mom, can I borrow some money?

As entertainment and other expenses rose in cost, students searched for jobs around the community to pad their pockets. Senior Kevin Brandal earned his spending money at Little Caesar's Pizza. He said, "My friend works there with me, so it's a lot of fun."

As job spots were filled in Poquoson, students ventured to neighboring communities in search of opportunities. Junior Wendy Crandol found employment at the new Subway in Tabb Shopping Center. She said, "I don't mind working there, it's close enough to home, but it's good to see different faces."

There was only one thing to do when the paychecks rolled in on Friday - **COVER THE TOWN.**

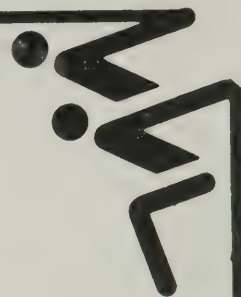




***May I Take Your Order?** To earn extra spending money, many students held jobs after school and on weekends. Senior Kevin Brandal takes a customer's order in Little Caesar's Pizza. Brandal worked after school on Wednesday and Friday, and on the weekends. He said, "It's an easy job and I get to eat free pizza."*



***Will This Be All?** Working at Revco was junior Kristi Skinner's way to a paycheck every week. Skinner checks out a customer for a bottle of hand lotion one afternoon after school. She not only worked the front register but stocked shelves as well.*



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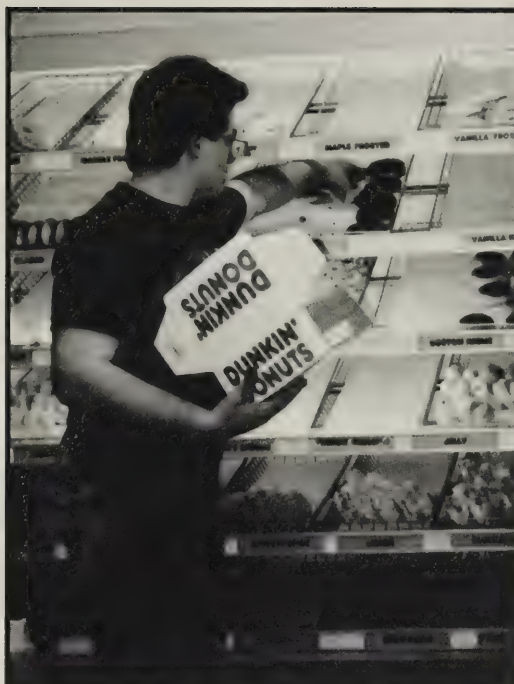
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Did You Say Chocolate Covered? Many students worked in order to have extra spending money. Senior Chris Smith helps a customer at Dunkin Donuts. Chris said, "I don't have as much free time, but it's worth it."

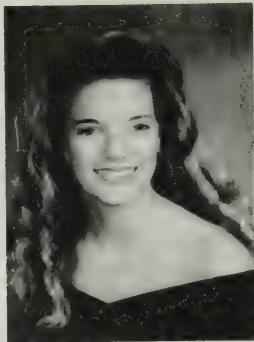


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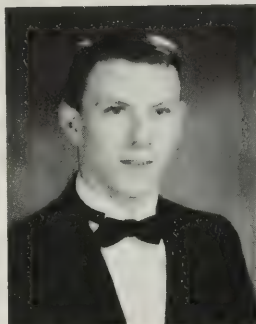
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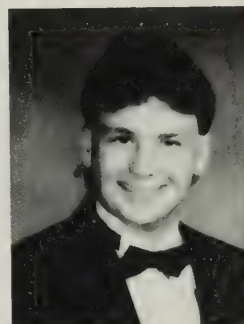
Samantha
Fish



Kelly
Keeton



Kim
Little



Mike
Martin



David
Major



Jessica
Montgomery



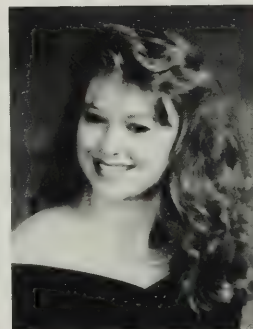
Christy
Morrow



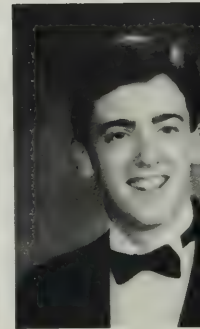
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"Do you want to go to the beach?"

When the final days of school approached, summer jobs, the beach, staying out on weeknights, and sleeping in became the main topic of conversation.

Students began talking about the job they had arranged for the summer. Sophomore Paul Watlington mowed grass, junior Jill Kain worked at Little Caesars, and senior Kim Leeson was a cashier at Food Lion. Senior Jessica Montgomery said, "I worked at Video Stars. It was a good

experience. I liked the people and the paychecks."

Days at the beach were also a favorite past time for the summer. Laying on the beach watching the ongoing volleyball game or just soaking up the rays made the beach appealing to sun loving teens. Sophomore Sara Burke said, "I love to pack a lunch and spend the day at the beach with friends."

Over the summer, going out on weeknights and later curfews were often permitted. Freshman Albert Bowden said, "My parents

will hopefully extend my curfew this summer."

Since there was no school through the week many students were glad to go out on weeknights. Junior Michelle Hirsch said, "I like being able to go out on any night of the week, not just a Friday or Saturday."

Turning off the alarm clock was also a perk of the summer. Students who do not work were able to stay up most of the night and sleep late the next day. Junior Rob Green said, "It's great to hang out all night and not worry about get-

ting up early in the morning."

Going on vacation with family and friends was also a way students enjoyed their summer. Junior Emily Xinos said, "Every summer I go to Greece to see my father. I love to spend time with relatives and meet new people from all over the world."

People also had more time to spend with friends. Senior Mindy Martineau said, "My friends and I always manage to get closer over the summer because we're together so much more time during each day."



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A Little Crazy. After a particularly stressful day, juniors Emily Xinos and Chelsea Patterson unwind. "We dressed up in Laura Liscum's mom's old clothes and actually went out in public. It helped us laugh," Emily said.



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Sonny Emerson
Trey Hardaway
Kim Leeson
Shannon Lindberg
Mindy Martineau
Mara McGarry
Lisa Morse
Tom Ogiba
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Katherine Pesola
Kate Philbeck
Holly Robbins
Andy Royster
Damian Salas
Monica Spaulding

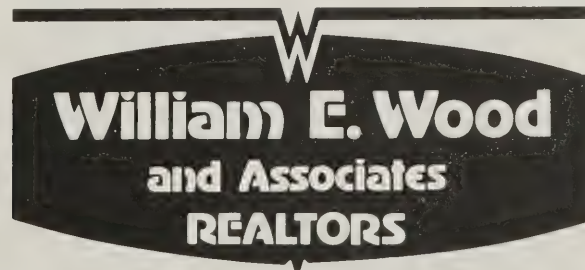


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SOFTBALL TEAM. FRONT TO BACK. Anna Ward, Valerie Firth, Christine Forsythe, Manager Damian Salas, Remele Diggs, Heather Ivy, Elizabeth Leeson, Jenny Phillips, Amy Taylor, Jamie Douglas, Jennifer Davidson, Michelle Watkins, Manager Daniel Mathis, Coach B.L. Bradshaw, Angie Houston, Lorrie Perok, Christina Dominguez, Tracy Morse, Leslie Inge, Stephanie Andres, Shannon Weisner, Christy Diggs, Coach Ed Spain.



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GIRLS' SOFTBALL. FRONT TO BACK. Anna Ward, Valerie Firth, Christine Forsythe, Manager Damian Salas, Remele Diggs, Heather Ivy, Elizabeth Leeson, Jenny Philips, Amy Taylor, Jaimie Douglas, Jennifer Davidson, Michelle Watkins, Manager Daniel Mathis, Coach B.L. Bradshaw, Angie Houston, Lorrie Perok, Christina dominguez, Tracy Morse, Leslie Inge, Stephanie Andres, Shannon Weisner, Christy Diggs, Coach Ed Spain, Coach Becky Morrison.

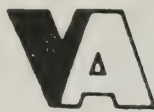
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How's It Going? After working hard on a report, junior Heather Shifflet asks her sister Kim to look it over. Even during twin week, students couldn't disregard important school work.



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Anything May Lurk Under Beds

From the depths of murky shadows lingers the unknown. A place where mothers dare not venture, a place the bravest fathers decline, a place taboo even to little siblings, a place avoidable at all costs. The place is the witness to all the nightmares and dreams... the place is underneath the bed.

Yes, it was true, for generations the room had been cleaned by simply shoveling everything into the "haven." The old telescope found its final focus on the ex-boy/girlfriend memorabilia and outgrown, overused stuffed

animals whose names had long since been forgotten. "Dust collects on my violin, typewriter, rollerblades, radio, and all sorts of weird stuff under my bed," said junior Helene Lee.

However, for some people like Bonnie Tasillo the compartment becomes somewhat of a large storage bin, which collects such things as "empty shoe boxes, shopping bags, and other odd things that don't fit anywhere else."

Still, many could not or perhaps did not want to recall what lived and lurked under their bed. Freshman Ashley West said, "Ev-

erything is under my bed, from dirty pajamas to old *Seventeen* magazines to last week's lunch and trash."

Not every student had lots of room to cram just anything under their bed. Freshman Maura Garvey said, "I cannot put anything under my bed except my trundle bed. There is only enough space for it."

The space that remained under the bed was a different sanctuary for everyone. Nonetheless, it was a part of growing up in American society. When senior Sven Finucan said, "Nothing is

under my bed, because I sleep on a waterbed," one could only offer condolences.

The world was overloaded with traditions and changes. "Conditions of changing, and trying to change tradition. But unless everyone converted to sleeping on the almighty flatland, the space underneath the bed would remain. As long as the halls stay overcrowded, the lunch line kept serving the same old pizza, and the teachers continued to assign homework, as Kristie Powell said, "There will always be space under my bed."

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Damian Salas
Bobby Scott
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Second Place Band

First Place Flag Line

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Poquoson Christmas Parade

First Place Music Unit

Second Place Baton Unit

PHS Marching Band



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to the class
of 1994



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ck... This is Rocket from Def
opard on today's newest mu-
... click... Hi ,this is Tommy
d the Bull. 96x, FM99, Z104,
e Coast and the oldies crowded
e airways at all hours of the
y. Students enjoyed the music
d personalities of many sta-
ons.

"97.3 is my favorite station,
because they play the best coun-
y songs from all my favorite
oups," senior Ben Pearce said.
Some stations had specific
ows that students liked. "I
joy listening to 2WD love songs
very night when I do my
omework," said junior Tammy

Ancell.

Some stations' announcers
were liked by students. "I love
listening to Tommy and the Bull
in the morning on the way to
school. They are so funny. It
really gets me ready for the
day," senior David Mitchell said.

Some people had many sta-
tions that they listened to for va-
riety. "I listen to about six or seven
different stations regularly. It
just depends on what I feel like
hearing at that moment."

Sophomore Ginger Aldridge
said, "I listen to lots of different
kinds of music so I listen to lots of
different music stations."

Junior Chad Carter said, "I
don't like to listen to any one
particular station. I like to flip
over the stations while driving or
at home so I can pick the songs I
want to listen to, and I don't have
to listen to anything I don't like."

Many students liked stations
that played particular types of
music. Junior Richard Bennet
said, "I like to listen to rap and
alternative stations. It's the kind
of music I enjoy and it relaxes me
when I am uptight."

Senior Christy Jones said, "I
love listening to country music, it
really appeals to me and gets my
boots scooting."

Some students disliked listen-
ing to the radio. Senior Dave
Abel said, "I don't like any of the
local stations so I listen to cds or
tapes whenever I go for a ride in
the car or listen to music at home."

Some students had strong dis-
likes for certain music stations.

Sophomore Steve Smith said,
"I hate FM99. They are a fake
alternative station; all they really
play is top 40 songs."

"Z104 is the cheesiest station.
It makes me sick hearing the same
song every hour. I also hate it
when they overplay all the cool
new stuff," sophomore Danielle
Nicely said.



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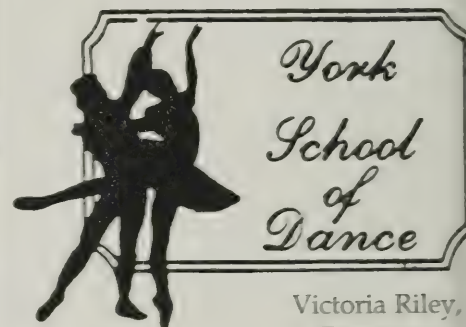


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Memories Vivid, Seniors Leave

The teddy bear, tightly tucked under one arm, shows many years of use. The suitcase that has been stuffed full of everything possible lies by the staircase ready to go out the door. A box of tissues waits in the car. For seniors, leaving home wasn't the same. They were no longer going for a week long vacation in Nags Head, but venturing out into the real world, leaving all the traditions behind. Some of these traditions ceased after the class of ninety-four.

In sports, the teams faced the

change of losing all too important players. Girls basketball didn't have many seniors, but one of these ladies was going to be hard to go without. "Our game plan is going to have to totally change without Valerie Firth. We have our outside shooters but we've made a living off of her," said junior Julie Nozynski.

Since Tabb acquired too many students, they were forced to play in another district, leaving Poquoson without its biggest rival. Junior Heather Shifflet said "Not playing Tabb next year will

take some of the excitement away from field hockey. The Tabb games were the ones that we could always get psyched for."

One thing that seniors always left behind was the legacy of Beach Week. As some seniors suggested, Beach Week didn't hold the same meaning it used to. Senior William Carmines said, "I used to hear from my sister stories about how her and her friends would walk together on the beaches at four in the morning and watch the sun rise. But now I think that it's really only a place

to go party. People need to remember that it's meant to be the last time we all spend together in a class."

Although many of the seniors will miss high school, most look forward to moving on and attending college or working. Senior Erin Kane said, "I'll miss high school, but I am looking forward to continuing my education and meeting new people. I know that I will keep in touch with all of my true friends, and have made some wonderful memories."

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Sweet Cat. Relaxing with a friend's cat, senior Mary Jarrett escapes from the hassles of the day. "I love animals," said Mary, "They never have anything negative to say!"

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M E M B E R



After Hours: Curfews Vary

"I'm going out mom! See you at 1:00 a.m."

"You mean 11:30, dear."

"1:00"

"11:30!" The door slams.

Arguments about curfew were not rare among parents and students. While students usually wanted later curfews, most parents wanted their teenagers to be safely home while the night was still young.

Some students didn't have an established curfew. Senior Ty Crandol said, "I don't have a curfew. My parents trust me to use common sense and be home at a

reasonable hour."

Freshman Angelique Bargeman's parents also expected her to use her own judgment. Angelique said, "I let my parents know when I plan to be home. When I come in I wake them up and check in."

A few students, like senior Christa Holloway, were able to party into the wee hours of the night. "I come in whenever I want because I have my own place with my boyfriend," Christa said.

Curfews were altered as the moods of parents changed. Junior Scott Harris said, "My curfew's

12, but it's negotiable."

Sophomore Ryan Richter could also manage to stay out an extra half an hour or so on occasion. Ryan said, "My curfew fluctuates depending on my mom's mood."

Then there were the curfews that were carved in stone. Freshman Albert Bowden said, "My curfew is 11:00, no questions asked."

Senior Erin Kane also had a very definite curfew. She said, "When I finally got my parents to agree to 1:00 a.m., I knew better than to push for anything later."

Though unusual, there were

students who actually did mind having an early curfew. Junior Kathy Firth said, "My curfew is 11:30, but I don't mind it because if I'm bored, it's an honest excuse to leave."

Sophomore Angie Romero agreed with Kathy. Romero said, "My curfew is 11, but I don't mind it. I would rather be sleeping than just driving around."

Early or late, students learned to adjust to their curfews. "Most teenagers have one," said junior Jimmy Jones. "It's just a rule you have to abide by while you live with your parents."

Your Business Partner

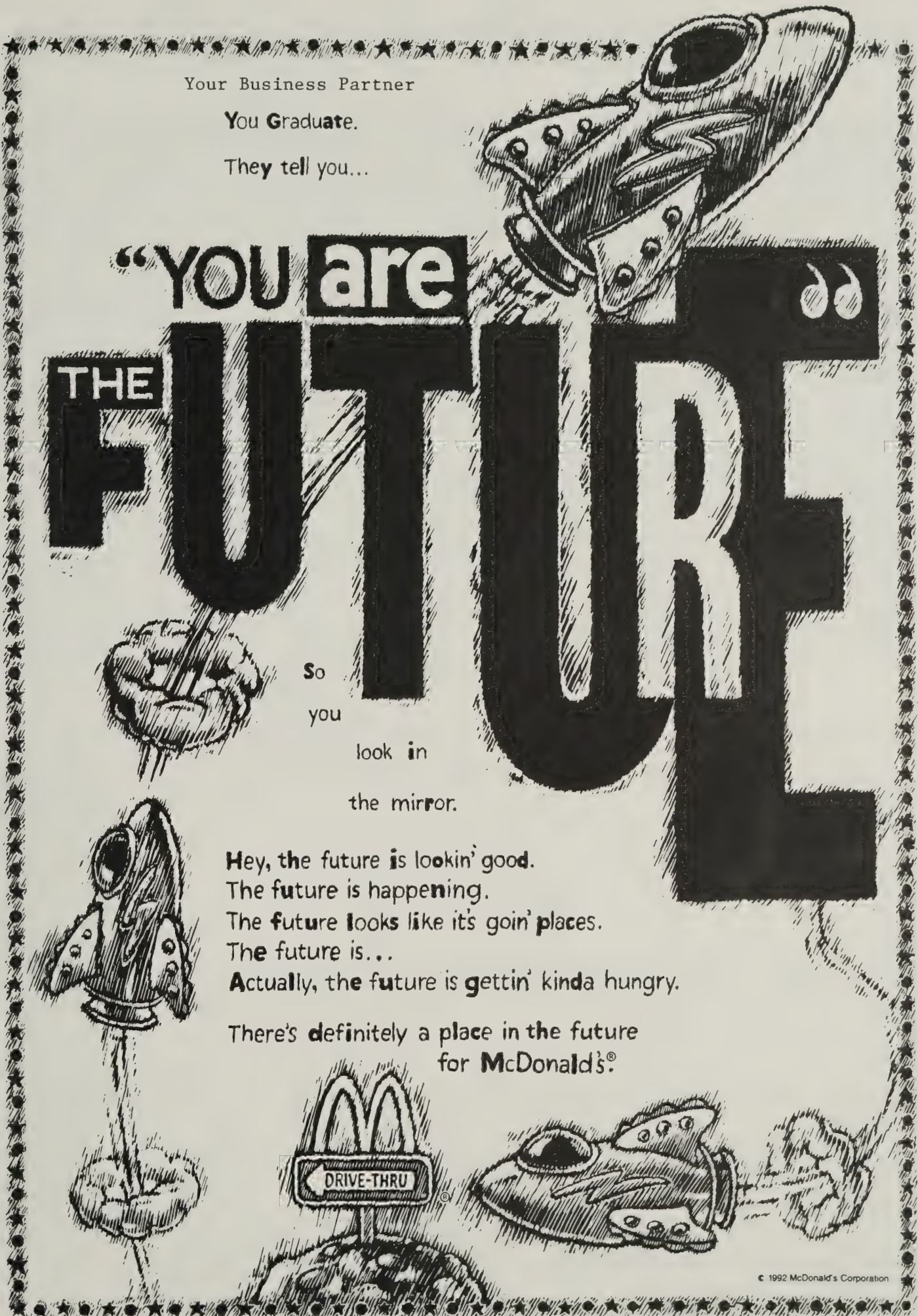
You Graduate.

They tell you...

"YOU are THE FUTURE"

So
you
look in
the mirror.

Hey, the future is lookin' good.
The future is happening.
The future looks like it's goin' places.
The future is...
Actually, the future is gettin' kinda hungry.
There's definitely a place in the future
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Varsity Football. Front to back. David Mitchell, Ryan Ward, Brian Roe, Ty Crandol, Bobby Scott, Bubba Forrest, David Ward, Rob Green, Kelly Keeton, Ron Bottoms, Treye Hardaway, Eric Lobach, Eddie Keeton, Colby Hale, Sonny Emerson, Mike Riley, Brent Waters, Steve Carmines, Lucas Cutler, Rich Bennet, Jason Hazen, Keith Brittin, Steve Mingee, Brian Lambiotte, Jeff Rowe, Joey Holland, Scott Seitz, Tommy Firth, Robbi Hunt, Mike Robbins, George Owens, Jimmy Jones, Eddie VandeMortel, Ed Flynn, Travis Morris, Chuck Lupico, John Kurek, Ed Madre, Mike Chauvin.

The Islander Football Squad

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First Bulls



Lavada Patrice Bull
Class of 1994

William Ellsworth Bull
Class of 1990

"Hey sis, they named the place for us,"--Not!
The coincidence is, however, amusing. Billy and Patti are the first two Bulls to graduate from PHS, also known as Bull Island, home of the Bulls.



TO OUR LITTLE ANGEL



*No matter how long the
road, or how far the journey, we will always be here for
you. Congratulations on all of your accomplishments
and best wishes for your future successes.*

Brian and Evan

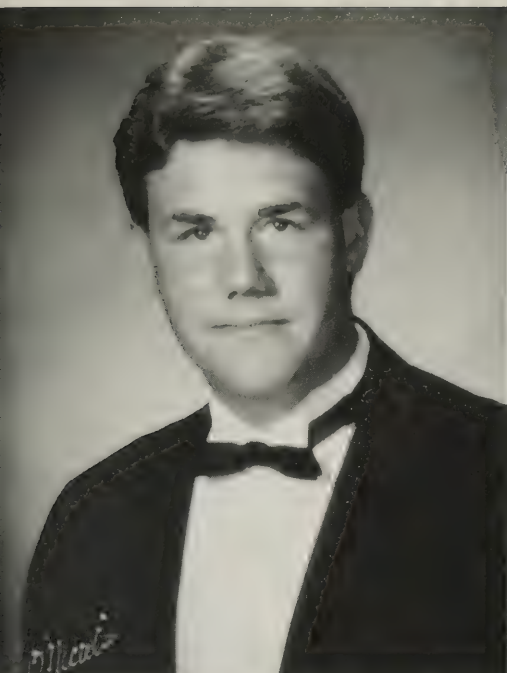
*May God walk in front of you both to lead you-
Behind you both to encourage you-
Beside you both to guide you-
And above you both to protect you-*

Love-

Your Families

-To my dear brothers- Good Luck, I will miss you,
Love Amanda





Congratulations, William Henry

Having you for a son is
such a joy-
You are truly very spe-
cial. We wish you the
best of everything.

*Love Always,
Mom and Dad*



Julia
"groovy"

Brandy
"candy, candy"



Becca
"wicked"

Kerry
"chunky"

*keep smiling, keep shining
knowing you can always count on me
for sure
that's what friends are for
for good times, and bad times
I'll be on your side forever more
that's what friends are for*

-Dionne Warwick



CONGRATULATIONS JESSICA

**Your kindness and
thoughtful treatment of
others has always made
your family so very, very
proud of you.**

**WE LOVE YOU AND
WISH YOU MUCH
HAPPINESS!**



Congratulations Samantha!

You Really Did It!

*Love,
Mom, Dad,
Shannon, and Marty*



LETTING GO

*Dream, make a wish
There isn't
Anything you can't do!
'God Bless'*

*Love,
Mom, Dad,
and Skip*



Sonny

We love you and are
very proud of you.

Good luck at
William and Mary.

*Love,
Dad, Mom,
Robbi, and Renee*





Lisa & Tara

Class of 1994

**Congratulations
to two Special
Friends ...**



*Your
dreams
have
just
begun!*



*Reach
for
success
in all
you
do!*



**Love to you
both,
Your
Families**

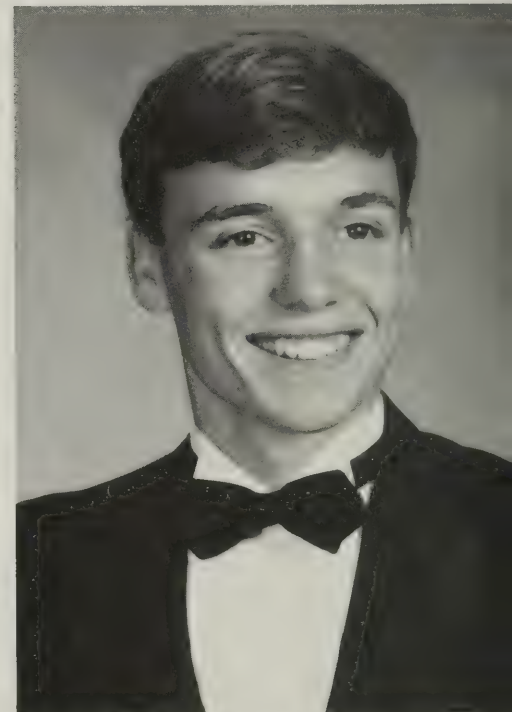




Brad and Chad



We are very
proud of you.
Congratulations
and
best of luck in
the future.



*Love,
Mom, Dad,
Tracy, and Tonya*





*Congratulations
Kim
and
Chanon*



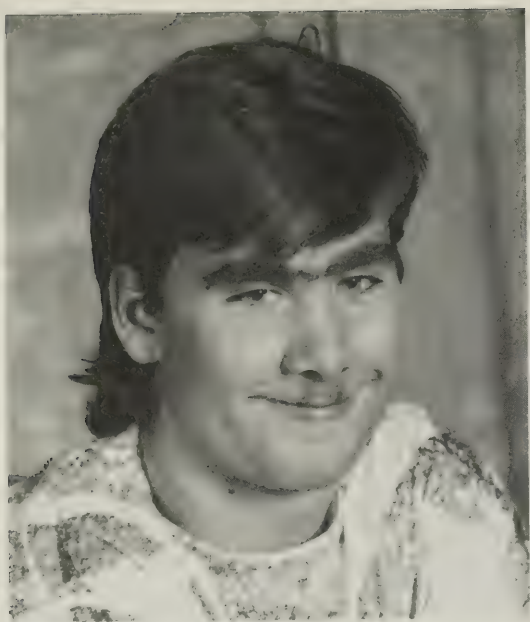
*You have grown
from our little girls
into beautiful and
exceptional young
ladies. You both
have accomplished
so much and we are
so very proud of
you.*



*The world is yours-
Go for it!*

*Love Always,
Your Parents and
Family*





Congratulations Ben!

*On all that you have
achieved.*

*We are proud of you.
Good luck in the future.*



*Love,
Mom, Dad,
Michelle,
and Kirby*



Tommy and David

*So many things in your
lives are changing now.
But you've been through a
lot together and your
friendship has not only
withstood these changes
but has helped you
through them. And
though some things can't
be the same, we know you
will always be friends.*

*Love,
Your Parents*





Allen Wayne Evans, Jr.

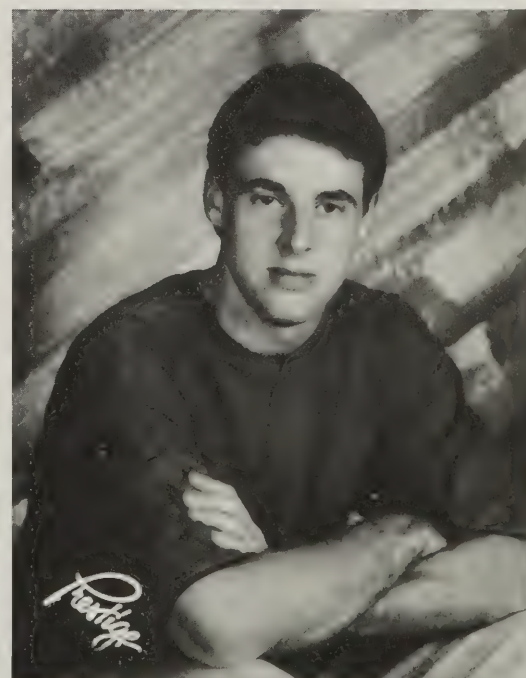
April 24, 1975 - March 15, 1994

Class of '94



*Loved ones live in memory
Even when they're gone...
They live in thoughts of
happy times...
The joys still linger on.
In spite of all the sorrow felt
They'll never disappear
Those happy memories will
return
To comfort and to cheer.*

REST IN PEACE



**Our love forever,
Mom, Dad, Michelle, and Family**

JoEllen Tera Kate Beth Renee Krista



*Do not walk
ahead of me, I
may not
always follow.*

*Do not walk
behind me, I
may not
always lead.*

*Just walk beside
me and be my
friend.*





Congratulations

Laura Ann Bunting

*Love,
Your Mom, Dad, Brian,
Pop-Pop, and Nannie*



With
Dreams

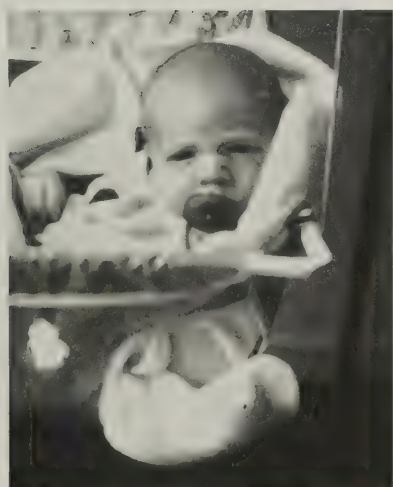


Andy
and
schemes



and
much in
between

We've watched you grow,



from the first

**With great heart and soul
you've met the challenges.
Congratulations!**

**One goal met
and
more to follow!
Joy, Happiness,
and Success!**

**Love,
Dad, Mom, and Jimmy**



until now.



*Valerie,
Congratulations and
"thank you"
for years of joy and
happiness.*

*Our love,
Mom, Dad, Vicki,
Mammaw and Grandpa*

Remember to strive to be the best you
can be. Take with you our love and
support. Good luck at Longwood.
We are very proud of you!



*For All The
Joys And Sorrows
Shared,
I Remember
How Much You
Cared*



*I'll
Miss
You!*





Congratulations Kim!

May the light always shine in your life as you have made it shine in our life and hearts. You have been a wonderful daughter and we are so proud of you.

We Love You, Mom and Dad



MICHELLE



We are very proud of you!

All our love,
Mom and Dad

Patti

*You came into this
world a couple of months
too soon, and the road's
been a long, rough one-
especially this year.
It's finally over now and
the future you want so
badly, awaits you.
You are my precious
miracle, you always
will be. We love
you with all our
heart and soul 'Lil 'Noops!*

Congrats- Moma, Julian
Billy, Daddy, and Bobby



Julia

*Julia Elizabeth
Alysse Andrews*



You are a very special part of my life. To watch you grow over the past 18 years has been a real experience! As you move on into the rest of your life, know that in my heart there is always a place for you. Grow, experience life and never forget you are beautiful. Just for today, live it one day at a time, and soon there will be a lifetime of friendships. Juli, remember, real love is not an illusion. It comes from within. I love you.

your Mom XX OO

Love at first sight...



LISTEN TO THE MUSTN'TS

Listen to the MUSTN'TS, child,
Listen to the DON'TS
Listen to the SHOULDN'TS
The IMPOSSIBLES, the WON'TS
Listen to the NEVER HAVES
Then listen close to me -
Anything can happen, child,
ANYTHING can be.

- Shel Silverstein

COLORS

*My skin is kind of sort of brownish
Pinkish yellowish white.
My eyes are greyish blueish green,
but I'm told they look orange in the night.
My hair is reddish blondish brown,
But it's silver when it's wet.
And all the colors I am inside
Have not been invented yet.*

- Shel Silverstein

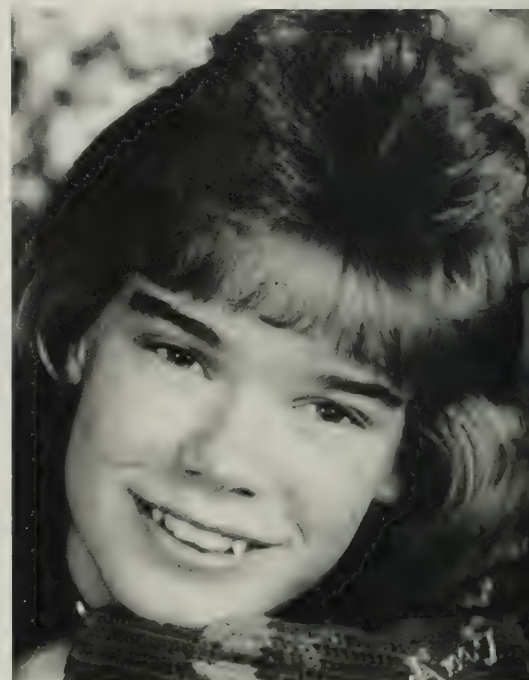




Tiffany & Amy

*When your troubles knock you
down
Pick yourself up off the ground
"Walk On"
Nothing ever stays wrong that
long
"Walk On"
Don't just stand there in the
storm
Walk toward the light till you
Find the sun
You'll be better off in the long run
"Walk On"*

-Reba McEntire



*Love,
Mom, William, Kimmie,
Kelley, Ryan, Tyler, and Scar-
let*



*Love,
Mom, Dad, Mark, & JoeJoe*



Thick and Thin

*Sometimes you were thick,
Sometimes you were thin.
But everytime I turned around you both
were there again.
But we love you anyway
No matter where or when.
But I know I'll turn around and you'll
both be there again.*

Love,
Mama & Mama Sue



Kristie,

*We held you when you were a
child. With the joy you gave
us it was all worth while.
Even through the teen years,
the laughter, and the tears.
Krist, mom and dad, we were
always near.
It's your Graduation, friends
and family cheer. And with
God's blessing mom and dad
are near.*



*Little Pete, and Re-
pete, is what you've
always been. There
is nothing more pre-
cious in life than
one true, loyal
friend.*



Thanks for the years
of laughter & fun &
may you be friends
forever, Kristie &
Patti.

We love you both
so much & we're
very proud of you,
Tricie & Julian

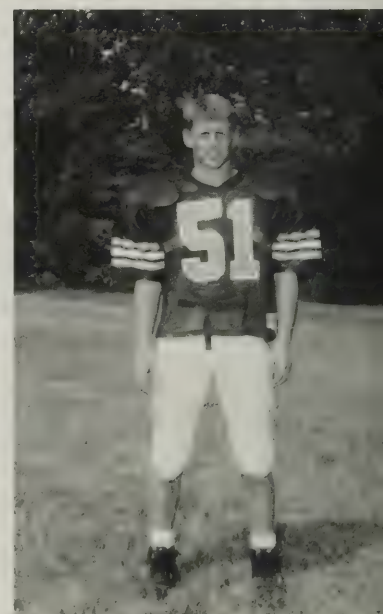




Bubba and Shannon



Wherever your travels take you, whatever life holds for you from this day forward, we know that you will succeed because in the eyes of your families you are already a success. We have been blessed to have children like you both, to love you, to be proud of you, and to watch you grow into responsible young adults. You have shown us many times over how truly blessed we are to have you. We hope all your future years hold as many special moments for you as you have given us.



With all our love,
Mom, Dad,
Kristian, and
Katherine

With all our love,
Mom, Dad,
Grayson, Andy, and
B.J.

HAVE A GOOD LIFE!

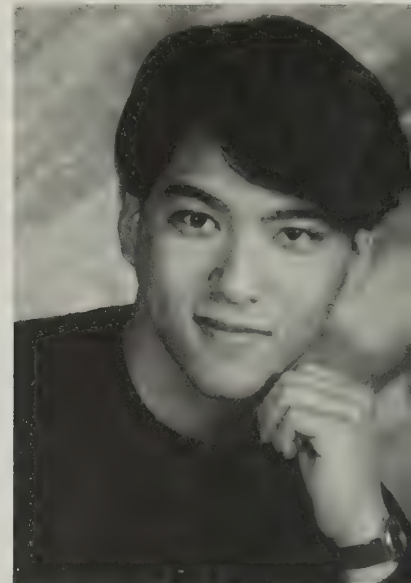


Ryan Ward

*Class
of
1994*



CONGRATULATIONS! WE'RE PROUD OF YOU, LARRY!

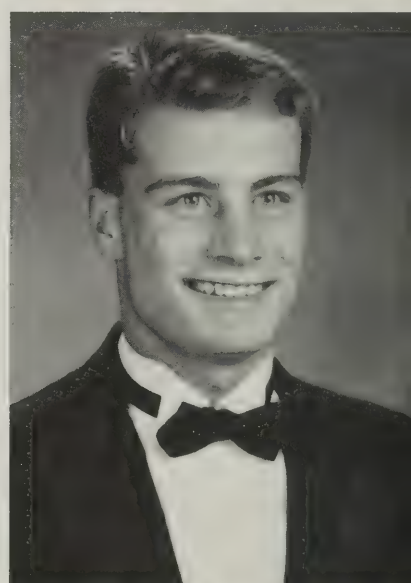


Love,
Mom, Dad, & Laura

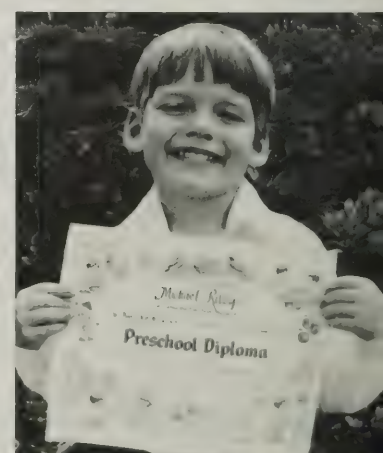


Thanks for eighteen of
the most enjoyable years
of our lives. You have
made us extremely proud.
Thanks Buckshot!

Love,
Dad, Mom, and Blair



CONGRATULATIONS MIKE, THIS IS JUST THE BEGINNING!



We are very proud of you,
Mom, Dad and Brothers: Sean, Chris, and Steve

Never have so few done so little for so many...*PHISH!*



Will Carmines
"Free Willy"

David Mitchell
"Mitch"

Jayson Craig
"Kid Dynamite"

Evan Robertson
"Bones"

Sven Finucan
"Fish"

Brian Vlaun
"Peaches"

Brian Lambiotte
"Big Dogs"

Ryan Ward
"The Warden"





*When the first baby
laughed for the first
time, his laugh
broke into a million
pieces and they all
went skipping
about. That was the
beginning of fairies.*



Karen, Anne-Marie, Juli, and Heather

*As the saying goes:
Friends are Friends
Forever"*



**What a long,
strange trip it
has been!**

*One friend in a lifetime is
much; two is many; three
are hardly possible.*



*For millions of years,
mankind lived just like
animals. Then some-
thing happened which
unleashed the power of
our imagination:
We learned to talk.*



Congratulations Class of '94!

William S. Hunt, D.M.D. P.C.
John F. Hunt III, D.M.D. P.C.
E. Dawn Hunt, D.M.D.

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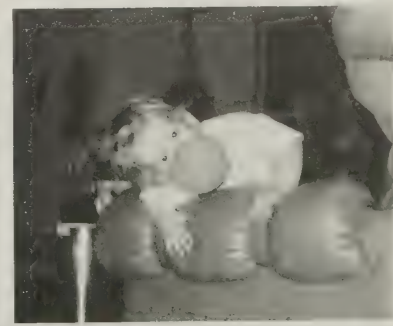
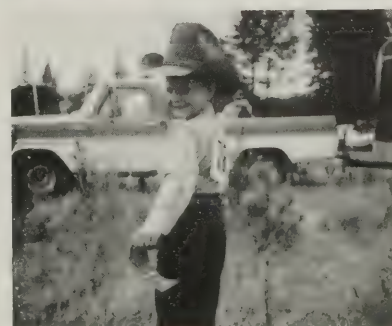


Allen,
You touched our lives
more than you'll know.
*We love you and miss you,
Your Friends*



Tera,
*You will
always
be the
sunshine
in my
life.*

I Love You,
Mom





BETH MURPHY

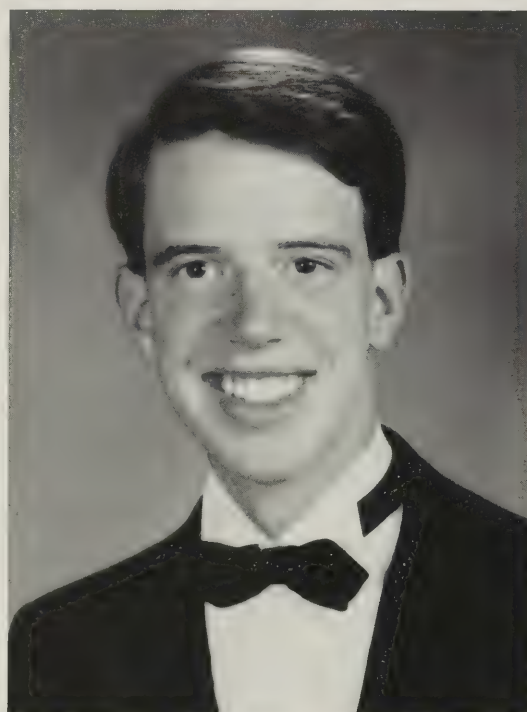
*Home from the hospital in your very first dress,
Blond ponytails, dimples, and talking ceaseless.
"I'm five," you would lie, hoping for Kindergarten.
Then came Church, friends, books and much babysittin'.
You discovered the phone, Hardees and a new beau.
Don't forget Special Friends, Dippin' Dots and Mistletoe.
We love you dearly and pray that God will bless
With true faith, joy, love, and much college success!*

XOXOXO, Dad and Mom



*Oh, I have slipped
the surly bonds of earth
And danced the skies on
laughter--silvered wings*

- John Gillespie Magee, Jr.



Eric,

You are such a special person to all who really know you. We're proud of you and love you - always have, always will.

*We gave you roots--
now we give you wings.*

*Love,
Mom, Dad,
Jennifer, & Andrew*

Karen, We are so proud of you.



*"Where is the little girl I
carried?
Where is the little boy
at play?
I don't remember growing
older.
When did they?"*

**Love,
Your Family**





*Lorrie,
from baton to
cheerleading to soft-
ball, you've always
been a*

NATURAL

*at everything you
do. We love you
and are very proud
of you.*

*Love,
Daddy, Mama,
Sherri Kaye, and Tammi*

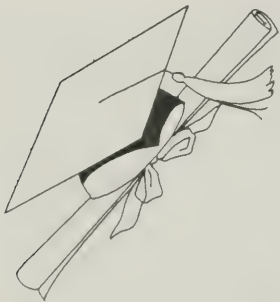


Anna Ward & William Carmines

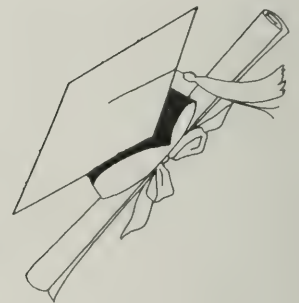
They say that a lifetime is not too long to live as friends and we know you'll be best friends forever.



Love, Your Families



Kim



Be proud of yourself... You put in a lot of hard work to reach this time in your life, and you deserve all the credit, praise and attention that are coming your way... But even more important, you've earned the right to believe in yourself! Through the years you have cheered everyone else on and now it's our time to stand up and cheer for you! You have so much to offer and so much to look forward to... And you have all the faith and support from those who know and love you best.

We love you
Mom, Dad, and Shawn

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COLOPHON

The theme for the 1993-94 edition of the Islander was "Behind Our Cover." The Islander was published by Jostens. Our representative was Alex Blackwell.

All body copy was typed in 10 point palentino. Captions were typed in 8 point palentino. The typesyles for headlines and subheadlines include palentino bold, palentino italic, helvetica bold, times new roman, new century schoolbook, and bookman. Point size for headlines ranged from 36 pint to 108 point, and subheadlines ranged from 18 to 30 point.

Clubs, faculty, sports, team, senior, and underclassmen pictures were taken by Lifetouch photographers. Several special event for students wee also covered by Lifetouch.

The 1992-93 edition of the Islander received a medalist rating in the Columbia Scholastic Press Association competition and a first place rating from the Virginia High School League.

Thanks to all who contributed to the construction of the 1993-94 yearbook. Special thanks to our sponsor Mrs. Dott VanDervort for her instruction and guidance.



The Bee Dance. The opening act for the Senior Skits was Erin Kane performing the "Bee Dance." The skit was adapted from the video for Blind Melon's song "No Rain." Kane said, "I was embarrassed to do it at first, but everybody laughed and enjoyed it, so it was ok."

Reach For The Sky. Often times a layup can be the easiest way to put points on the board. In a JV basketball game against Smithfield, sophomore Christian Lindberg takes on two Packers to get the basket. The Islanders fell to their opponents 49 - 51.



SO LONG

As the year winds down, nothing is left uncovered.

The countdown begins with anticipation for the final bell to dismiss students for summer vacation. For some, it meant a new adventure - college. Senior Andy Royster will attend Barton College in North Carolina. He said, "High school has been fun, but I'm eager to try something different. I think Barton is going to be really interesting. Three of my friends will be attending there, too."

Others planned summer vacations or lined up summer jobs. Junior Jaimi Lacaria had a little of both in mind. She said, "I'm going to West Port Harbor, Massachusetts to take care of a friend's three children for part of the summer."

The final bell rings, and as the students filed out of the school for a long-needed vacation, everyone can rest assured and not worry, **IT'S ALL COVERED.**



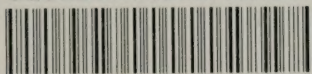
Almost Paradise. After decorations were in place for Prom, the Langley NCO Club was hardly recognizable as a mere dining hall. Juniors Jon Roberts and Jaimi Lacaria set up palm trees on the tables to help change the mood into an island paradise.

***And the Answer Is.** For some students, studying for a test with a friend helped ease the learning process. Seniors Erin Bernache and Julia Andrews study for an English test. Andrews said, "It's much easier to study with a partner. It makes time go by, too."*

***Please Don't Drink and Drive.** The members of SADD held an assembly to remind the student body of the dangers of drunk driving. Senior Julia Shaw, the president of the club, opens the assembly by introducing Monique Braxton, the guest speaker for the event.*



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